



SAINT MARK'S  
EPISCOPAL CATHEDRAL

# THE HOLY EUCHARIST

## THE SIXTEENTH SUNDAY AFTER PENTECOST

September 9, 2018

8:00 AM

### MINISTRIES *of* SAINT MARK'S CATHEDRAL

Acolytes  
All Saints Guild  
Altar Guild  
Arts at Saint Mark's  
Bread Baker Guild  
Cathedral Choir  
Cathedral Commons  
Cathedral Foundation  
Cathedral Schola  
Cathedral Shop  
Cathedral Yoga  
Centering Prayer  
Chalice Bearers  
Child Care Center  
Children's Chapel  
Choir School Volunteers  
Communications Committee  
Compline Choir  
Compline Greeters  
Counters  
Education for Ministry

Episcopal Relief and Development  
Eucharistic Visitors  
Evening Prayer  
Evensong Choir  
Facilities Committee  
Faith Action Network  
Faith Formation  
Finance Committee  
Flower Guild  
Garden Ministry  
Godly Play  
Greenbelt Group  
Greeters  
Habitat for Humanity  
Hate Crime/Hate Speech De-escalation  
Health Ministry  
HIV/AIDS Care Team  
Homeless Advocacy  
Honey Bees  
Hospitality Ministry  
Hunger Offering

Inquirers' Class  
Interfaith Dialogue Group  
Justice Ministries Coordinating Team  
Jubilee Debt Cancellation  
Junior Choristers  
Labyrinth  
Lay Chaplains in Community  
Lectors & Intercessors  
Lowell Elementary Volunteers  
Medical Equipment Library  
Mideast Focus  
Ministry of Worsted Wool  
Mission to Seafarers  
Newcomer's Ministry  
Noel House  
Northwest Community Bail Fund  
Office Volunteers  
Oikocredit Support Northwest  
Prayer Chain  
Quilt Ministry  
Racial Reconciliation

Refugee Resettlement  
Saint Brigid's Banquet  
Saint Mark's Singers  
Sanctuary  
Seattle Service Corps  
Senior Choristers  
Stewardship Ministry  
Sunday Evening Sacristans  
Sunday Forum  
Sunday School  
Table to Table  
Tuesday Bible Study  
United Churches Emergency Fund  
Ushers  
Vergers  
Vestry  
Visual Arts Ministry  
Welcome Table  
Wisdom School  
Young Adults  
Youth Group

*Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Mothers are most welcome to breastfeed their infants during the service.*

*Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.*

The Very Reverend Steven L. Thomason, Dean and Rector of Saint Mark's Cathedral, *Presider & Preacher*

## THE GATHERING

**PRELUDE**     *Organ Piece in B flat*

John Worgan (1724–1790)

*All rise as able.*

**HYMN 371**     *Thou, whose almighty word* ♦ *The Hymnal 1982 #371*  
stanzas 1 & 2

TUNE: *Moscow*

### OPENING ACCLAMATION

*Presider* Blessed be God: Father, Son, and Holy Spirit.

*Assembly* **And Blessed be God's kingdom, now and forever. Amen.**

### COLLECT FOR PURITY

*Book of Common Prayer, p. 355*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

### GLORIA

**Glory to God in the highest, and peace to his people on earth.**

*Book of Common Prayer, p. 356*

**Lord God, heavenly King, almighty God and Father,**

**we worship you, we give you thanks, we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,**

**you take away the sin of the world: have mercy on us;**

**you are seated at the right hand of the Father: receive our prayer.**

**For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**

### COLLECT OF THE DAY

Proper 18, *Book of Common Prayer, p. 233*

*Presider* The Lord be with you.

*Assembly* **And also with you.**

*Presider* Let us pray.

**G**RANT us, O Lord, to trust in you with all our hearts; for, as you always resist the proud who confide in their own strength, so you never forsake those who make their boast of your mercy; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

# THE LITURGY OF THE WORD

## READING

*Isaiah 35:4-7a*

**S**AY to those who are of a fearful heart,  
“Be strong, do not fear!  
Here is your God.

He will come with vengeance,  
with terrible recompense.  
He will come and save you.”

Then the eyes of the blind shall be opened,  
and the ears of the deaf unstopped;  
then the lame shall leap like a deer,  
and the tongue of the speechless sing for joy.  
For waters shall break forth in the wilderness,  
and streams in the desert;  
the burning sand shall become a pool,  
and the thirsty ground springs of water.

*Reader* Hear what the Spirit is saying to God’s people.

*Assembly* **Thanks be to God.**

## PSALM

*Psalm 146 ♦ read by all in unison*

*Lauda, anima mea*

**H**ALLELUJAH! Praise the LORD, O my soul! \*  
I will praise the LORD as long as I live;  
I will sing praises to my God while I have my being.

- 2 Put not your trust in rulers, nor in any child of earth, \*  
for there is no help in them.
- 3 When they breathe their last, they return to earth, \*  
and in that day their thoughts perish.
- 4 Happy are they who have the God of Jacob for their help! \*  
whose hope is in the LORD their God;
- 5 Who made heaven and earth, the seas, and all that is in them; \*  
who keeps his promise for ever;
- 6 Who gives justice to those who are oppressed, \*  
and food to those who hunger.
- 7 The LORD sets the prisoners free;  
the LORD opens the eyes of the blind; \*  
the LORD lifts up those who are bowed down;
- 8 The LORD loves the righteous;  
the LORD cares for the stranger; \*  
he sustains the orphan and widow,  
but frustrates the way of the wicked.
- 9 The LORD shall reign for ever, \*  
your God, O Zion, throughout all generations. Hallelujah!

**READING***James 2:1–10, 14–17*

**M**Y BROTHERS and sisters, do you with your acts of favoritism really believe in our glorious Lord Jesus Christ? For if a person with gold rings and in fine clothes comes into your assembly, and if a poor person in dirty clothes also comes in, and if you take notice of the one wearing the fine clothes and say, “Have a seat here, please,” while to the one who is poor you say, “Stand there,” or, “Sit at my feet,” have you not made distinctions among yourselves, and become judges with evil thoughts? Listen, my beloved brothers and sisters. Has not God chosen the poor in the world to be rich in faith and to be heirs of the kingdom that he has promised to those who love him? But you have dishonored the poor. Is it not the rich who oppress you? Is it not they who drag you into court? Is it not they who blaspheme the excellent name that was invoked over you?

You do well if you really fulfill the royal law according to the scripture, “You shall love your neighbor as yourself.” But if you show partiality, you commit sin and are convicted by the law as transgressors. For whoever keeps the whole law but fails in one point has become accountable for all of it.

What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? If a brother or sister is naked and lacks daily food, and one of you says to them, “Go in peace; keep warm and eat your fill,” and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, is dead.

*Reader* Hear what the Spirit is saying to God’s people.

*Assembly* **Thanks be to God.**

*All rise as able.*

**THE HOLY GOSPEL** *Mark 7:24–37*

*Presider* The Holy Gospel of our Lord Jesus Christ according to Mark.

*Assembly* **Glory to you, Lord Christ.**

**J**ESUS set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophenician origin. She begged him to cast the demon out of her daughter. He said to her, “Let the children be fed first, for it is not fair to take the children’s food and throw it to the dogs.” But she answered him, “Sir, even the dogs under the table eat the children’s crumbs.” Then he said to her, “For saying that, you may go—the demon has left your daughter.” So she went home, found the child lying on the bed, and the demon gone.

Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, “*Ephphatha*,” that is, “Be opened.” And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, “He has done everything well; he even makes the deaf to hear and the mute to speak.”

*Presider* The Gospel of the Lord.

*Assembly* **Praise to you, Lord Christ.**

*All rise as able.*

**THE NICENE CREED**

*Book of Common Prayer, p. 358*

We believe in one God,  
 the Father, the Almighty,  
 Maker of heaven and earth,  
 of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
 the only Son of God,  
 eternally begotten of the Father,  
 God from God, Light from Light,  
 true God from true God,  
 begotten, not made,  
 of one Being with the Father.  
 Through him all things were made.  
 For us and for our salvation  
 he came down from heaven:  
 by the power of the Holy Spirit  
 he became incarnate from the Virgin Mary;  
 and was made man.

For our sake he was crucified under Pontius Pilate;  
 he suffered death and was buried.  
 On the third day he rose again  
 in accordance with the scriptures;  
 he ascended into heaven  
 and is seated at the right hand of the Father.  
 He will come again in glory to judge the living and the dead,  
 and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
 who proceeds from the Father and the Son.  
 With the Father and the Son he is worshiped and glorified.  
 He has spoken through the Prophets.  
 We believe in one holy catholic and apostolic Church.  
 We acknowledge one baptism for the forgiveness of sins.  
 We look for the resurrection of the dead,  
 and the life of the world to come. Amen.

**PRAYERS OF THE ASSEMBLY**

*After each petition:*

*Intercessor* Lord, in your mercy,

*Assembly* Hear our prayer.

*The Presider concludes the prayers with a collect. All respond: Amen.*

## CONFESSION

*Presider* Let us confess our sins against God and our neighbor.

*You are invited to stand or kneel for the confession.*

*Presider* Most merciful God,

**All** we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.

*The Presider pronounces God's forgiveness of our sins. All respond: Amen.*

## THE PEACE

*Presider* The peace of the Lord be always with you.

**Assembly** And also with you.

*All greet one another in the name of the Lord.*

# THE LITURGY OF THE TABLE

*All rise as able as the bread, wine and money we offer to God are brought forward and presented at the altar table.*

## THE GREAT THANKSGIVING *Eucharistic Prayer B*

*Book of Common Prayer, p. 367*

*Presider* The Lord be with you.

**Assembly** And also with you.

*Presider* Lift up your hearts.

**Assembly** We lift them to the Lord.

*Presider* Let us give thanks to the Lord our God.

**Assembly** It is right to give God thanks and praise.

*Presider* It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**All** Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is the one who comes in the name of the Lord.

Hosanna in the highest.

*Presider* We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In Him you have delivered us from evil, and made us worthy to stand before you. In Him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After Supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**All We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

*Presider* And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

**All AMEN.**

#### **THE LORD'S PRAYER**

**All Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

#### **THE BREAKING OF THE BREAD**

*Presider* Christ our passover is sacrificed for us.  
*Assembly* Therefore let us keep the feast.

## INVITATION TO COMMUNION

*Presider* The gifts of God for the people of God.

*All seeking God are welcome at Christ's Table.*

*If you need communion brought to your seat, please let any of the liturgical ministers know.*

*Rice wafers for those who do not eat wheat are available; simply ask for one at the time of communion.*

- ♦ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ♦ *Or you may leave the bread in your hand for the chalice bearer to dip in the wine and feed you.*
- ♦ *To receive a blessing instead of communion, simply cross your arms over your chest.*

## COMMUNION VOLUNTARY *Organ Improvisation*

*All rise as able.*

## PRAYER AFTER COMMUNION

*Book of Common Prayer, p. 365*

*Presider* Eternal God,

**All heavenly Father, you have graciously accepted us as living members  
of your Son our Savior Jesus Christ, and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.**

**Send us now into the world in peace, and grant us strength and courage**

**to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

## COMMISSIONING OF CATHEDRAL MINISTRIES

*On this "Homecoming Sunday" we mark the beginning of a new program year for many cathedral ministries.*

*At the Dean's invitation, all rise as able.*

*Dean* Beloved Community, through the generosity of the Holy Spirit, we are given gifts that support our community of faith and equip us for ministry in the world. Will you each, in the coming year, prayerfully and faithfully use those gifts in the exercise of the ministry to which you are called?

**Assembly I will, with God's help.**

*Dean* Let us pray.

*The Dean prays a collect. All respond: Amen.*

*Dean* My siblings in Christ, I commission you as ministers of the Gospel of Christ in the life of this congregation and in the world, in the name of Jesus Christ, our Savior.

**Assembly Amen.**

**BLESSING** *The Dean asks God's blessing on the Assembly. All respond: Amen.*

**HYMN 493** *O for a thousand tongues to sing* ♦ *The Hymnal 1982 #493*  
stanzas 1, 4-6

TUNE: *Azmon*

## DISMISSAL

*Presider* Let us go forth in the name of Christ.

**Assembly Thanks be to God.**

**VOLUNTARY** *Ceremonial March*

Herbert Sumsion (1899-1995)

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### PRESIDER & PREACHER

The Very Reverend Steven L. Thomason

#### ASSISTING LAY MINISTER

Susan Knirk

#### READER

Jean Rolfe

#### ALTAR GUILD

Sue Tait

#### EUCCHARISTIC MINISTER

George Cleve Haynes

#### INTERCESSOR

Kerry Allman

#### ORGANIST

John Stuntebeck