



SUNDAYS & BEYOND

The Saint Mark's Cathedral weekly newsletter

THE EIGHTEENTH SUNDAY AFTER PENTECOST ♦ SEPTEMBER 23, 2018

Why We Say the Creeds: A Series by Dean Thomason

TODAY (and previously, Sept. 16), 10:10-10:50 A.M., Bloedel Hall

In this two-week series, we will explore the historical and liturgical context for the creeds as we wrestle with their content and meaning, and why we use them still. We will also look at alternative forms of the creed. Did you miss last week's forum? You can watch it at saintmarks.org/resources.

Resilience in Troubling Times: Developing Spiritual Practices that Sustain Us on the Journey

Facilitated by Saint Mark's Clergy

WEDNESDAY, SEPTEMBER 26 (and previously, Sept. 19), 6:45 P.M., Bloedel Hall

Community dinner: 6-6:30 p.m. (adults \$7, children \$5, max family \$20); Program: 6:45 p.m., no fee

In a recent sermon Dean Thomason encouraged all parishioners to attend this two-week program as we discern ways of being in the world. An optional dinner (\$7 per person) precedes the program. Participants will explore a variety of ways to incorporate spiritual practices into daily life that can assist us in making our way in a troubled world more gracefully, less anxiously, with flourishing and faithfulness as integral experiences.



Special parish forum: The Cathedral is getting a new Baptismal Font

SUNDAY SEP. 30, 10:10 A.M.,
Bloedel Hall,

Facilitated by Dean Thomason

The Cathedral has received a wonderful gift to commission Northwest artist Julie Speidel to design a new baptistery that fits the spacious cathedral and has running water! The piece incorporates both ancient and modern concepts while celebrating the rich tradition of Christian baptism handed down to us. In this forum, we will describe the design process, theological underpinnings for the design, and next steps. The artist and others involved in the design process will be on hand as well.



Protagonist, works by artist Sara Alfageeh

This collection of graphic illustrations is on display in the Hallway Gallery (second floor of Cathedral House) through September 23. Highlighting different points in Alfageeh's journey as a graphic illustrator, *Protagonist* considers the various sources of characters that shape our own story. These prints are available to purchase for \$150 each; all proceeds benefit the Visual Arts Ministry at Saint Mark's. Contact Vi Lynk, vilynk@me.com.

Fall Inquirers' and Confirmation Class

SATURDAYS, OCT. 6 & 13, 9:30 A.M., Bloedel Hall

No matter where you are on your journey, you are welcomed to this two-week series, which covers the basics of the Christian faith through the Episcopal lens. Following this series, some decide they want to become an Episcopalian through Confirmation or Reception into the church. Some may desire to reaffirm their baptismal vows. Contact The Rev. Cristi Chapman, cchapman@saintmarks.org.

The Feast of St. Francis and Blessing of the Animals

SUNDAY, OCTOBER 7 AT MORNING SERVICES

Bring all your creatures, great and small, on Sunday, October 7 as we welcome, celebrate, and bless those special four-legged members of your households. Join the grand parade of pets and share stories about why these creatures reflect God's goodness in the world.

CATHEDRAL PRAYER LIST

To add a name to our prayer list, contact 206.323.0300 x314 or Joniepr@msn.com. Prayer requests are listed in *Sundays & Beyond* for four weeks, and, if needed, they are listed in the monthly *Ongoing List*, which is found in the Narthex.

THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially All Saints, Vancouver; St. Anne, Washougal; the clergy, staff and vestry of Saint Mark's Cathedral; all the ministries of Saint Mark's.

THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES: Brian Kee, Christopher White

THOSE WHO HAVE DIED

Peter Kettlehack
Polly Hankins
Adrian
James Thompson
Logan
Bernice Todd
John McCain
Kofi Annan
Linnie Martin

THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Deborah Anderson's Family	Cheryl Roberts & Miller
John Black	Adams
Willard Bratton	David Thompson
Deborah Brown	Vicki Wright
John Patrick Burke	Jordan
Ron Deal	Karina & family
Jack Hunchliff	M
Linda Hunter	Margaret & family
Rod Jangula	Max, Nico, Julian, & Leo
Ruth Lee	Moira
Linnie Martin	Peter
Chris Michaelsen	

Cathedral Shop Fall Clearance Sale

Out with the old to make room for new fall items! All clearance merchandise is now 50% off, including select books, decor, gifts, and more! Stop by to find some great bargains!

Support Seattle Service Corps & food justice!

MONDAY, SEPTEMBER 24, 6 P.M.

Lagunitas Brewing Company, 1550 NW 49th St., Seattle, WA
Support the Seattle Service Corps and serve our homeless neighbors at the same time. SSC has a new partner for one of our participating corps members—St. Luke's, Ballard. This relationship involves St. Luke's Edible Hope feeding ministry, which has been meeting the needs of folks on the margins in Ballard for decades. St. Luke's needs our help to fund the SSC internship, so this is a great way to support two worthy causes. Join us for music, food, raffles, beer (and soft drinks!) to raise money to help feed our neighbors in need and foster community. Admission is \$20; register at: bit.ly/ediblehope.

Join the Advent Event Planning Team

SUNDAY, SEPTEMBER 30, 12:15 P.M., *Cathedral Nave*

We are gathering a group of people interested in creating the Annual Advent Event, which will be held on Sunday evening, November 25 this year. In years past this has been a festive gathering of parish-wide friends making crafts, eating treats, assembling advent wreaths, and selecting contemplative practices to settle us in the Advent Season. We will gather on Sep. 30 after the 11 a.m. service to dream and plan this evening together. Contact Cristi Chapman (cchapman@saintmarks.org) or Kelly Moody (kmoody@saintmarks.org) if you're interested in joining the team!

20s + 30s: Questioning Together

MONDAY, OCTOBER 1, 7:30 P.M., *Leffler Living Room*

This group gathering offers a supportive community for those in their 20s and 30s to explore questions of faith and meaning in our time. We will meet on the first Monday of every month. The topic for October: "Do you call yourself a Christian? What does this mean to you?" Wherever you are in your faith journey, you are welcome. A light dinner will be served; an RSVP is appreciated but not required. To RSVP or for questions, contact Rachel McNary, rachel.mcnary@gmail.com. We look forward to seeing you there!

What is this thing called Choral Evensong and why does it matter?

Led by Canon Musician

Michael Kleinschmidt

WEDNESDAY, OCTOBER 3,

6:45–8:15 P.M. *Bloedel Hall*

Community dinner: 6–6:30

p.m. (adults \$7, children \$5, max family \$20);

Program: 6:45 p.m., no fee

Canon Kleinschmidt will lead a discussion of the shape of Evensong and the ways in which Evensong shapes God's people. There will be singing, listening, praising, praying and a hearty invitation to attend Choral Evensong on the following Sunday with a renewed appreciation for this beloved liturgy.



Youth First Sunday Post-Evensong: Bowling with the Dean

SUNDAY OCTOBER 7, 6:30–8 P.M., *Kenmore Lanes*
Dean Thomason will channel his best and worst “Big Lebowski” bowling moves with the Youth of Saint Mark’s and their families. Join us for Evensong at 4:30 p.m., then head north to bowl our hearts out. \$8 gets you shoes and one game, \$13 for two games. We will cover anyone for whom the cost is a hardship (we just want you to come). We may try parents versus youth in composite scoring, the winner taking the Cathedral Cup ‘til next time! We will order pizza while there—the Dean’s treat. Come and join the fun! Questions? Contact Canon Daugherty, jkdaugherty@saintmarks.org.

Dreams and Spiritual Growth

Facilitated by Frances Parks, Ph.D., ABPP
Second Tuesday of each month, October–March, 6:30–8 P.M.
Leffler Living Room; (except for Nov. 13 & Dec. 11—meet in Cathedral House Room 210)



Work with dream theory and material encourages an appreciation and understanding of symbols and symbolic material that is familiar in Biblical literature, liturgy, and art. Such

work and study enables and encourages a trust in knowing through wisdom and faith as a complement to our culture’s heavy value on trusting only the rational. Goals for participants include: to develop a better understanding of the concept of true self; to gain insight into aspects of the personality that may not be in conscious awareness; and to facilitate personal/spiritual development through a study of the theory of dreams based largely on the work of Carl G. Jung. Participants would be encouraged to read John Sanford’s book *Dreams: God’s Forgotten Language* as a basis for understanding and discussion. This group requires a commitment to regular attendance and participation. Fee: \$10 per session. For more information and to register, contact Canon Daugherty, jkdaugherty@saintmarks.org.

And I, Francis: The Life of Francis of Assisi in Word and Image

With artist Kathleen Frugé-Brown
and author Lauren Glen Dunlap

WEDNESDAY, OCTOBER 10, 6:45–8:15 P.M., *Bloedel Hall*
Community dinner: 6–6:30 p.m. (adults \$7, children \$5, max family \$20); Program: 6:45 p.m., no fee

Join us for an evening of exploration, discussion and contemplation as we consider Francis’s life—and the way narratives shape our own spiritual journeys. Using the exhibit *The Life of Francis of Assisi* and the subsequent book inspired by the paintings, we will hear the stories surrounding these works, consider the pieces with some guidance from the artists and bring our experience back into a communal conversation.

Sunday Forum: Meet & Greet the Service Corps

OCTOBER 14, 10:10 A.M., *Bloedel Hall*

Come meet and hear from our new Seattle Service Corps members as they share their hopes, goals and stories. Show your support and bring your questions and insights for the newest cohort of Service Corps members!

Sanctuary at Saint Mark’s: Immigration Reform in Washington State with Attorney General Bob Ferguson



WEDNESDAY, OCTOBER 17, 7–8:30 P.M., *Cathedral Nave*
Saint Mark’s presents Washington State Attorney General Bob Ferguson, who will share his thoughts on the current state of immigration both locally and nationally, as well how we can continue our involvement toward sensible and equitable policies. Following is a panel discussion moderated by The Right Rev. Greg Rickel, Bishop of the Diocese of Olympia, with Marcos Martinez, Executive Director of Casa Latina; Estela Ortega, Executive Director of El Centro de la Raza; and Michael Ramos, Executive Director of The Church Council of Greater Seattle.

Consecration and Dedication of the Cathedral Renovations

SUNDAY OCTOBER 21, 4:30 P.M., *Cathedral Nave*
Saint Mark’s will host a special service of Consecration and Dedication of the cathedral renovations and the new baptismal font, with Bishop Rickel officiating. Among the donor recognitions will be a Donor Wall naming all 806 individual donors and every parish who contributed to this historic capital campaign. Gala reception to follow. We hope to see you there!

Alan Davidson’s *The History of St. Mark’s Episcopal Cathedral: St. Mark’s Parish, 1889–1897*

Big News! The long-anticipated *History of Saint Mark’s*, written by Alan Davidson, has now arrived and is available for purchase in the Cathedral Shop! The volume is exhaustively researched and extensively illustrated, and tells the story of the founding of Saint Mark’s Parish, and its earliest years—it is the first installment of projected series of books to tell the entire 130 year history of this community. We will have a release party and signing event at the Cathedral Shop on **Sunday, October 28 from 9 a.m.–1 p.m.**



SAINT MARK'S
EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102
206.323.0300
info@saintmarks.org
saintmarks.org

Wherever you are on
your journey of faith,
you are welcome here.

Weekday Service Times

- MONDAY-FRIDAY, 6:30 PM
Evening Prayer in McCaw Chapel or
Thomsen Chapel
- MONDAYS, 7:15 PM
Centering Prayer in McCaw Chapel or
Thomsen Chapel
- WEDNESDAYS, 12 NOON
Holy Eucharist in Thomsen Chapel
- THURSDAYS, 7 AM
Holy Eucharist in Thomsen Chapel

Cathedral Office Hours

MONDAY-FRIDAY, 9 AM-4:30 PM
Questions, or need to reach a member of the
Clergy or Staff? The Cathedral Office main
number is 206-323-0300.

SUNDAYS & BEYOND

Sundays & Beyond is a weekly publication of
updates, events and activities happening on
campus, and the Cathedral prayer list. It is available
by electronic subscription, on Saint Mark's website,
and in print in the nave. To submit announcements
for these publications, visit
saintmarks.org/announce. Requests are due by
Monday at 5 p.m. for publication on the following
Sunday. Announcements may be edited for space
and content.

Sunday, September 23 ♦ The Eighteenth Sunday after Pentecost

HOLY EUCHARIST, 8 A.M. *Thomsen Chapel*

Preacher: The Rev. Canon Nancy Ross, Associate to the Rector

HOLY EUCHARIST, 9 A.M. *Cathedral Nave*

Preacher: The Rev. Canon Nancy Ross, Associate to the Rector
(*Children's Chapel at 9 a.m. in Thomsen Chapel*)

SUNDAY FORUM, 10:10 A.M. *Bloedel Hall*

"Why We Say the Creeds", with Dean Thomason. More on page 1.

SUNDAY SCHOOL, 10:10 A.M. *Various locations*

Offerings for children and youth, preschool through high school. Children
are invited to meet in the St. Nicholas Building, and youth in the Youth
Room in the basement of the Cathedral. Ask a greeter or inquire at the
Welcome Table for directions.

HOLY EUCHARIST, 11 A.M. *Cathedral Nave*

Preacher: The Rev. Canon Nancy Ross, Associate to the Rector

CATHEDRAL YOGA, 6 P.M. *Cathedral Nave*

A spiritual practice open to all.

CONTEMPLATIVE EUCHARIST, 7 P.M., *Thomsen Chapel*

With times of silence for reflection, simple meditative music by
candlelight. Optional healing prayers are offered following the service.

COMPLINE, 9:30 P.M. *Cathedral Nave*

Compline is the service of ancient nighttime prayers, sung by the
Compline Choir. A Seattle tradition, broadcast live on KING 98.1 FM.

Donate to Habitat for Humanity Interfaith Build

Members of the Habitat for Humanity Justice Ministry are raising funds for
building materials for the 2018 Interfaith Build in Sammamish, Washing-
ton, as well as joining with people of different faith backgrounds to build
homes for working families of modest means during the month of October.
Want to help? Support us by making a donation to our team. The process is
fast, easy, and secure—and you can be sure that it will benefit a great cause.
You can contribute at classy.org/team/186863.

Cathedral Book Group

A wonderful reading opportunity! The Cathedral Book Group meets
every other month in Cathedral House 209. On November 11 we will be
discussing *Educated* by Tara Westover. A title recommended by Barack
Obama, *Educated* is "a remarkable memoir of a young woman raised in a
survivalist family in Idaho who strives for education while still showing
great understanding and love for the world she leaves behind."
Also, **plan ahead:** On January 13, 2019 we will be discussing the recently
published history of St. Mark's written by Alan Davidson, who will be join-
ing us for the discussion. Copies are available now in the Cathedral Shop.

CATHEDRAL STAFF AND LEADERSHIP

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2018-2019 VESTRY

Dean and Rector: The Very Rev. Steven L. Thomason; *Senior Warden:* Lynne
Markova; *Junior Wardens:* Cara Peterson and Bob Chapman; Vinh Do, Ralph
Ermoian, Amanda Davis, Andrew Himes, Jim Buskirk, Neshia Alaovae, Rosemarie
LeMoine, Julia Logan, Michael Perera. *Diocesan members:* Greg Walrath, Mary
Maxon. *Chancellor:* John Hoerster; *Treasurer:* Phil Lloyd; *Clerk:* Jenny Donner;
Bishop's Representative: The Rev. Canon Marda Steedman Sanborn.