



SAINT MARK'S
EPISCOPAL CATHEDRAL

THE HOLY EUCHARIST

THE FOURTEENTH SUNDAY AFTER PENTECOST

August 26, 2018

11:00 AM



Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark's liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5th floor. Ushers will guide you.

As part of our effort to serve those who cannot attend worship, this service will be livestreamed on the internet. The 8 AM, 9 AM, 7 PM, and 9:30 PM services are not livestreamed. We are grateful for your presence and participation in this community.

The Cathedral Choir is on summer hiatus. This morning we welcome the participants of the 2018 Saint Mark's Cathedral Choir School Summer Camp. All last week, over forty children participated in field trips, organ & keyboard instruction, visual art, drumming, daily Morning Prayer, a concluding Evensong liturgy, and of course, a lot of joyful singing! Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.

The Reverend Canon Nancy Ross, Associate to the Rector, *Presider*

The Very Reverend Steven L. Thomason, Dean and Rector of Saint Mark's Cathedral, *Preacher*

THE GATHERING

PRELUDE *I. Allegro from Concerto in G, BWV 592* J.S. Bach (1685–1750)
arranged from a violin concerto by Prince Johann Ernst of Saxe-Weimar (1696–1715)

A bell bids all to rise as able.

INTROIT *Song of Isaiah* WORDS: after Isaiah 12:6
MUSIC: Richard Proulx (1967–2010)

Cry aloud! Ring out your joy,
ye citizens of Zion,
for the great one in the midst of you
is the Holy One of Israel.

HYMN 427 *When morning gilds the skies* ♦ *The Hymnal 1982 #427* TUNE: *Laudes Domini*

OPENING ACCLAMATION

Presider Blessed be God: Father, Son, and Holy Spirit.
Assembly **And Blessed be God's kingdom, now and forever. Amen.**

COLLECT FOR PURITY

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

All Amen.

SONG OF PRAISE *Benedictus es, Domine*

John Rutter (b. 1945)

Organ: Everyone:

1. Glo-ry to you, Lord God of our fa - thers; you are worthy of praise; glo-ry to
you. 2. Glo-ry to you for the rad - i-ance of your ho-ly Name; we will praise you and
highly ex - alt you for ev - er. 3. Glo-ry to you in the splendor of your tem-ple; on the
throne of your ma-jesty, glo-ry to you. 4. Glo-ry to you, seated be - tween the Cher - u -
bim; we will praise you and highly ex - alt you for ev - er. 5. Glo-ry to you, be -
holding the depths; in the high vault of heaven, glo-ry to you. 6. Glo-ry to you, Father,
Son, and Ho - ly Spi-rit; we will praise you and highly ex - alt you for ev - er.

The Hymnal 1982 #8-236, ©1985 Oxford University Press

COLLECT OF THE DAY

Proper 16

Presider The Lord be with you.

Assembly And also with you.

Presider Let us pray.

GRANT, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your power among all peoples, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All Amen.

THE LITURGY OF THE WORD

READING *Joshua 24:1-2a, 14-18*

JOSHUA gathered all the tribes of Israel to Shechem, and summoned the elders, the heads, the judges, and the officers of Israel; and they presented themselves before God. And Joshua said to all the people, “Thus says the LORD, the God of Israel:

“Now therefore revere the LORD, and serve him in sincerity and in faithfulness; put away the gods that your ancestors served beyond the River and in Egypt, and serve the LORD. Now if you are unwilling to serve the LORD, choose this day whom you will serve, whether the gods your ancestors served in the region beyond the River or the gods of the Amorites in whose land you are living; but as for me and my household, we will serve the LORD.”

Then the people answered, “Far be it from us that we should forsake the LORD to serve other gods; for it is the LORD our God who brought us and our ancestors up from the land of Egypt, out of the house of slavery, and who did those great signs in our sight. He protected us along all the way that we went, and among all the peoples through whom we passed; and the LORD drove out before us all the peoples, the Amorites who lived in the land. Therefore we also will serve the LORD, for he is our God.”

Reader Hear what the Spirit is saying to God’s people.

Assembly **Thanks be to God.**

PSALM *Psalm 34:15-22*

Peter R. Hallock (1924-2014)

The Choristers introduces the antiphon, all repeat it.

The Choristers chants the psalm verses, all repeating the antiphon as indicated.



Oculi Domini

THE eyes of the LORD are upon the righteous, *
and his ears are open to their cry.

16 The face of the LORD is against those who do evil, *
to root out the remembrance of them from the earth. **ANTIPHON**

17 The righteous cry, and the LORD hears them *
and delivers them from all their troubles.

18 The LORD is near to the brokenhearted *
and will save those whose spirits are crushed. **ANTIPHON**

19 Many are the troubles of the righteous, *
but the LORD will deliver him out of them all.

- 20 He will keep safe all his bones; *
not one of them shall be broken. **ANTIPHON**
- 21 Evil shall slay the wicked, *
and those who hate the righteous will be punished.
- 22 The LORD ransoms the life of his servants, *
and none will be punished who trust in him. **ANTIPHON**

READING *Ephesians 6:10–20*

BE STRONG in the Lord and in the strength of his power. Put on the whole armor of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armor of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God.

Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

Reader Hear what the Spirit is saying to God's people.

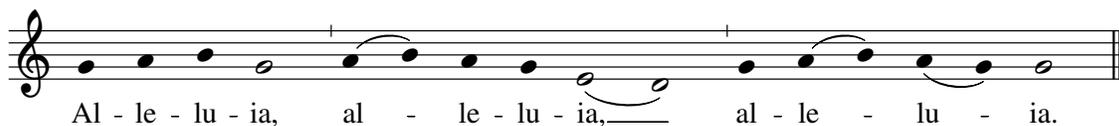
Assembly **Thanks be to God.**

After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.

GOSPEL ACCLAMATION

Plainchant Tone I.2

The Choristers introduce the refrain; all repeat it. The Choristers chant the verse, and all respond with the refrain.



∩. Lord, to whom shall we go? You have the words of eternal life.

THE HOLY GOSPEL John 6:56-69

Deacon The Holy Gospel of our Savior Jesus Christ according to John.
Assembly **Glory to you, Lord Christ.**

JESUS said, “Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever.” He said these things while he was teaching in the synagogue at Capernaum.

When many of his disciples heard it, they said, “This teaching is difficult; who can accept it?” But Jesus, being aware that his disciples were complaining about it, said to them, “Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe.” For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, “For this reason I have told you that no one can come to me unless it is granted by the Father.”

Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, “Do you also wish to go away?” Simon Peter answered him, “Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God.”

Deacon The Gospel of the Lord.
Assembly **Praise to you, Lord Christ.**

SERMON

The Very Reverend Steven L. Thomason

All rise as able.

THE NICENE CREED

**We believe in one God,
the Father, the Almighty,
Maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate
from the Virgin Mary;
and was made man.**

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE ASSEMBLY

After each petition:

Intercessor Lord, in your mercy,

***Assembly* Hear our prayer.**

The Presider concludes the prayers with a collect. All respond: Amen.

CONFESSION

Deacon Let us confess our sins against God and our neighbor.

You are invited to stand or kneel for the confession.

Deacon Most merciful God,

***All* we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.**

**We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.**

We are truly sorry and we humbly repent.

**For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

Presider The peace of the Lord be always with you.

***Assembly* And also with you.**

All greet one another in the name of the Lord.

But we rebelled against you, and wandered far away;
 and yet, as a mother cares for her children,
 you would not forget us.
 Time and again you called us
 to live in the fullness of your love.
 And so this day we join with Saints and Angels
 in the chorus of praise that rings through eternity,
 lifting our voices to magnify you as we sing:

SANCTUS & BENEDICTUS *A Simple Missa Brevis*

Peter Hallock

Organ: *Everyone:*
 Ho - ly, ho - ly, ho - ly Lord God of hosts.
 Hea-ven and earth are full of your glo - ry Ho-san - na in the high - est.
 Blest is the one who comes in the name of our God Ho - san - na in the high - est.

Presider Glory and honor and praise to you, holy and living God.
 To deliver us from the power of sin and death
 and to reveal the riches of your grace,
 you looked with favor upon Mary, your willing servant,
 that she might conceive and bear a son,
 Jesus the holy child of God.
 Living among us, Jesus loved us.
 He broke bread with outcasts and sinners,
 healed the sick, and proclaimed good news to the poor.
 He yearned to draw all the world to himself
 yet we were heedless of his call to walk in love.
 Then, the time came for him to complete upon the cross
 the sacrifice of his life,
 and to be glorified by you.
 On the night before he died for us,
 Jesus was at table with his friends.
 He took bread, gave thanks to you,
 broke it, and gave it to them, and said:
 "Take, eat:
 This is my Body, which is given for you.
 Do this for the remembrance of me."
 As supper was ending, Jesus took the cup of wine.
 Again, he gave thanks to you,
 gave it to them, and said:
 "Drink this, all of you:
 This is my Blood of the new Covenant,
 which is poured out for you and for all
 for the forgiveness of sins.
 Whenever you drink it,
 do this for the remembrance of me."

Presider Now gathered at your table, O God of all creation,
and remembering Christ, crucified and risen,
who was and is and is to come,
we offer to you our gifts of bread and wine,
and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts
that they may be the Body and Blood of Christ.
Breathe your Spirit over the whole earth
and make us your new creation,
the Body of Christ given for the world you have made.

In the fullness of time bring us,
with Mary, Mark and all your saints,
from every tribe and language and people and nation,
to feast at the banquet prepared
from the foundation of the world.

Through Christ and with Christ and in Christ,
in the unity of the Holy Spirit,
to you be honor, glory, and praise, for ever and ever.



All A - MEN.

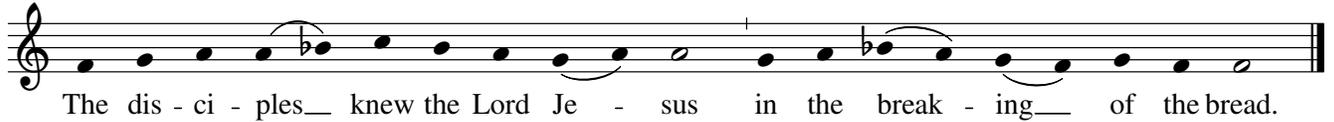
THE LORD'S PRAYER

All **Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

In silence, the Presider breaks the consecrated bread.

FRACTION ANTHEM *The disciples knew the Lord Jesus*

Plainsong Mode 6



A Cantor introduces the antiphon, all repeat it. The Cantor sings the verses, all repeating the antiphon as indicated.

∇. The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

∇. One body are we, alleluia, for though many we share one bread. **ANTIPHON**

The Hymnal 1982 #8-167, © 1971 Mason Martens

INVITATION TO COMMUNION

Presider The gifts of God for the people of God.

All seeking God are welcome at Christ's Table.

The Assembly gathers around all sides of the altar platform, guided by the ushers. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider's communion station at the front left.

- ◆ *You are welcome to stand or kneel to receive communion.*
- ◆ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ◆ *Or you may leave the bread in your hand for the chalice bearer to dip in the wine and feed you.*
- ◆ *To receive a blessing instead of communion, simply cross your arms over your chest.*

ANTHEM *You are mine*

WORDS & MUSIC: David Haas (b. 1957)
arranged by David Haas & Kate Cuddy (b. 1953)

I will come to you in the silence,
I will lift you from all your fear.
You will hear my voice,
I claim you as my choice,
be still and know I am here.

I am hope from all who are hopeless,
I am eyes for all who long to see.
In the shadows of the night,
I will be your light,
come and rest in me.

*Do not be afraid, I am with you.
I have called you each by name.
Come and follow me,
I will bring you home;
I love you and you are mine.*

I am strength for all the despairing,
healing for the ones who dwell in shame.
All the blind will see,
the lame will all run free,
and all will know my name.

Refrain

I am the Word that leads all to freedom,
I am the peace the world cannot give.
I will call your name,
embracing all your pain,
stand up, now walk and live!

Refrain

All rise as able.

SENDING OF EUCHARISTIC VISITORS

Presider One body are we.

Assembly **For, though many, we share one bread and one cup.**

Deacon Go in peace, bearing holy gifts for holy people.

PRAYER AFTER COMMUNION

Presider Loving God,

All **we give you thanks**

for restoring us in your image

and nourishing us with spiritual food

in the Sacrament of Christ's Body and Blood.

Now send us forth

a people, forgiven, healed, renewed;

that we may proclaim your love to the world

and continue in the risen life of Christ our Savior. Amen.

BLESSING *The Presider asks God's blessing on the Assembly. All respond: Amen.*

HYMN 460 *Alleluia! Sing to Jesus! ♦ The Hymnal 1982 #460*
stanzas 1-4

TUNE: *Hyfrydol*

DISMISSAL

Deacon Let us go forth in the name of Christ.

Assembly **Thanks be to God.**

VOLUNTARY *III. Presto from Concerto in G, BWV 592 (after Prince Johann Ernst of Saxe-Weimar)*

J.S. Bach

PRESIDER

The Reverend Canon Nancy Ross

ASSISTING LAY MINISTER

Steven H. Jones

EUCHARISTIC MINISTERS

Sonja Lund, Lynne Markova,

Rachel McNary, Tim O'Sullivan,

The Reverend Canon Dr. Marda

Steedman Sanborn, Robert Stevens,

The Reverend Canon Patricia Taylor,

Kathy Thomason

ALTAR GUILD

Jenny Donner

Sharon Ferguson

PREACHER

The Very Reverend Steven L. Thomason

VERGER

Carrie Davis

ACOLYTES

Irene Beausoleil, Erik Donner,

Jenny Donner, Joe Kasper,

Barbara Zito

READERS

Andrew Himes

Kathy Minsch

INTERCESSOR

George Pro

DEACON

The Reverend Earl Grout

USHER CAPTAIN

Jeff Sackett

GREETER

Cate Callahan

MUSICIANS

Participants of the 2018 Saint Mark's

Cathedral Summer Choir Camp,

Rebekah Gilmore, *Director*

Michael Kleinschmidt

✠ John Stuntebeck, *Organists*