



SUNDAYS & BEYOND

The Saint Mark's Cathedral weekly newsletter

THE SEVENTH SUNDAY AFTER PENTECOST ♦ JULY 8, 2018

Creative Dramatics: Exploring the “I AM” Exhibit through Drama

TODAY, 10 A.M., *Cathedral Nave*

Join this interactive workshop to explore the art of the “I AM” exhibition currently on view. In small groups and as a whole group, we will use creative dramatics to enter the worlds of these pieces and discover how we are connected to the stranger in our midst. This offering will be particularly suitable for children and families, and no prior drama experience is needed. We will move a bit (tailored to our different ability levels) and will share our discoveries with each other as time allows. Questions? Contact Kelly Moody, kmoody@saintmarks.org.

Forum today—*Seeking God: The Way of St. Benedict*

TODAY, 10:10 A.M., *Bloedel Hall*

Before he left on sabbatical, Dean Thomason encouraged the congregation to embark upon a study of Esther de Waal's *Seeking God: The Way of St. Benedict*. Join Senior Warden Lynne Markova, Canon Jennifer Daugherty and Canon Nancy Ross to discuss the ancient rhythms of Benedictine spirituality and the impact these rhythms have on our individual and communal lives today. Copies of the book are available for purchase in the Cathedral Shop. All are welcome, whether you are reading the book or not; the leaders will summarize some of the themes for discussion. Questions? Contact Canon Daugherty, jkdaugherty@saintmarks.org, or Lynne Markova, lsmarkova@comcast.net.

Memorial service for Randy Revelle

The Memorial Service for longtime Saint Mark's parishioner and former King County Executive Randy Revelle will be held today at 2 p.m. in the Cathedral Nave at Saint Mark's, with a reception to follow in Bloedel Hall.

Choral Evensong—sending off our England-bound choir

THURSDAY, JULY 12, 7:30 P.M., *Cathedral Nave*

Saint Mark's choristers, teen and adult singers bound for England give thanks for the support of this community as they prepare for their residencies at Ely Cathedral, and at Saint Paul's, London, July 15-29. They invite all to join them in offering eventide prayers and praise to God two nights before they depart. Come, hear a sampling of what our musical ambassadors will offer everyday in England.



Peace Pole unveiling and blessing

SUNDAY, JULY 15, 12:15 P.M.

Gather outside the cathedral after the 11:00 a.m. service next Sunday for an unveiling and blessing of a Peace Pole that proclaims “May Peace Prevail on Earth” in English, Hebrew, Arabic, and Spanish. The Peace Pole installation is a gift of the Peacebuilder Committee of the Rotary Club, through the efforts of parishioner Roberta Nestaas, recognizing the many community programs of Saint Mark's that promote peace and justice. There are tens of thousands of the eight-foot-tall white Peace Poles in 180 countries all over the world dedicated as monuments to peace.

Hunger Offering today

Today is Hunger Offering Sunday at Saint Mark's, where we take a special donation for six partner food banks in Seattle. These organizations help thousands of Seattleites who are struggling with food insecurity and basic living needs, and your donations make a big difference in their lives. Stop by the Hunger Offering table in the back of the nave to learn about what we do, and how you can help.

CATHEDRAL PRAYER LIST

To add a name to our prayer list, contact 206.323.0300 x314 or Joniepr@msn.com. Prayer requests are listed in *Sundays & Beyond* for four weeks, and, if needed, they are listed in the monthly *Ongoing List*, which is found in the Narthex.

The flowers in the Nave today are given to the glory of God and in loving memory of Randy Revelle by his family.

THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially Community of the Paraclete; Little Sisters of St. Clare; The Third Order of Society St. Francis; the clergy, staff and vestry of Saint Mark's Cathedral; all the ministries of Saint Mark's.

THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES: Brian Kee

THOSE WHO HAVE DIED

Janet McCully
Tom Killorin
Ginny Sloan
Bobbie James
Laura Stance Poston
Frances Tyler
Idelle Kodish

THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Kevin Carroll	Beatrice
Louise Harris	Daisey
Caleigh Sarah Habor	Francisco
Bob James & family	Jacob
Louise Kind	Marro
Steve & Leslie Kodish	Moir
Brock Lacock	Peggy
Alice McCully & Family	Sally
Mary Montgomery	Tores
Laura Muglia	Wayne
Michael Murphree	Wyatt
Tree Osborn	
Ann Revelle	
Mary Segall	
Ginny Sloan	
Laurence Wood	
Aaron	

Memorial service for Laura Poston

Laura Poston, former member of Saint Mark's Cathedral who moved to Colorado to be closer to her children, died on June 14. She was a faithful regular at the 7 a.m. Thursday liturgy. A memorial service will be held at Saint Mark's on Thursday, July 12, at 2 p.m., followed by a reception in Bloedel Hall.

Godly Play, "Parables and Playtime" resumes July 15

SUNDAY, JULY 15, 10 A.M.-10:45 A.M., *St. Nicholas Building* Children ages 4 through 12 are invited to "Parables and Playtime," Godly Play programming between morning services, in the St. Nicholas Building next to the cathedral.

Cathedral Book Discussion Group

SATURDAY, JULY 15, 12:20 P.M., *Cathedral House 209* This month we will be reading and discussing *The Notorious RBG* by Irin Carmon and Shana Knizhnik. Available in hardcopy and on e-readers. Even if you have seen the movie you'll enjoy this book with many anecdotes. It's a quick read! Questions? Contact Karen Knudson, knudsonkn@hotmail.com.

Altar flowers to commemorate a special day or individual

Flowers give beauty, hope and solace and enhance the fabric of the church. They can also be a meaningful way to celebrate or commemorate a special person in your life, or an occasion such as a birthday or anniversary. Sign up to honor or remember your special someone or date on the new Altar Flowers Calendar on the Welcome Table. You may pick a specific Sunday and donate an amount that is comfortable for you and the Flower Ministry will handle the rest! Questions? Contact the Flower Ministry at flowers@saintmarks.org.

Protagonist, works by artist Sara Alfageeh, now on display in the Hallway Gallery

Protagonist, a collection of graphic illustrations by artist Sara Alfageeh, will be on display in the Hallway Gallery from June through September. Highlighting different points in Alfageeh's journey as a graphic illustrator, *Protagonist* considers the various sources of characters that shape our own story. By allowing the work to be informed by both her own identity and those she has come in contact with, Alfageeh provides a place for diverse values and experiences to find a voice. Within this collection the viewer is confronted by images that both rely on and undermine traditional visual narratives; we



see patterned henna broken up by familiar bandaids, a collection of weeds growing where a face should be, and a tiger's roar undone by a perched listener. These visual dialogues invite the viewer to consider the power of images to validate or reject the narratives we are living into. Check out the exhibit in the new Hallway Gallery on the second floor of the Cathedral House. More at saintmarks.org/visualarts.

“I AM” exhibit on display in the Cathedral Nave; closing reception August 5

SUNDAY, AUGUST 5, 12:30 P.M., *Cathedral Nave*

“I AM”, the art exhibition currently on display in the Cathedral Nave, celebrates the rich, diverse and pivotal contribution that Middle Eastern women make to the enduring global quest for harmony and peace. Join us for a closing reception on August 5, a “Celebration of Voices for Peace from the Middle East.” The event will include a family potluck, Dabke dancing, crafts, henna painting, calligraphy, and cuisine from Middle East. At the event, Paul Gordon-Chandler will take the audience on a journey through Kahlil Gibran’s writings, art, and the places he lived. Gibran was a captivating poet-artist who moved beyond religion to the core of universal spirituality, with a unique blend of East and West. Chandler highlights Gibran’s timeless voice which serves as a much-needed guide for our times.

Choir School Summer Camp

AUGUST 20-24,
with Sunday Participa-

tion on August 26

Saint Mark’s Choir School Summer

Camp is offered for

rising 3rd grade-8th grade children,

regardless of church affiliation, who are interested in singing beautiful and exciting music of the Christian faith in the striking cathedral setting, while growing as musicians and children of God. This fun-filled camp experience includes joyful singing; daily guests specializing in art, drumming, and composition; field trips and outdoor activities; visual art projects; organ demonstration and piano/organ lessons. Campers participate in daily sung Morning Prayer, and sing at a special Closing Evensong service and a Sunday morning service in the Cathedral. Camp hours are 9 a.m. - 4 p.m. (before and after care available for an extra charge.) Tuition cost is \$250 (\$200/child if more than one child per family registers.)

We don’t want cost to prevent your child from participating; partial and full scholarships available to those who find full tuition a hardship. Read more and register at saintmarks.org/choircamp.



Education for Ministry (EfM) classes for 2018–19

Saint Mark’s now has 3 EfM classes! Each class is welcoming new students this fall, as well as those who wish to resume the program. EfM is a four-year program for lay people to study scripture, church history, and modern theology. Classes connect the material with church tradition, personal experiences, individual beliefs and current events. Three different classes meet weekly September to June at Saint Mark’s: Sunday 6:30-8:30 p.m., Monday 10 a.m.-12:30 p.m. or Monday 6:30-8:30 p.m. Each class is limited to 12 people; enrollment starts now and ends in early August or when classes are full. Tuition, including books, is \$375. Please inquire by contacting clergy or class mentors:

Sunday p.m.: Penelope Jackson, pbjackson@mac.com

Monday a.m.: Maria Coldwell, mvcoldwell@hotmail.com

Monday p.m.: Tom Hayton, tomhayton@yahoo.com

Are you following Saint Mark’s on Facebook?

Did you know that Saint Mark’s has a Facebook page?

There we share photos and video from worship services and special events, invitations to and reminders about upcoming events, diocesan and wider church news, and much more. You don’t even need to have a Facebook account to view the page!

Visit facebook.com/SaintMarksSeattle or search “Saint Mark’s Seattle” in the app to view and follow.

Ministry Opportunity: Cathedral Office Volunteer

Saint Mark’s has an opening for a front desk volunteer in the cathedral office on Fridays from 9 a.m.-4:30 p.m. This ministry provides the first point of contact to many people who come to Saint Mark’s. It primarily entails greeting visitors and answering the phone, and assisting with office projects as needed. Interested in joining this friendly and dedicated team? Contact Irene Beausoleil at 206-323-0300 x227.

Episcopal woman chaplain seeks housing

An Episcopal woman in chaplain training is seeking a studio or small apartment for the next year while she completes a chaplain residency program at the VA. If you have a small, separate unit in your home or know of one that she can affordably occupy, please contact Carrie Littauer at carrie.littauer@gmail.com or 347-545-9244.



SAINT MARK'S
EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102
206.323.0300
info@saintmarks.org
saintmarks.org

Wherever you are on
your journey of faith,
you are welcome here.

Weekday Service Times

- MONDAY-FRIDAY, 6:30 PM
Evening Prayer: McCaw or Thomsen Chapels
- MONDAYS, 7:15 PM
Centering Prayer in McCaw Chapel or
Thomsen Chapel
- WEDNESDAYS, 12 NOON
Holy Eucharist in Thomsen Chapel
- THURSDAYS, 7 AM
Holy Eucharist in Thomsen Chapel

Cathedral Office Hours

MONDAY-FRIDAY, 9 AM - 4:30 PM
Questions, or need to reach a member of the
Clergy or Staff? The Cathedral Office main
number is 206-323-0300.

SUNDAYS & BEYOND

Sundays & Beyond is a weekly publication of
updates, events and activities happening on
campus, and the Cathedral prayer list. It is available
by electronic subscription, on Saint Mark's website,
and in print in the nave. To submit announcements
for these publications, visit
saintmarks.org/announce. Requests are due by
Monday at 5 p.m. for publication on the following
Sunday. Announcements may be edited for space
and content.

Sunday, July 8 ♦ The Seventh Sunday after Pentecost

- HOLY EUCHARIST, 8 A.M. *Thomsen Chapel*
Preacher: The Rev. Canon Jennifer King Daugherty, Associate to the Rector
- HOLY EUCHARIST, 9 A.M. *Cathedral Nave*
Preacher: The Rev. Canon Jennifer King Daugherty, Associate to the Rector
- "CREATIVE DRAMATICS" WORKSHOP, 10 A.M., *Cathedral Nave*
This interactive workshop will explore the art of the "I AM" exhibition
through drama, More on page 1.
- SUNDAY FORUM, 10:10 A.M., *Bloedel Hall*
The third forum in a series of discussions on Esther de Waal's book,
Seeking God: The Way of St. Benedict.
- HOLY EUCHARIST, 11 A.M. *Cathedral Nave*
Preacher: The Rev. Canon Jennifer King Daugherty, Associate to the Rector
- CATHEDRAL YOGA, 6 P.M. *Cathedral Nave*
A spiritual practice open to all.
- CONTEMPLATIVE EUCHARIST & HEALING PRAYER, 7 P.M., *Thomsen Chapel*
With times of silence for reflection, simple meditative music and lots of
candlelight.
- COMPLINE, 9:30 P.M. *Cathedral Nave*
Compline is the service of ancient nighttime prayers, sung by the
Compline Choir. A Seattle tradition, broadcast live on KING 98.1 FM.

Saint Mark's is hiring! Do you know of a great candidate?

The Child Care Center at Saint Mark's Episcopal Cathedral seeks new
members for their children's ministry team. Child care team members are
an integral part of the Cathedral's vision for Children's and Family Minis-
tries, and are responsible for welcoming young children and their parents
to Cathedral events, orienting parents to the policies and procedures of the
childcare center, and providing warm and engaging care for children dur-
ing worship services, community events, and parish education. For more
information or to apply, visit
saintmarks.org/employment.

CATHEDRAL STAFF AND LEADERSHIP

- Adam Conley, *Seattle Service Corps Director* aconley@saintmarks.org
- Barbara Martin, *Childcare Center Director* childcare@saintmarks.org
- Chris Koepfel, *Sexton* ckoepfel@saintmarks.org
- Christopher McPeak, *Worship Coordinator* cmcpeak@saintmarks.org
- Cristi Chapman, *Curate* cchapman@saintmarks.org
- Earl Grout, *Deacon* egrout@saintmarks.org
- Erik Donner, *Executive Assistant & Membership Support*. edonner@saintmarks.org
- Gaye Scott, *Cathedral Shop Manager* gscott@saintmarks.org
- Glenn Sands, *Facilities Manager* gsands@saintmarks.org
- Gregory Bloch, *Shop Associate & Liturgical Assistant* gbloch@saintmarks.org
- Ian Ford, *Sexton* ian@saintmarks.org
- Irene Beausoleil, *Events & Office Coordinator* ibeausoleil@saintmarks.org
- Jason Anderson, *Compline Choir Director* director@complinechoir.org
- Jennifer King Daugherty, *Associate to the Rector* jkdaugherty@saintmarks.org
- John Stuntebeck, *Associate Organist*. john_stuntebeck@hotmail.com
- Karen Komoto, *Finance Manager*. kkomoto@saintmarks.org
- Kelly Moody, *Director of Children's and Family Ministries* kmoody@saintmarks.org
- Liz Bartenstein, *Communications Director* lbartenstein@saintmarks.org
- Madeleine Stephens, *Music Administrator* mstephens@saintmarks.org
- Michael Kleinschmidt, *Canon Musician* mkleinschmidt@saintmarks.org
- Nancy Ross, *Associate to the Rector* nross@saintmarks.org
- Rebekah Gilmore, *Associate Musician & Choir School Director*. rgilmore@saintmarks.org
- Steve Thomason, *Dean and Rector* sthomason@saintmarks.org

2018-2019 VESTRY

Dean and Rector: The Very Rev. Steven L. Thomason; *Senior Warden:* Lynne
Markova; *Junior Wardens:* Cara Peterson and Bob Chapman; Vinh Do, Ralph
Ermoian, Amanda Davis, Andrew Himes, Jim Buskirk, Neshia Alaovae, Rosemarie
LeMoine, Julia Logan, Michael Perera. *Diocesan members:* Greg Walrath, Mary
Maxon. *Chancellor:* John Hoerster; *Treasurer:* Phil Lloyd; *Clerk:* Jenny Donner;
Bishop's Representative: The Rev. Canon Marda Steedman Sanborn.