



# SUNDAYS & BEYOND

*The Saint Mark's Cathedral weekly newsletter*

THE EIGHTH SUNDAY AFTER PENTECOST ♦ JULY 15, 2018



## **Peace Pole unveiling and blessing**

TODAY, 12:15 P.M.

Gather outside the cathedral after the 11:00 a.m. service today for an unveiling and blessing of a Peace Pole that proclaims “May Peace Prevail on Earth” in English, Hebrew, Arabic, and Spanish. The Peace Pole installation is a gift of the Peacebuilder Committee of the Rotary Club, through the efforts of parishioner Roberta Nestaas, recognizing the many community programs of Saint Mark’s that promote peace and justice. There are tens of thousands of the eight-foot-tall white Peace Poles in 180 countries all over the world dedicated as monuments to peace.

## **Saint Mark’s welcomes guest musicians today**

While Saint Mark’s Evensong Choir is on their pilgrimage, we welcome several guest musicians who will lead us during morning worship services. Today, Cara Peterson serves as organist at the 8 a.m. service and Roger Sherman, Associate Organist Emeritus, serves as organist at the 9 & 11 a.m. services. At 11 a.m., we welcome Choir of the Sound, led by Director Jeremy Matheis. Choir of the Sound has been one of our Artist-in-Residence choirs for several years. We are grateful for all these musicians and their help in leading worship today.

## **Godly Play, “Parables and Playtime” resumes today**

TODAY, 10 A.M.-10:45 A.M., *St. Nicholas Building*

Children ages 4 through 12 are invited to “Parables and Playtime,” Godly Play programming between morning services today, in the St. Nicholas Building next to the cathedral. Need help getting there? Please ask an usher or greeter to assist you.



## **Cathedral Book Discussion Group**

TODAY, 12:20 P.M., *Cathedral House 209*

This month we will be reading and discussing *The Notorious RBG* by Irin Carmon and Shana Knizhnik. Available in hardcopy and on e-readers. Even if you have seen the movie you’ll enjoy this book with many anecdotes. It’s a quick read! Questions? Contact Karen Knudson, [knudsonkn@hotmail.com](mailto:knudsonkn@hotmail.com).

## **New icons in the Cathedral Shop**

Beautiful new designs and shapes of icons are now being featured in the Cathedral Shop. Stop by on Sunday for complimentary coffee and cookies!

## CATHEDRAL PRAYER LIST

To add a name to our prayer list, contact 206.323.0300 x314 or [Joniepr@msn.com](mailto:Joniepr@msn.com). Prayer requests are listed in *Sundays & Beyond* for four weeks, and, if needed, they are listed in the monthly *Ongoing List*, which is found in the Narthex.

The flowers in Thomsen Chapel today are given to the glory of God and in loving memory of Laura Poston by her family.

### THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially Community of the Lamb; Brotherhood of St. Andrew; the clergy, staff and vestry of Saint Mark's Cathedral; all the ministries of Saint Mark's.

### THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES: Brian Kee

### THOSE WHO HAVE DIED

Janet McCully  
Tom Killorin  
Ginny Sloan  
Bobbie James  
Laura Stance Poston

### THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Linda Evans	Peggy
Louise Harris	Tores
Bob James & family	Wayne
Louise Kind	Wyatt
Alice McCully & Family	
Mary Montgomery	
Tree Osborn	
Ann Revelle	
Laurence Wood	
Aaron	
Daisey	
Francisco	
Jacob	
Marro	
Moira	

## Sunday Forum: Sabbatical Revelations

SUNDAY, AUGUST 5, 10:10 A.M., BLOEDEL HALL

At this Sunday Forum, Dean Thomason, fresh off his return from sabbatical, will share his experiences and reflections.

## Ministry Opportunity: Cathedral Office Volunteer

Saint Mark's has an opening for a front desk volunteer in the cathedral office on Fridays from 9 a.m.-4:30 p.m. This ministry provides the first point of contact to many people who come to Saint Mark's. It primarily entails greeting visitors and answering the phone, and assisting with office projects as needed. Interested in joining this friendly and dedicated team? Contact Irene Beausoleil at 206-323-0300 x227.

## Questioning Together, a 20s & 30s group offering

MONDAY, AUGUST 6, 7:30 P.M., *Leffler Living Room*

This group gathering offers a supportive community for those in their 20s and 30s to explore questions of faith and meaning in our time. We will meet on the first Monday of every month. The topic for August: "Where is God when bad things happen?" Wherever you are in your faith journey, you are welcome. A light dinner will be served; an RSVP is appreciated but not required. Looking forward to seeing you there! To RSVP or for questions, contact Rachel McNary, [rachel.mcnary@gmail.com](mailto:rachel.mcnary@gmail.com).

## Lay Chaplains in Community gathering

SUNDAY, AUGUST 12, 12:30 P.M., *Cathedral House 210*

The next gathering of Lay Chaplains in Community takes place Sunday, August 12 at 12:30 p.m. in Cathedral House 210. We will gather for team building, reflection, and formation. Lay Chaplains at Saint Mark's provide spiritual continuity and help maintain a faith connection for those people of Saint Mark's who live in retirement or other care facilities, who, because of mobility or other limitations, are not able to regularly attend worship services. Lay Chaplains are specially trained pastoral care giving and ministry of presence. For more information contact Sandra Smith, [sandrasmith.smith747@gmail.com](mailto:sandrasmith.smith747@gmail.com) or The Rev. Cristi Chapman, [cchapman@saintmarks.org](mailto:cchapman@saintmarks.org).

## Choir School Summer Camp

AUGUST 20-24, with *Sunday Participation on August 26*  
Saint Mark's Choir School Summer Camp is offered for rising 3rd grade-8th grade children, regardless of church affiliation, who are interested in singing beautiful and exciting music of the Christian faith in the striking cathedral setting, while growing as musicians and children of God. This fun-filled camp experience includes joyful singing; daily guests specializing in art, drumming, and composition; field trips and outdoor activities; visual art projects; organ demonstration and piano/organ lessons. Campers participate in daily sung Morning Prayer, and sing at a special Closing Evensong service and a Sunday morning service in the Cathedral. Camp hours are

9 a.m. - 4 p.m.  
(before and after care available for an extra charge.)

Tuition cost is \$250 (\$200/child if more than one child per family registers.)

We don't want cost to prevent your child from participating; par-

tial and full scholarships available to those who find full tuition a hardship. Read more and register at [saintmarks.org/choircamp](http://saintmarks.org/choircamp).



### **Education for Ministry (EfM) classes for 2018–19**

Saint Mark's now has 3 EfM classes! Each class is welcoming new students this fall, as well as those who wish to resume the program. EfM is a four-year program for lay people to study scripture, church history, and modern theology. Classes connect the material with church tradition, personal experiences, individual beliefs and current events. Three different classes meet weekly September to June at Saint Mark's: Sunday 6:30-8:30 p.m., Monday 10 a.m.-12:30 p.m. or Monday 6:30-8:30 p.m. Each class is limited to 12 people; enrollment starts now and ends in early August or when classes are full. Tuition, including books, is \$375. Please inquire by contacting clergy or class mentors:

Sunday p.m.: Penelope Jackson, [pbjackson@mac.com](mailto:pbjackson@mac.com)

Monday a.m.: Maria Coldwell, [mvcoldwell@hotmail.com](mailto:mvcoldwell@hotmail.com)

Monday p.m.: Tom Hayton, [tomhayton@yahoo.com](mailto:tomhayton@yahoo.com)

### **Are you following Saint Mark's on Facebook?**

Did you know that Saint Mark's has a Facebook page? There we share photos and video from worship services and special events, invitations to and reminders about upcoming events, diocesan and wider church news, and much more. You don't even need to have a Facebook account to view the page!

Visit [facebook.com/SaintMarksSeattle](https://facebook.com/SaintMarksSeattle) or search "Saint Mark's Seattle" in the app to view and follow.

### **Altar flowers to commemorate a special day or individual**

Flowers give beauty, hope and solace and enhance the fabric of the church. They can also be a meaningful way to celebrate or commemorate a special person in your life, or an occasion such as a birthday or anniversary. Sign up to honor or remember your special someone or date on the new Altar Flowers Calendar on the Welcome Table. You may pick a specific Sunday and donate an amount that is comfortable for you and the Flower Ministry will handle the rest! Questions? Contact the Flower Ministry at [flowers@saintmarks.org](mailto:flowers@saintmarks.org).

### **Episcopal woman chaplain seeks housing**

An Episcopal woman in chaplain training is seeking a studio or small apartment for the next year while she completes a chaplain residency program at the VA. If you have a small, separate unit in your home or know of one that she can affordably occupy, please contact Carrie Littauer at [carrie.littauer@gmail.com](mailto:carrie.littauer@gmail.com) or 347-545-9244.

### **United Churches Emergency Fund needs volunteers**

United Churches Emergency Fund (UCEF) is a local organization working to prevent homelessness through compassionate listening, focused referrals and some financial assistance for rent, utilities and move-in costs. There are several vacancies on its board of directors. The board meets every other month and could use members who can help steer the organization's future. UCEF also needs someone skilled in building and developing its web page. In addition, UCEF is looking for a few people to give their time for one-on-one work with those in need. Volunteers usually work just twice a month. Interested? Contact Jo Gustafson, executive director, at 206-524-7885 or [director@uchurchesemergencyfund.org](mailto:director@uchurchesemergencyfund.org).

### **Saint Mark's is hiring! Do you know of a great candidate?**

The Child Care Center at Saint Mark's Episcopal Cathedral seeks new members for their children's ministry team. Child care team members are an integral part of the Cathedral's vision for Children's and Family Ministries, and are responsible for welcoming young children and their parents to Cathedral events, orienting parents to the policies and procedures of the childcare center, and providing warm and engaging care for children during worship services, community events, and parish education. For more information or to apply, visit [saintmarks.org/employment](http://saintmarks.org/employment).



SAINT MARK'S  
EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102  
206.323.0300  
info@saintmarks.org  
saintmarks.org

Wherever you are on  
your journey of faith,  
you are welcome here.

**Weekday Service Times**

- MONDAY-FRIDAY, 6:30 PM  
Evening Prayer: McCaw or Thomsen Chapels
- MONDAYS, 7:15 PM  
Centering Prayer in McCaw Chapel or  
Thomsen Chapel
- WEDNESDAYS, 12 NOON  
Holy Eucharist in Thomsen Chapel
- THURSDAYS, 7 AM  
Holy Eucharist in Thomsen Chapel

**Cathedral Office Hours**

MONDAY-FRIDAY, 9 AM - 4:30 PM  
Questions, or need to reach a member of the  
Clergy or Staff? The Cathedral Office main  
number is 206-323-0300.

**SUNDAYS & BEYOND**

*Sundays & Beyond* is a weekly publication of  
updates, events and activities happening on  
campus, and the Cathedral prayer list. It is available  
by electronic subscription, on Saint Mark's website,  
and in print in the nave. To submit announcements  
for these publications, visit  
[saintmarks.org/announce](http://saintmarks.org/announce). Requests are due by  
Monday at 5 p.m. for publication on the following  
Sunday. Announcements may be edited for space  
and content.

*Sunday, July 15 ♦ The Eighth Sunday after Pentecost*

- HOLY EUCHARIST, 8 A.M. *Thomsen Chapel*  
Preacher: Chris McPeak, Worship Coordinator
- HOLY EUCHARIST, 9 A.M. *Cathedral Nave*  
Preacher: Chris McPeak, Worship Coordinator
- GODLY PLAY, 10 A.M., *St. Nicholas Building*  
Programming for children, more on page 1.
- HOLY EUCHARIST, 11 A.M. *Cathedral Nave*  
Preacher: Chris McPeak, Worship Coordinator
- PEACE POLE BLESSING, 12:15 P.M., *Cathedral front lawn*  
Join for the unveiling and blessing of a Peace Pole at Saint Mark's. More on  
page 1.
- CATHEDRAL YOGA, 6 P.M. *Cathedral Nave*  
A spiritual practice open to all.
- CONTEMPLATIVE EUCHARIST & HEALING PRAYER, 7 P.M., *Thomsen Chapel*  
With times of silence for reflection, simple meditative music and lots of  
candlelight.
- COMPLINE, 9:30 P.M. *Cathedral Nave*  
Compline is the service of ancient nighttime prayers, sung by the  
Compline Choir. A Seattle tradition, broadcast live on KING 98.1 FM.

**An Introduction to Restorative Justice**

SATURDAY, AUGUST 25, 9 A.M., CARRIAGE HOUSE Restorative Practices  
help us step into important and difficult conversations in ways that in-  
crease connection and understanding. It provides true community-based  
solutions, accountability, and transformative change while deepening trust.  
This hands-on experiential immersion in Restorative Justice, Restorative  
Circles, and Restorative Practices will support those seeking a paradigm  
shift away from "Either/Or" thinking that leads to shame and blame, and  
often results in punishment and disconnection. Restorative Justice brings  
connection and dignity instead. A Restorative Culture can be created in  
any community, organization, business or school. Even family interaction  
can be transformed using these practices.  
Register: [brownpapertickets.com/event/3463771](http://brownpapertickets.com/event/3463771)  
Details: [centerforrestorativesolutionsseattle.com](http://centerforrestorativesolutionsseattle.com)

**CATHEDRAL STAFF AND LEADERSHIP**

- Adam Conley, *Seattle Service Corps Director* . . . . . [aconley@saintmarks.org](mailto:aconley@saintmarks.org)
- Barbara Martin, *Childcare Center Director* . . . . . [childcare@saintmarks.org](mailto:childcare@saintmarks.org)
- Chris Koepfel, *Sexton* . . . . . [ckoepfel@saintmarks.org](mailto:ckoepfel@saintmarks.org)
- Christopher McPeak, *Worship Coordinator* . . . . . [cmcpeak@saintmarks.org](mailto:cmcpeak@saintmarks.org)
- Cristi Chapman, *Curate* . . . . . [cchapman@saintmarks.org](mailto:cchapman@saintmarks.org)
- Earl Grout, *Deacon* . . . . . [egrout@saintmarks.org](mailto:egrout@saintmarks.org)
- Erik Donner, *Executive Assistant & Membership Support*. . . . . [edonner@saintmarks.org](mailto:edonner@saintmarks.org)
- Gaye Scott, *Cathedral Shop Manager* . . . . . [gscott@saintmarks.org](mailto:gscott@saintmarks.org)
- Glenn Sands, *Facilities Manager* . . . . . [gsands@saintmarks.org](mailto:gsands@saintmarks.org)
- Gregory Bloch, *Shop Associate & Liturgical Assistant* . . . . . [gbloch@saintmarks.org](mailto:gbloch@saintmarks.org)
- Ian Ford, *Sexton* . . . . . [ian@saintmarks.org](mailto:ian@saintmarks.org)
- Irene Beausoleil, *Events & Office Coordinator* . . . . . [ibeausoleil@saintmarks.org](mailto:ibeausoleil@saintmarks.org)
- Jason Anderson, *Compline Choir Director* . . . . . [director@complinechoir.org](mailto:director@complinechoir.org)
- Jennifer King Daugherty, *Associate to the Rector* . . . . . [jkdaugherty@saintmarks.org](mailto:jkdaugherty@saintmarks.org)
- John Stuntebeck, *Associate Organist*. . . . . [john\\_stuntebeck@hotmail.com](mailto:john_stuntebeck@hotmail.com)
- Karen Komoto, *Finance Manager*. . . . . [kkomoto@saintmarks.org](mailto:kkomoto@saintmarks.org)
- Kelly Moody, *Director of Children's and Family Ministries* . . . . . [kmoody@saintmarks.org](mailto:kmoody@saintmarks.org)
- Liz Bartenstein, *Communications Director* . . . . . [lbartenstein@saintmarks.org](mailto:lbartenstein@saintmarks.org)
- Madeleine Stephens, *Music Administrator* . . . . . [mstephens@saintmarks.org](mailto:mstephens@saintmarks.org)
- Michael Kleinschmidt, *Canon Musician* . . . . . [mkleinschmidt@saintmarks.org](mailto:mkleinschmidt@saintmarks.org)
- Nancy Ross, *Associate to the Rector* . . . . . [nross@saintmarks.org](mailto:nross@saintmarks.org)
- Rebekah Gilmore, *Associate Musician & Choir School Director* . . . . . [rgilmore@saintmarks.org](mailto:rgilmore@saintmarks.org)
- Steve Thomason, *Dean and Rector* . . . . . [sthomason@saintmarks.org](mailto:sthomason@saintmarks.org)

**2018-2019 VESTRY**

*Dean and Rector:* The Very Rev. Steven L. Thomason; *Senior Warden:* Lynne  
Markova; *Junior Wardens:* Cara Peterson and Bob Chapman; Vinh Do, Ralph  
Ermoian, Amanda Davis, Andrew Himes, Jim Buskirk, Neshia Alaovae, Rosemarie  
LeMoine, Julia Logan, Michael Perera. *Diocesan members:* Greg Walrath, Mary  
Maxon. *Chancellor:* John Hoerster; *Treasurer:* Phil Lloyd; *Clerk:* Jenny Donner;  
*Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn.