



SUNDAYS & BEYOND

The Saint Mark's Cathedral weekly newsletter

THE NINTH SUNDAY AFTER PENTECOST ♦ JULY 22, 2018

Walking the Way of Love

At the triennial General Convention of the Episcopal Church, Presiding Bishop Michael Curry formally invited the whole church to take up the “Way of Love” during his sermon at the Opening Eucharist. The Way of Love is something like a “rule of life” for Episcopalians, as we grow more deeply with Jesus Christ at the center of our lives, and bear witness to his way of love in and for the world. This framework is illustrated with seven key practices: Turn, Learn, Pray, Worship, Bless, Go, and Rest. You can learn more and watch a video of Bishop Curry talking about The Way of Love at episcopalchurch.org/explore-way-love. Questions? Contact Canon Daugherty, jkdaugherty@saintmarks.org.



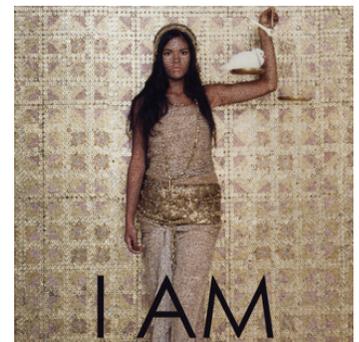
Saint Mark's welcomes guest musicians today

While Saint Mark's Evensong Choir is on their pilgrimage, we welcome several guest musicians who will lead us during morning worship services. Today, Cara Peterson serves as organist at the 8 a.m. service and Roger Sherman, Associate Organist Emeritus, serves as organist at the 9 & 11 a.m. services. We are grateful for these musicians and their help in leading worship today.

Closing reception for the “I AM” exhibit on August 5

SUNDAY, AUGUST 5, 12:30 P.M., *Cathedral Nave*

“I AM,” the art exhibition currently on display in the Cathedral Nave, celebrates the rich, diverse and pivotal contribution that Middle Eastern women make to the enduring global quest for harmony and peace. Join us for a closing reception on August 5, a “Celebration of Voices for Peace from the Middle East.” The event will include a family potluck, Dabke dancing, crafts, henna painting, calligraphy, and cuisine from Middle East. At the event, Paul Gordon-Chandler will take the audience on a journey through Kahlil Gibran's writings, art, and the places he lived. Gibran was a captivating poet-artist who moved beyond religion to the core of universal spirituality, with a unique blend of East and West. Chandler highlights Gibran's timeless voice which serves as a much-needed guide for our times. You can also pick up a copy of the *Harper's Bazaar Arabia* article about the exhibit in the back of the Cathedral Nave.



Sunday Forum: Sabbatical Revelations

SUNDAY, AUGUST 5, 10:10 A.M., *Bloedel Hall*

On his first Sunday back from sabbatical, Dean Thomason will share his experiences and reflections. Come welcome him back to Saint Mark's and hear about his travels!

2018 Mid-year giving statements

To save on printing and postage costs, January through June giving statements for pledging households will not be mailed. Instead, you can check your giving history anytime on Saint Mark's website, saintmarks.org/mysaintmarks. If you'd like a current 2018 giving statement, please contact Erik Donner, edonner@saintmarks.org.

CATHEDRAL PRAYER LIST

To add a name to our prayer list, contact 206.323.0300 x314 or Joniepr@msn.com. Prayer requests are listed in Sundays & Beyond for four weeks, and, if needed, they are listed in the monthly Ongoing List, which is found in the Narthex.

The flowers in the Nave are given to the glory of God and in loving memory of Daphney Letaille by Kara King.

THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially Community of the Lamb; Brotherhood of St. Andrew; the clergy, staff and vestry of Saint Mark's Cathedral; all the ministries of Saint Mark's.

THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES: Brian Kee

THOSE WHO HAVE DIED

Dorothy Ademujohn
Jack Dahlquist
Janet McCully
Tom Killorin
Ginny Sloan

THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Linda Evans	Jacob
Linda Hunter	Marro
Louise Kind	Moir
Alice McCully & Family	Peggy
Lynn Offutt	Tores
Tree Osborn	Wayne
Ann Revelle	Wyatt
Cheryl Roberts & Miller	
David Scott	
Adams	
Aaron	
Daisey	
Francisco	



Questioning Together, a 20s & 30s group offering

MONDAY, AUGUST 6, 7:30 P.M., *Leffler Living Room*
This group gathering offers a supportive community for those in their 20s and 30s to explore questions of faith and meaning in our time. We will meet on the first Monday of every month. The topic for August: "Where is God when bad things happen?" Wherever you are in your faith journey, you are welcome. A light dinner will be served; an RSVP is appreciated but not required. Looking forward to seeing you there! To RSVP or for questions, contact Rachel McNary, rachel.mcnary@gmail.com.

New at the Cathedral Shop: Beautiful olive wood crosses and pendants

A large selection of olive wood crosses and pendants are now available to purchase in the Cathedral Shop. These items are a beautiful quality and great prices.

Sunday Forum: Report from General Convention

AUGUST 12, 10:10 A.M., *Bloedel Hall*

Dean Thomason will share his observations and a summary from the Episcopal Church's triennial General Convention.

Lay Chaplains in Community gathering

SUNDAY, AUGUST 12, 12:30 P.M., *Cathedral House 210*

The next gathering of Lay Chaplains in Community takes place Sunday, August 12 at 12:30 p.m. in Cathedral House 210. We will gather for team building, reflection, and formation. Lay Chaplains at Saint Mark's provide spiritual continuity and help maintain a faith connection for those people of Saint Mark's living in retirement or other care facilities, who, because of mobility or other limitations, are not able to regularly attend worship services. Lay Chaplains are specially trained in pastoral care giving and the ministry of presence. For more information contact Sandra Smith, sandrasmith.smith747@gmail.com or The Rev. Cristi Chapman, cchapman@saintmarks.org.

A Holy Waste of Time Young Adult Retreat

FRIDAY, AUGUST 17, 4 P.M. - SUNDAY, AUGUST 19, 1 P.M.

St Andrew's House, 7550 Washington 106, Union, WA 98592
Young adults (ages 18-35) from around the Diocese of Olympia are invited to this annual weekend of fun, fellowship and faith at a gorgeous rustic lodge situated right on the Hood Canal and with a view of the Olympic Mountains. In the spirit of time-wasting, choose your

own adventure: kayak, paddle-board and swim the beautiful calm waters of the Hood Canal; take a hike on the forest trails nearby; or simply read in the lodge or sun on the deck. St. Andrew's House boasts delicious home-style cooking with locally-sourced foods. The per-person price includes two night's lodging and all meals and activities. Single/couple/family bedrooms are available—please specify your preference. Sign-up now; this event sells out quickly! \$85 Weekend; \$25 Saturday day-tripper. For more info and to register, visit: bit.ly/holywasteoftime. Saint Markians who sign up should join the 20s and 30s Facebook group to make carpool plans together; (search "Saint Mark's 20s & 30s" on Facebook).

Choir School Summer Camp

AUGUST 20-24,
with Sunday Participation on August 26
Saint Mark's Choir School Summer Camp is offered for rising 3rd grade-8th grade children, regardless of church affiliation, who are interested in singing beautiful and exciting music of the Christian faith in the striking cathedral setting, while growing as musicians and children of God. Read more and register at saintmarks.org/choircamp.



Episcopal woman chaplain seeks housing

An Episcopal woman in chaplain training is seeking a studio or small apartment for the next year while she completes a chaplain residency program at the VA. If you have a small, separate unit in your home or know of one that she can affordably occupy, please contact Carrie Littauer at carrie.littauer@gmail.com or 347-545-9244.

United Churches Emergency Fund needs volunteers

United Churches Emergency Fund (UCEF) is a local organization working to prevent homelessness through compassionate listening, focused referrals and some financial assistance for rent, utilities and move-in costs. There are several vacancies on its board of directors. The board meets every other month and could use members who can help steer the organization's future. UCEF also needs someone skilled in building and developing its web page. In addition, UCEF is looking for a few people to give their time for one-on-one work with those in need. Volunteers usually work just twice a month. Interested? Contact Jo Gustafson, executive director, at 206-524-7885 or director@uchurchesemergencyfund.org.

Children's Chapel resumes in September

SUNDAY, SEPTEMBER 9, 9 A.M., *Thomsen Chapel*

The 9 a.m. Children's Chapel program will resume on Sunday, September 9. This liturgy of the Word, which welcomes children preschool age through second grade, provides a child-friendly homily and more intimate prayer time for little ones. Parents are always welcome, too! For more information contact children@saintmarks.org. In the meantime, please enjoy the worship bags and Sunday Paper Junior with us on the carpet!

Education for Ministry (EfM) classes for 2018-19

Saint Mark's now has 3 EfM classes! Each class is welcoming new students this fall, as well as those who wish to resume the program. EfM is a four-year program for lay people to study scripture, church history, and modern theology. Classes connect the material with church tradition, personal experiences, individual beliefs and current events. Three different classes meet weekly September to June at Saint Mark's: Sunday 6:30-8:30 p.m., Monday 10 a.m.-12:30 p.m. or Monday 6:30-8:30 p.m. Each class is limited to 12 people; enrollment starts now and ends in early August or when classes are full. Tuition, including books, is \$375. Please inquire by contacting clergy or class mentors:

Sunday p.m.: Penelope Jackson, pbjjackson@mac.com

Monday a.m.: Maria Coldwell, mvcoldwell@hotmail.com

Monday p.m.: Tom Hayton, tomhayton@yahoo.com

Ministry Opportunity: Cathedral Office Volunteer

Saint Mark's has an opening for a front desk volunteer in the cathedral office on Fridays from 9 a.m.-4:30 p.m. This ministry provides the first point of contact to many people who come to Saint Mark's. It primarily entails greeting visitors, answering the phone, and assisting with office projects as needed. Interested in joining this friendly and dedicated team? Contact Irene Beausoleil at 206-323-0300 x227.



SAINT MARK'S
EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102
206.323.0300
info@saintmarks.org
saintmarks.org

Wherever you are on
your journey of faith,
you are welcome here.

Weekday Service Times

- MONDAY-FRIDAY, 6:30 PM
Evening Prayer: McCaw or Thomsen Chapels
- MONDAYS, 7:15 PM
Centering Prayer in McCaw Chapel or
Thomsen Chapel
- WEDNESDAYS, 12 NOON
Holy Eucharist in Thomsen Chapel
- THURSDAYS, 7 AM
Holy Eucharist in Thomsen Chapel

Cathedral Office Hours

MONDAY-FRIDAY, 9 AM - 4:30 PM
Questions, or need to reach a member of the
Clergy or Staff? The Cathedral Office main
number is 206-323-0300.

SUNDAYS & BEYOND

Sundays & Beyond is a weekly publication of
updates, events and activities happening on
campus, and the Cathedral prayer list. It is available
by electronic subscription, on Saint Mark's website,
and in print in the nave. To submit announcements
for these publications, visit
saintmarks.org/announce. Requests are due by
Monday at 5 p.m. for publication on the following
Sunday. Announcements may be edited for space
and content.

Sunday, July 22 ♦ The Ninth Sunday after Pentecost

- HOLY EUCHARIST, 8 A.M. *Thomsen Chapel*
Preacher: The Rev. Cristi Chapman, Curate
- HOLY EUCHARIST, 9 A.M. *Cathedral Nave*
Preacher: The Rev. Cristi Chapman, Curate
- HOLY EUCHARIST, 11 A.M. *Cathedral Nave*
Preacher: The Rev. Cristi Chapman, Curate
- CATHEDRAL YOGA, 6 P.M. *Cathedral Nave*
A spiritual practice open to all.
- CONTEMPLATIVE EUCHARIST & HEALING PRAYER, 7 P.M., *Thomsen Chapel*
With times of silence for reflection, simple meditative music and lots of
candlelight.
- COMPLINE, 9:30 P.M. *Cathedral Nave*
Compline is the service of ancient nighttime prayers, sung by the
Compline Choir. A Seattle tradition, broadcast live on KING 98.1 FM.

An Introduction to Restorative Justice

SATURDAY, AUGUST 25, 9 A.M., CARRIAGE HOUSE
Restorative Practices help us step into important and difficult conversa-
tions in ways that increase connection and understanding. It provides true
community-based solutions, accountability, and transformative change
while deepening trust. This hands-on experiential immersion in Resto-
rative Justice, Restorative Circles, and Restorative Practices will support
those seeking a paradigm shift away from "Either/Or" thinking that leads
to shame and blame, and often results in punishment and disconnection.
Restorative Justice brings connection and dignity instead. A Restorative
Culture can be created in any community, organization, business or school.
Even family interaction can be transformed using these practices.
Register: brownpapertickets.com/event/3463771
Details: centerforrestorativesolutionsseattle.com

CATHEDRAL STAFF AND LEADERSHIP

- Adam Conley, *Seattle Service Corps Director* aconley@saintmarks.org
- Barbara Martin, *Childcare Center Director* childcare@saintmarks.org
- Chris Koepfel, *Sexton* ckoepfel@saintmarks.org
- Christopher McPeak, *Worship Coordinator* cmcpeak@saintmarks.org
- Cristi Chapman, *Curate* cchapman@saintmarks.org
- Earl Grout, *Deacon* egrout@saintmarks.org
- Erik Donner, *Executive Assistant & Membership Support*. edonner@saintmarks.org
- Gaye Scott, *Cathedral Shop Manager* gscott@saintmarks.org
- Glenn Sands, *Facilities Manager* gsands@saintmarks.org
- Gregory Bloch, *Shop Associate & Liturgical Assistant* gbloch@saintmarks.org
- Ian Ford, *Sexton* ian@saintmarks.org
- Irene Beausoleil, *Events & Office Coordinator* ibeausoleil@saintmarks.org
- Jason Anderson, *Compline Choir Director* director@complinechoir.org
- Jennifer King Daugherty, *Associate to the Rector* jkdaugherty@saintmarks.org
- John Stuntebeck, *Associate Organist*. john_stuntebeck@hotmail.com
- Karen Komoto, *Finance Manager*. kkomoto@saintmarks.org
- Kelly Moody, *Director of Children's and Family Ministries* kmoody@saintmarks.org
- Liz Bartenstein, *Communications Director* lbartenstein@saintmarks.org
- Madeleine Stephens, *Music Administrator* mstephens@saintmarks.org
- Michael Kleinschmidt, *Canon Musician* mkleinschmidt@saintmarks.org
- Nancy Ross, *Associate to the Rector* nross@saintmarks.org
- Rebekah Gilmore, *Associate Musician & Choir School Director*. rgilmore@saintmarks.org
- Steve Thomason, *Dean and Rector* sthomason@saintmarks.org

2018-2019 VESTRY

Dean and Rector: The Very Rev. Steven L. Thomason; *Senior Warden:* Lynne Markova; *Junior Wardens:* Cara Peterson and Bob Chapman; Vinh Do, Ralph Ermoian, Amanda Davis, Andrew Himes, Jim Buskirk, Neshia Alaovae, Rosemarie LeMoine, Julia Logan, Michael Perera. *Diocesan members:* Greg Walrath, Mary Maxon. *Chancellor:* John Hoerster; *Treasurer:* Phil Lloyd; *Clerk:* Jenny Donner; *Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn.