



SAINT MARK'S
EPISCOPAL CATHEDRAL

THE HOLY EUCHARIST

THE TENTH SUNDAY AFTER PENTECOST

July 29, 2018

11:00 AM





SAINT MARK'S EPISCOPAL CATHEDRAL

Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark's liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5th floor. Ushers will guide you.

As part of our effort to serve those who cannot attend worship, this service will be livestreamed on the internet. The 8 AM, 9 AM, 7 PM, and 9:30 PM services are not livestreamed. We are grateful for your presence and participation in this community.

Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.

The Reverend Cristi Chapman, Curate, *Presider*

The Reverend Canon Dr. Marda Steedman Sanborn, Canon to the Ordinary, *Preacher*

THE GATHERING

PRELUDE *Variations on "Wer nur den lieben Gott"* Johann Pachelbel (1653–1706)
[tune of Hymn #635: "If Thou but trust in God"]

As the opening hymn is introduced, all rise as able.

HYMN 448 *O love, how deep, how broad, how high* ♦ *The Hymnal 1982 #448* TUNE: *Deus tuorum militum*

OPENING ACCLAMATION

Presider Blessed be God: Father, Son, and Holy Spirit.
Assembly **And Blessed be God's kingdom, now and forever. Amen.**

COLLECT FOR PURITY

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

All **Amen.**

One-in-a-bar; firmly *f*

Glo-ry to God in the high-est, and peace to God's

mf

peo-ple on earth. Lord God, heav'n-ly King, al-might-y God and Fa-ther,

f

we wor-ship you, we give you thanks, we praise you for your glo-ry.

p

d. = d. (same beat as before, not slower)

Lord Je-sus Christ, on-ly Son of the Fa-ther, Lord God, Lamb of God, you take a -

way the sin of the world: have mer-cy on us; you are seat-ed at the right hand of the

f *d. = d.*

Fa-ther: re-ceive our prayer. For you a-lone are the Ho-ly One, you a -

mf

lone are the Lord, you a-lone are the Most High, Je-sus Christ, with the

f cresc. *ff* *broaden*

Ho-ly Spi-rit, in the glo-ry of God the Fa-ther. A - - men.

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COLLECT OF THE DAY

Proper 12

Presider The Lord be with you.*Assembly* And also with you.*Presider* Let us pray.

O GOD, the protector of all who trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy; that, with you as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All Amen.

THE LITURGY OF THE WORD

READING 2 Kings 4:42-44

AMAN came from Baal-shalishah, bringing food from the first fruits to the man of God: twenty loaves of barley and fresh ears of grain in his sack. Elisha said, "Give it to the people and let them eat." But his servant said, "How can I set this before a hundred people?" So he repeated, "Give it to the people and let them eat, for thus says the LORD, 'They shall eat and have some left.'" He set it before them, they ate, and had some left, according to the word of the LORD.

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

PSALM Psalm 145:10-19

Plainsong Tone VIII.2

The Cantor introduces the antiphon, all repeat it.

The Cantor chants the psalm verses, all repeating the antiphon as indicated.



Your king - dom, O LORD, is an ev - er - last - ing king - dom.

Exaltabo te, Deus

ALL your works praise you, O LORD, *
and your faithful servants bless you.

- 11 They make known the glory of your kingdom *
and speak of your power;
- 12 That the peoples may know of your power *
and the glorious splendor of your kingdom. **ANTIPHON**
- 13 Your kingdom is an everlasting kingdom; *
your dominion endures throughout all ages.
- 14 The LORD is faithful in all his words *
and merciful in all his deeds.
- 15 The LORD upholds all those who fall; *
he lifts up those who are bowed down. **ANTIPHON**
- 16 The eyes of all wait upon you, O LORD, *
and you give them their food in due season.
- 17 You open wide your hand *
and satisfy the needs of every living creature. **ANTIPHON**
- 18 The LORD is righteous in all his ways *
and loving in all his works.
- 19 The LORD is near to those who call upon him, *
to all who call upon him faithfully. **ANTIPHON**

READING

Ephesians 3:14–21

IBOW my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.

Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to him be glory in the church and in Christ Jesus to all generations, forever and ever. Amen.

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.

HYMN 455 *O love of God, how strong and true* ♦ *The Hymnal 1982 #455*

TUNE: *Dunedin*



THE HOLY GOSPEL *John 6:1-21*

Deacon The Holy Gospel of our Savior Jesus Christ according to John.
Assembly **Glory to you, Lord Christ.**

JESUS went to the other side of the Sea of Galilee, also called the Sea of Tiberias. A large crowd kept following him, because they saw the signs that he was doing for the sick. Jesus went up the mountain and sat down there with his disciples. Now the Passover, the festival of the Jews, was near. When he looked up and saw a large crowd coming toward him, Jesus said to Philip, "Where are we to buy bread for these people to eat?" He said this to test him, for he himself knew what he was going to do. Philip answered him, "Six months' wages would not buy enough bread for each of them to get a little." One of his disciples, Andrew, Simon Peter's brother, said to him, "There is a boy here who has five barley loaves and two fish. But what are they among so many people?" Jesus said, "Make the people sit down." Now there was a great deal of grass in the place; so they sat down, about five thousand in all. Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. When they were satisfied, he told his disciples, "Gather up the fragments left over, so that nothing may be lost." So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. When the people saw the sign that he had done, they began to say, "This is indeed the prophet who is to come into the world."

When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself.

When evening came, his disciples went down to the sea, got into a boat, and started across the sea to Capernaum. It was now dark, and Jesus had not yet come to them. The sea became rough because a strong wind was blowing. When they had rowed about three or four miles, they saw Jesus walking on the sea and coming near the boat, and they were terrified. But he said to them, "It is I; do not be afraid." Then they wanted to take him into the boat, and immediately the boat reached the land toward which they were going.

Deacon The Gospel of the Lord.
Assembly **Praise to you, Lord Christ.**

SERMON

The Reverend Canon Dr. Marda Steedman Sanborn

All rise as able.

THE NICENE CREED

**We believe in one God,
the Father, the Almighty,
Maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:**

by the power of the Holy Spirit
he became incarnate from the Virgin Mary;
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE ASSEMBLY

After each petition:

Intercessor Lord, in your mercy,
Assembly Hear our prayer.

The Presider concludes the prayers with a collect. All respond: Amen.

CONFESSION

Deacon Let us confess our sins against God and our neighbor.

You are invited to stand or kneel for the confession.

Deacon Most merciful God,
All we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

Presider The peace of the Lord be always with you.
Assembly And also with you.

All greet one another in the name of the Lord.

And so this day we join with Saints and Angels
in the chorus of praise that rings through eternity,
lifting our voices to magnify you as we sing:

SANCTUS & BENEDICTUS *A Simple Missa Brevis*

Peter R. Hallock (1924-2014)

Organ: Everyone:
Ho - ly, ho - ly, ho - ly Lord God of hosts.
Hea-ven and earth are full of your glo - ry___ Ho-san - na in___ the high - est.
Blest is the one who comes in the name of our God___ Ho - san - na in___ the high - est.

Presider Glory and honor and praise to you, holy and living God.
To deliver us from the power of sin and death
and to reveal the riches of your grace,
you looked with favor upon Mary, your willing servant,
that she might conceive and bear a son,
Jesus the holy child of God.
Living among us, Jesus loved us.
He broke bread with outcasts and sinners,
healed the sick, and proclaimed good news to the poor.
He yearned to draw all the world to himself
yet we were heedless of his call to walk in love.
Then, the time came for him to complete upon the cross
the sacrifice of his life,
and to be glorified by you.
On the night before he died for us,
Jesus was at table with his friends.
He took bread, gave thanks to you,
broke it, and gave it to them, and said:
“Take, eat:
This is my Body, which is given for you.
Do this for the remembrance of me.”
As supper was ending, Jesus took the cup of wine.
Again, he gave thanks to you,
gave it to them, and said:
“Drink this, all of you:
This is my Blood of the new Covenant,
which is poured out for you and for all
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me.”

Now gathered at your table, O God of all creation,
and remembering Christ, crucified and risen,
who was and is and is to come,
we offer to you our gifts of bread and wine,
and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts
that they may be the Body and Blood of Christ.
Breathe your Spirit over the whole earth
and make us your new creation,
the Body of Christ given for the world you have made.

In the fullness of time bring us,
with Mary, Mark and all your saints,
from every tribe and language and people and nation,
to feast at the banquet prepared
from the foundation of the world.

Through Christ and with Christ and in Christ,
in the unity of the Holy Spirit,
to you be honor, glory, and praise, for ever and ever.



All A - MEN.

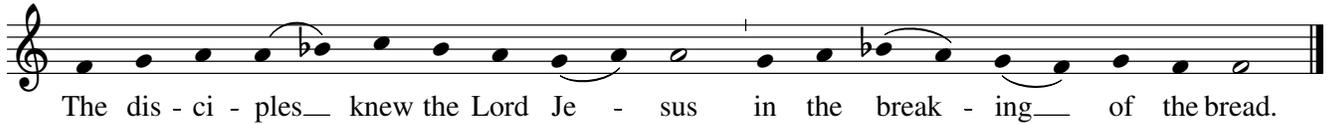
THE LORD'S PRAYER

All **Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

In silence, the Presider breaks the consecrated bread.

FRACTION ANTHEM *The disciples knew the Lord Jesus*

Plainsong Mode 6



A Cantor introduces the antiphon, all repeat it. The Cantor sings the verses, all repeating the antiphon as indicated.

∇. The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

∇. One body are we, alleluia, for though many we share one bread. **ANTIPHON**

The Hymnal 1982 #8-167, © 1971 Mason Martens

INVITATION TO COMMUNION

Presider The gifts of God for the people of God.

All seeking God are welcome at Christ's Table.

The Assembly gathers around all sides of the altar platform, guided by the ushers. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider's communion station at the front left.

- ◆ *You are welcome to stand or kneel to receive communion.*
- ◆ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ◆ *Or you may leave the bread in your hand for the chalice bearer to dip in the wine and feed you.*
- ◆ *To receive a blessing instead of communion, simply cross your arms over your chest.*

ANTHEM

Ubi Caritas et Amor

WORDS: Maundy Thursday antiphon

MUSIC: Ola Gjeilo (b. 1978)

*Ubi caritas et amor, Deus ibi est.
Congregavit nos in unum Christi amor.*

*Exultemus, et in ipso jucundemur.
Timeamus, et amemus Deum vivum.*

Et ex corde diligamus nos sincero.

*Ubi caritas et amor, Deus ibi est.
Congregavit nos in unum Christi amor.
Amen.*

Where there is charity and love, God is there.
The love of Christ has gathered us together into one.

Let us rejoice and be glad in it.
Let us revere and love the living God.

And from a sincere heart let us love one another.

Where there is charity and love, God is there.
The love of Christ has gathered us together into one.
Amen.

HYMN 321

My God, thy table now is spread ◆ *The Hymnal 1982 #321*

TUNE: *Rockingham*

All rise as able.

SENDING OF EUCHARISTIC VISITORS

Presider One body are we.

Assembly **For, though many, we share one bread and one cup.**

Deacon Go in peace, bearing holy gifts for holy people.

PRAYER AFTER COMMUNION

Presider Eternal God,

All heavenly Father,

**you have graciously accepted us
as living members of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

BLESSING *The Presider asks God's blessing on the Assembly. All respond: Amen.*

HYMN 635 *If thou but trust in God to guide thee ♦ The Hymnal 1982 #635*

TUNE: *Wer nur den lieben Gott*

DISMISSAL

Deacon Let us go forth in the name of Christ.

Assembly **Thanks be to God.**

VOLUNTARY *Præludium in G*

Vincent Lübeck (1654–1740)

PRESIDER

The Reverend Cristi Chapman

ASSISTING LAY MINISTER

Walter Stuteville

EUCHARISTIC MINISTERS

Colleen Boyns

The Reverend Canon Jennifer
King Daugherty, The Reverend Canon

Mike Jackson, Neil Gavin,
Phillip Lienau, John Selberg,
Kathy Sodergren, Joe Wright

ALTAR GUILD

Jenny Donner
Sharon Ferguson

PREACHER

The Reverend Canon Dr. Marda Steedman Sanborn

VERGER

Michael Seewer

ACOLYTES

Irene Beausoleil, Erik Donner,
Jenny Donner, Joe Kasper,
Barbara Zito

READERS

Robert Stevens
Lynne Markova

INTERCESSOR

Elliott Jacksch

DEACON

The Reverend Earl Grout

USHER CAPTAIN

Jake & Taylor Lunde

GREETERS

Mary Segall
Patricia de la Fuente

MUSICIANS

Peter McClung, *Cantor*
Seattle Choral Company,
Freddie Coleman, *Director*
Roger Sherman, *Organist*