



SAINT MARK'S
EPISCOPAL CATHEDRAL

THE HOLY EUCHARIST

THE FIFTH SUNDAY AFTER PENTECOST

June 24, 2018

11:00 AM



Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark's liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5th floor. Ushers will guide you.

As part of our effort to serve those who cannot attend worship, this service will be livestreamed on the internet. The 8 AM, 9 AM, 7 PM, and 9:30 PM services are not livestreamed. We are grateful for your presence and participation in this community.

Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.

The Reverend Canon Nancy Ross, Associate to the Rector, *Presider*

Canon Malcolm McLaurin, Canon for Youth & Young Adult Ministries, *Preacher*

THE GATHERING

PRELUDE *Prelude and Fugue in A major, BWV 543*

J.S. Bach (1685–1750)

A bell bids all to rise as able.

INTROIT *God be in my head*

WORDS: Sarum Primer (1514)

MUSIC: Sydney Hugo Nicholson (1875–1947)

God be in my head, and in my understanding;
God be in mine eyes, and in my looking;
God be in my mouth, and in my speaking;
God be in my heart, and in my thinking;
God be at mine end, and at my departing.

HYMN 429 *I'll priase my Maker while I've breath ♦ The Hymnal 1982 #429*
stanzas 1, 2 & 4

TUNE: *Old 113th*

OPENING ACCLAMATION

Presider Blessed be God: Father, Son, and Holy Spirit.

Assembly **And Blessed be God's kingdom, now and forever. Amen.**

COLLECT FOR PURITY

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

All Amen.

SONG OF PRAISE *Benedictus es, Domine*

John Rutter (b. 1945)

Organ: *Benedictus es, Domine* Everyone:

1. Glo-ry to you, Lord God of our fa-ters; you are worthy of praise; glo-ry to you. 2. Glo-ry to you for the rad-i-ance of your ho-ly Name; we will praise you and highly ex-alt you for ev-er. 3. Glo-ry to you in the splendor of your tem-ple; on the throne of your ma-jesty, glo-ry to you. 4. Glo-ry to you, seated be-tween the Cher-u-bim; we will praise you and highly ex-alt you for ev-er. 5. Glo-ry to you, be-holding the depths; in the high vault of heaven, glo-ry to you. 6. Glo-ry to you, Father, Son, and Ho-ly Spi-rit; we will praise you and highly ex-alt you for ev-er.

The Hymnal 1982 #s-236, ©1985 Oxford University Press

COLLECT OF THE DAY

Proper 7

Presider The Lord be with you.

Assembly And also with you.

Presider Let us pray.

OLORD, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your lovingkindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All Amen.

- 25 Then he spoke, and a stormy wind arose, *
which tossed high the waves of the sea.
- 26 They mounted up to the heavens
and fell back to the depths; *
their hearts melted because of their peril. **ANTIPHON**
- 28 Then they cried to the LORD in their trouble,
and he delivered them from their distress.
- 29 He stilled the storm to a whisper *
and quieted the waves of the sea. **ANTIPHON**
- 30 Then were they glad because of the calm, *
and he brought them to the harbor
they were bound for.
- 31 Let them give thanks to the LORD for his mercy *
and the wonders he does for his children. **ANTIPHON**

READING

2 Corinthians 6:1–13

AS WE work together with Christ, we urge you also not to accept the grace of God in vain. For he says,

“At an acceptable time I have listened to you,
and on a day of salvation I have helped you.”

See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone’s way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see—we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

We have spoken frankly to you Corinthians; our heart is wide open to you. There is no restriction in our affections, but only in yours. In return—I speak as to children—open wide your hearts also.

Reader Hear what the Spirit is saying to God’s people.

Assembly **Thanks be to God.**

After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.

HYMN 492 *Sing ye faithful sing with gladness ♦ The Hymnal 1982 #492*

TUNE: *Finnian*

THE HOLY GOSPEL *Mark 4:35-41*

Deacon The Holy Gospel of our Savior Jesus Christ according to Mark.
Assembly **Glory to you, Lord Christ.**

WHEN evening had come, Jesus said to his disciples, "Let us go across to the other side." And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great windstorm arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, "Teacher, do you not care that we are perishing?" He woke up and rebuked the wind, and said to the sea, "Peace! Be still!" Then the wind ceased, and there was a dead calm. He said to them, "Why are you afraid? Have you still no faith?" And they were filled with great awe and said to one another, "Who then is this, that even the wind and the sea obey him?"

Deacon The Gospel of the Lord.
Assembly **Praise to you, Lord Christ.**

SERMON

Canon Malcolm McLaurin

All rise as able.

THE NICENE CREED

**We believe in one God,
the Father, the Almighty,
Maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary;
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

PRAYERS OF THE ASSEMBLY

After each petition:

Intercessor Lord, in your mercy,

***Assembly* Hear our prayer.**

The Presider concludes the prayers with a collect. All respond: Amen.

CONFESSION

Deacon Let us confess our sins against God and our neighbor.

You are invited to stand or kneel for the confession.

Deacon Most merciful God,

***All* we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.**

**We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.**

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us;

that we may delight in your will,

and walk in your ways,

to the glory of your Name. Amen.

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

Presider The peace of the Lord be always with you.

***Assembly* And also with you.**

All greet one another in the name of the Lord.

But we rebelled against you, and wandered far away;
 and yet, as a mother cares for her children,
 you would not forget us.
 Time and again you called us
 to live in the fullness of your love.
 And so this day we join with Saints and Angels
 in the chorus of praise that rings through eternity,
 lifting our voices to magnify you as we sing:

SANCTUS & BENEDICTUS *A Simple Missa Brevis*

Peter Hallock

Organ: *Everyone:*
 Ho - ly, ho - ly, ho - ly Lord God of hosts.
 Hea-ven and earth are full of your glo - ry___ Ho-san - na in___ the high - est.
 Blest is the one who comes in the name of our God___ Ho - san - na in___ the high - est.

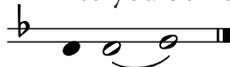
Presider Glory and honor and praise to you, holy and living God.
 To deliver us from the power of sin and death
 and to reveal the riches of your grace,
 you looked with favor upon Mary, your willing servant,
 that she might conceive and bear a son, Jesus the holy child of God.
 Living among us, Jesus loved us.
 He broke bread with outcasts and sinners,
 healed the sick, and proclaimed good news to the poor.
 He yearned to draw all the world to himself
 yet we were heedless of his call to walk in love.
 Then, the time came for him to complete upon the cross the sacrifice of his life,
 and to be glorified by you.
 On the night before he died for us,
 Jesus was at table with his friends.
 He took bread, gave thanks to you,
 broke it, and gave it to them, and said:
 "Take, eat:
 This is my Body, which is given for you.
 Do this for the remembrance of me."
 As supper was ending, Jesus took the cup of wine.
 Again, he gave thanks to you,
 gave it to them, and said:
 "Drink this, all of you:
 This is my Blood of the new Covenant,
 which is poured out for you and for all
 for the forgiveness of sins.
 Whenever you drink it,
 do this for the remembrance of me."

Now gathered at your table, O God of all creation,
 and remembering Christ, crucified and risen,
 who was and is and is to come,
 we offer to you our gifts of bread and wine,
 and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts
 that they may be the Body and Blood of Christ.
 Breathe your Spirit over the whole earth
 and make us your new creation,
 the Body of Christ given for the world you have made.

In the fullness of time bring us,
 with Mary, Mark and all your saints,
 from every tribe and language and people and nation,
 to feast at the banquet prepared
 from the foundation of the world.

Through Christ and with Christ and in Christ,
 in the unity of the Holy Spirit,
 to you be honor, glory, and praise, for ever and ever.



All A - MEN.

THE LORD'S PRAYER

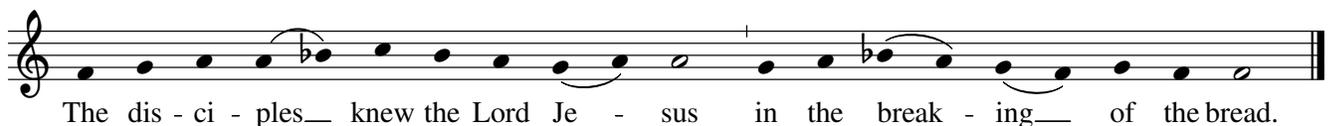
All Our Father in heaven,
 hallowed be your Name,
 your kingdom come,
 your will be done,
 on earth as in heaven.
 Give us today our daily bread.
 Forgive us our sins
 as we forgive those
 who sin against us.
 Save us from the time of trial,
 and deliver us from evil.
 For the kingdom, the power,
 and the glory are yours,
 now and for ever. Amen.

In silence, the Presider breaks the consecrated bread.

FRACTION ANTHEM *The disciples knew the Lord Jesus*

Plainsong Mode 6

A Cantor introduces the antiphon, all repeat it. The Cantor sings the verses, all repeating the antiphon as indicated.



∿ The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

∿ One body are we, alleluia, for though many we share one bread. **ANTIPHON**

INVITATION TO COMMUNION

Presider The gifts of God for the people of God.

All seeking God are welcome at Christ's Table.

The Assembly gathers around all sides of the altar platform, guided by the ushers. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider's communion station at the front left.

- ◆ *You are welcome to stand or kneel to receive communion.*
- ◆ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ◆ *Or you may leave the bread in your hand for the chalice bearer to dip in the wine and feed you.*
- ◆ *To receive a blessing instead of communion, simply cross your arms over your chest.*

ANTHEM *O sacrum convivium!*

WORDS: Corpus Christi antiphon,
attributed to Saint Thomas Aquinas (1225–1274)
MUSIC: Olivier Messiaen (1908–1992)

*O sacrum convivium! in quo Christus sumitur:
recolitur memoria passionis ejus,
mens impletur gratia,
et futuræ gloriæ nobis pignus datur.
Alleluia.*

O Sacred feast! in which Christ is received:
the memory of his passion renewed,
the mind filled with grace,
and the pledge of future glory given to us.
Alleluia.

HYMN 699 *Jesus, Lover of my soul* ◆ *The Hymnal 1982 #699*

TUNE: *Aberystwyth*



All rise as able.

SENDING OF EUCHARISTIC VISITORS

Presider One body are we.

Assembly **For, though many, we share one bread and one cup.**

Deacon Go in peace, bearing holy gifts for holy people.

PRAYER AFTER COMMUNION

Presider Eternal God,

All heavenly Father,

**you have graciously accepted us
as living members of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

BLESSING *The Presider asks God's blessing on the Assembly. All respond: Amen.*

HYMN 608 *Eternal Father, strong to save ♦ The Hymnal 1982 #608*

TUNE: *Melita*

DISMISSAL

Deacon Let us go forth in the name of Christ.

Assembly **Thanks be to God.**

VOLUNTARY *Voluntary in D minor, Op. 5, no. 8*

John Stanley (1712–1786)

PRESIDER

The Reverend Canon Nancy Ross

ASSISTING LAY MINISTER

Steven H. Jones

EUCHARISTIC MINISTERS

The Reverend Cristi Chapman,
Sonja Lund, Karen Knudson,
Lynne Markova, Amanda McPeak, The
Reverend Canon Dr. Marda Steedman
Sanborn, Tim O'Sullivan, Robert Stevens,
The Reverend Canon Patricia Taylor

ALTAR GUILD

Michael Seewer
David Wagner

PREACHER

Canon Malcolm McLaurin

VERGERS

Sharon Ferguson

ACOLYTES

Carrie Davis, Kevin Johnson,
Joe Kasper, Ray Miller,
Alexandra Thompson

READERS

Erik Donner
Marilyn Redlich

INTERCESSOR

Roberta Nestaas

DEACON

The Reverend Earl Grout

USHER CAPTAIN

Kathy Sodergren

GREETERS

Cate Callahan
Pam O'Sullivan

MUSICIANS

Saint Mark's Cathedral Choir
Michael Kleinschmidt, *Director*
John Stuntebeck &
Michael Kleinschmidt, *Organists*