



SAINT MARK'S
EPISCOPAL CATHEDRAL

THE HOLY EUCHARIST

THE THIRTEENTH SUNDAY AFTER PENTECOST

August 19, 2018

11:00 AM



Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark's liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5th floor. Ushers will guide you.

As part of our effort to serve those who cannot attend worship, this service will be livestreamed on the internet. The 8 AM, 9 AM, 7 PM, and 9:30 PM services are not livestreamed. We are grateful for your presence and participation in this community.

The Cathedral Choir is on summer hiatus. This morning we again welcome Saint Mark's affiliated choir **The Mägi Ensemble**, a professional women's choir directed by Cathedral Choir member Heather MacLaughlin Garbes.

Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.

The Reverend Canon Jennifer King Daugherty, Associate to the Rector, *Presider*

The Very Reverend Steven L. Thomason, Dean and Rector of Saint Mark's Cathedral, *Preacher*

THE GATHERING

PRELUDE *Prelude on "Slane"* Gerre Hancock (1934–2012)
[tune of Hymn # 488: "Be thou my vision"]

A bell bids all to rise as able.

INTROIT *Benediction from Shaker Songs* WORDS & TUNE: Brother Ephraim Frost
(Shaker community of Whitewater, Ohio, 1872)
arranged by Kevin Siegfried (b. 1969)

Holy, holy, holiness unto the Lord.
Love ye, love ye, love ye one another.

HYMN 388 *O worship the King, all glorious above!* ♦ *The Hymnal 1982 #388* TUNE: *Hanover*

OPENING ACCLAMATION

Presider Blessed be God: Father, Son, and Holy Spirit.
Assembly **And Blessed be God's kingdom, now and forever. Amen.**

COLLECT FOR PURITY

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

All Amen.

One-in-a-bar; firmly *f*

Glo-ry to God in the high-est, and peace to God's

mf

peo-ple on earth. Lord God, heav'n-ly King, al-might-y God and Fa-ther,

f

we wor-ship you, we give you thanks, we praise you for your glo-ry.

p

d. = d. (same beat as before, not slower)

Lord Je-sus Christ, on-ly Son of the Fa-ther, Lord God, Lamb of God, you take a -

way the sin of the world: have mer-cy on us; you are seat-ed at the right hand of the

f *d. = d.*

Fa-ther: re-ceive our prayer. For you a-lone are the Ho-ly One, you a -

mf

lone are the Lord, you a-lone are the Most High, Je-sus Christ, with the

f cresc. *ff* *broaden*

Ho-ly Spi-rit, in the glo-ry of God the Fa-ther. A - - men.

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COLLECT OF THE DAY

Proper 15

Presider The Lord be with you.*Assembly* And also with you.*Presider* Let us pray.

ALmighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

All Amen.

THE LITURGY OF THE WORD

READING *Proverbs 9:1–6*

WISDOM has built her house,
she has hewn her seven pillars.
She has slaughtered her animals, she has mixed her wine,
she has also set her table.
She has sent out her servant-girls,
she calls from the highest places in the town,
“You that are simple, turn in here!”
To those without sense she says,
“Come, eat of my bread
and drink of the wine I have mixed.
Lay aside immaturity, and live,
and walk in the way of insight.”

Reader Hear what the Spirit is saying to God’s people.

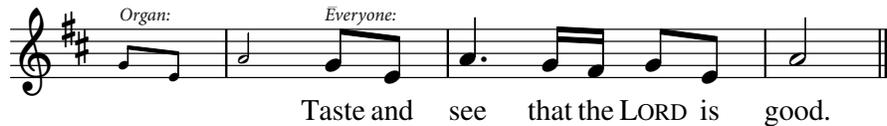
Assembly **Thanks be to God.**

PSALM *Psalm 34:9–14*

Peter R. Hallock (1924–2014)

The Cantor introduces the antiphon, all repeat it.

The Cantor chants the psalm verses, all repeating the antiphon as indicated.



Time-te Dominum

FEAR the LORD, you that are his saints, *
for those who fear him lack nothing.

10 The young lions lack and suffer hunger, *
but those who seek the LORD lack nothing that is good. **ANTIPHON**

11 Come, children, and listen to me; *
I will teach you the fear of the LORD.

12 Who among you loves life *
and desires long life to enjoy prosperity? **ANTIPHON**

13 Keep your tongue from evil-speaking *
and your lips from lying words.

14 Turn from evil and do good; *
seek peace and pursue it. **ANTIPHON**

READING *Ephesians 5:15–20*

BE CAREFUL then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.

HYMN 420 *When in our music God is glorified* ♦ *The Hymnal 1982 #420*

TUNE: *Engleberg*

THE HOLY GOSPEL *John 6:51–58*

Deacon The Holy Gospel of our Savior Jesus Christ according to John.

Assembly **Glory to you, Lord Christ.**

JESUS said, "I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever."

Deacon The Gospel of the Lord.

Assembly **Praise to you, Lord Christ.**

SERMON

The Very Reverend Steven L. Thomason

All rise as able.

THE NICENE CREED

We believe in one God,
the Father, the Almighty,
Maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.

Through him all things were made.

For us and for our salvation

he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary;
and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

PRAYERS OF THE ASSEMBLY

After each petition:

Intercessor Lord, in your mercy,

Assembly **Hear our prayer.**

The Presider concludes the prayers with a collect. All respond: Amen.

CONFESSION

Deacon Let us confess our sins against God and our neighbor.

You are invited to stand or kneel for the confession.

Deacon Most merciful God,

All we confess that we have sinned against you

in thought, word, and deed,

by what we have done,

and by what we have left undone.

We have not loved you with our whole heart;

we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us;

that we may delight in your will,

and walk in your ways,

to the glory of your Name. Amen.

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

Presider The peace of the Lord be always with you.

Assembly **And also with you.**

All greet one another in the name of the Lord.



But we rebelled against you, and wandered far away;
 and yet, as a mother cares for her children,
 you would not forget us.
 Time and again you called us
 to live in the fullness of your love.
 And so this day we join with Saints and Angels
 in the chorus of praise that rings through eternity,
 lifting our voices to magnify you as we sing:

SANCTUS & BENEDICTUS *A Simple Missa Brevis*

Peter Hallock

Organ: *Everyone:*
 Ho - ly, ho - ly, ho - ly Lord God of hosts.
 Hea-ven and earth are full of your glo - ry — Ho-san - na in — the high - est.
 Blest is the one who comes in the name of our God — Ho - san - na in — the high - est.

Presider Glory and honor and praise to you, holy and living God.
 To deliver us from the power of sin and death
 and to reveal the riches of your grace,
 you looked with favor upon Mary, your willing servant,
 that she might conceive and bear a son,
 Jesus the holy child of God.
 Living among us, Jesus loved us.
 He broke bread with outcasts and sinners,
 healed the sick, and proclaimed good news to the poor.
 He yearned to draw all the world to himself
 yet we were heedless of his call to walk in love.
 Then, the time came for him to complete upon the cross
 the sacrifice of his life,
 and to be glorified by you.
 On the night before he died for us,
 Jesus was at table with his friends.
 He took bread, gave thanks to you,
 broke it, and gave it to them, and said:
 "Take, eat:
 This is my Body, which is given for you.
 Do this for the remembrance of me."

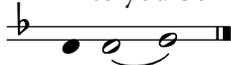
As supper was ending, Jesus took the cup of wine.
Again, he gave thanks to you,
gave it to them, and said:
“Drink this, all of you:
This is my Blood of the new Covenant,
which is poured out for you and for all
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me.”

Now gathered at your table, O God of all creation,
and remembering Christ, crucified and risen,
who was and is and is to come,
we offer to you our gifts of bread and wine,
and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts
that they may be the Body and Blood of Christ.
Breathe your Spirit over the whole earth
and make us your new creation,
the Body of Christ given for the world you have made.

In the fullness of time bring us,
with Mary, Mark and all your saints,
from every tribe and language and people and nation,
to feast at the banquet prepared
from the foundation of the world.

Through Christ and with Christ and in Christ,
in the unity of the Holy Spirit,
to you be honor, glory, and praise, for ever and ever.



All A - MEN.

THE LORD'S PRAYER

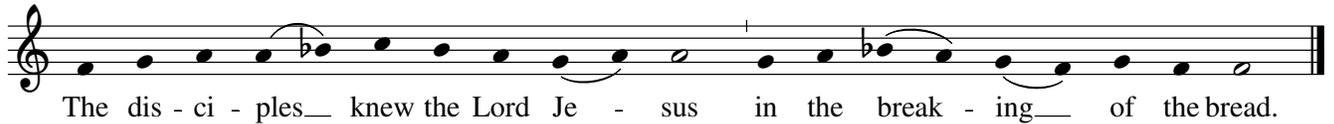
All Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

In silence, the Presider breaks the consecrated bread.

FRACTION ANTHEM *The disciples knew the Lord Jesus*

Plainsong Mode 6

A Cantor introduces the antiphon, all repeat it. The Cantor sings the verses, all repeating the antiphon as indicated.



∇. The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

∇. One body are we, alleluia, for though many we share one bread. **ANTIPHON**

The Hymnal 1982 #8-167, © 1971 Mason Martens

INVITATION TO COMMUNION

Presider The gifts of God for the people of God.

All seeking God are welcome at Christ's Table.

The Assembly gathers around all sides of the altar platform, guided by the ushers. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider's communion station at the front left.

- ◆ *You are welcome to stand or kneel to receive communion.*
- ◆ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ◆ *Or you may leave the bread in your hand for the chalice bearer to dip in the wine and feed you.*
- ◆ *To receive a blessing instead of communion, simply cross your arms over your chest.*

ANTHEM *Love is Little from Shaker Songs*

WORDS & TUNE: Anonymous
(Shaker community of South Union, Kentucky, 1834)
arranged by Kevin Siegfried

Love is little, love is low,
love will make my spirit grow.
Grow in peace, grow in light,
love will do the thing that's right.

HYMN 488 *Be thou my vision* ◆ *The Hymnal 1982 #488*

TUNE: *Slane*



All rise as able.

SENDING OF EUCHARISTIC VISITORS

Presider One body are we.

Assembly **For, though many, we share one bread and one cup.**

Deacon Go in peace, bearing holy gifts for holy people.

PRAYER AFTER COMMUNION

Presider Loving God,

All we give you thanks

for restoring us in your image

and nourishing us with spiritual food

in the Sacrament of Christ's Body and Blood.

Now send us forth

a people, forgiven, healed, renewed;

that we may proclaim your love to the world

and continue in the risen life of Christ our Savior. Amen.

BLESSING *The Presider asks God's blessing on the Assembly. All respond: Amen.*

HYMN 665 *All my hope on God is founded ♦ The Hymnal 1982 #665*
stanzas 1–3 & 5

TUNE: *Michael*

DISMISSAL

Deacon Let us go forth in the name of Christ.

Assembly **Thanks be to God.**

VOLUNTARY *Præludium in A minor, BuxWV 153*

Dietrich Buxtehude (1638–1707)

PRESIDER

The Reverend Canon Jennifer King Daugherty

ASSISTING LAY MINISTER

Emily Austin

EUCHARISTIC MINISTERS

The Reverend Cristi Chapman,
Neil Gavin, Phillip Lienau, The Reverend
Canon Nancy Ross, John Selberg,
Kathy Sodergren, Robert Stevens,
Joe Wright

ALTAR GUILD

Michael Seewer
David Wagner

PREACHER

The Very Reverend Steven L. Thomason

VERGER

Olivier Santos

ACOLYTES

Carrie Davis, Kate Halamay,
Kevin Johnson, Ray Miller,
Alexandra Thompson

READERS

Julia Logan
Tim O'Sullivan

INTERCESSOR

Christine Szabadi

DEACON

The Reverend Earl Grout

USHER CAPTAIN

Nick Jones

GREETER

Barbara Erickson
Susan Ratner

MUSICIANS

Maria Coldwell, *Cantor*
Mägi Ensemble,
Heather MacLaughlin Garbes, *Director*
Michael Kleinschmidt, *Organist*