



SUNDAYS & BEYOND

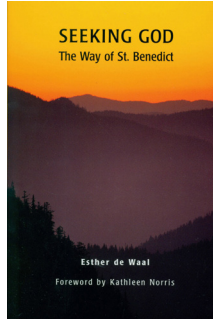
The Saint Mark's Cathedral weekly newsletter
THE SIXTH SUNDAY OF EASTER ♦ MAY 6, 2018

Forum today—*Seeking God: The Way of St. Benedict*

SUNDAYS, MAY 6, JUNE 3 & JULY 8, 10:10 A.M., BLOEDEL HALL

Before Dean Thomason left on sabbatical, he encouraged the congregation to embark upon a study of Esther De Waal's *Seeking God: The Way of St. Benedict*. Join the Rev. Canon Jennifer King Daugherty and Senior Warden Lynne Markova to discuss the ancient rhythms of Benedictine spirituality and the impact these rhythms have on our individual and communal lives today. Copies of the book are available for purchase in the Cathedral Shop. All are welcome, whether you are reading the book or not; the leaders will summarize some of the themes for discussion.

Questions? Contact Canon Jennifer, jkdaugherty@saintmarks.org, or Lynne Markova, lmarkova@comcast.net.



Choral Evensong

TODAY, 4:30 P.M., CATHEDRAL NAVE
Saint Mark's Evensong Choir will sing the Truro Service by Gabriel Jackson, a dynamic unaccompanied setting of the *Magnificat* and *Nunc dimittis*. Anglican chant by Bairstow, an introit by Peter Hallock, and Brahms's beloved motet, "Let nothing ever grieve you," round out this springtime offering. Please join us for this last Evensong in Easter-tide; regular Choral Evensong will resume in October.

Easter celebration of time and talent

During this Easter season, we celebrate your gifts of time and talent to all of Saint Mark's ministries and programs. Each week, we recognize a specific ministry area, giving thanks in our prayers and asking volunteers to stand and be recognized. April 8 – Worship and Liturgy; April 15 – Formation; April 22 – Community Life and Governance; April 29 – Justice and Reconciliation; May 6 – Music, Arts and Prayer. If you volunteer in any of these ministry areas, please stand and be recognized.

Presiding Bishop to visit Saint Mark's

Saint Mark's is pleased to welcome The Most Rev. Michael B. Curry, Presiding Bishop of the Episcopal Church, to the cathedral on Thursday, June 14 for a special service of Choral Evensong at 7 p.m. A reception will follow in the Cathedral Nave. More details to come!

Table to Table

TODAY, 10:10 A.M., *St. Nicholas Building*
Children, youth and their families are welcomed to this monthly breakfast potluck which includes a learning opportunity. This month, Saint Mark's children will share their Godly Play stories, and we'll make a "Pentecost Playlist."

Newcomers Coffee with Clergy

TODAY, After
9 & 11 a.m.
services, *Leffler*
Living Room

Every month Saint Mark's hosts a conversation with those new to Saint Mark's after both 9 and 11 a.m. services to help us get to know each other, share our stories, and introduce you to Saint Mark's and the Episcopal Church. Questions? Contact Deacon Earl, newcomers@saintmarks.org.



Liturgical Ministry gathering

TODAY, 12:30-2 P.M., CATHEDRAL NAVE, *Light lunch will be served*
After the 11 a.m. service today, Saint Mark's will host a gathering for those interested or already participating in liturgical ministries.

Youth Group

TODAY, 5:15 P.M., YOUTH ROOM
Youth Group Game Night! Come join us for some UNO, Ping-Pong, and Exploding Kittens. Please bring \$5 for pizza, and your favorite game.

CATHEDRAL PRAYER LIST

To add a name to our prayer list, contact 206.323.0300 x314 or Joniepr@msn.com. Prayer requests are listed in *Sundays & Beyond* for four weeks, and, if needed, they are listed in the monthly *Ongoing List*, which is found in the Narthex.

THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially St. Mary, Lakewood; Christ Church, Puyallup; the clergy, staff and vestry of Saint Mark's Cathedral; all the ministries of Saint Mark's.

THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkin, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES: Brian Kee

THOSE WHO HAVE DIED

James Avery, Barbara Reine, Shirley Nunn, Paul Selberg, Sr. Ruth, Sonny Pritchard, Heidi Felton, The Rev. Samuel McKinney, Mary Lou Santon, Kenneth McKutcheon, Beulah Williams, Ann Dillard, Deloy

THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Maddie Abraham	Doris Mae Sevores
Kristy Boers	Liz Shea
Laura Brown	Ahed Tamimi
Gloria Cooke	Michael Treece
Betsy Daugherty	Elaine Van Stichel
Stephen Dyrnes	Lucinda Walker
Peter Gilliland	Pieter Wyckoff
Wier Harman	The Wyckoff-Judge family
Tom Hayton	Bob
Mildred Jesse	Don
Bob Johnson	Donna
Ewan Lill	George
Andrea Mayhan	Jackie & Glynn
Janet McCully	Jan
Emily McLaren	Jimmy & Denise
Naemi Nagata	Julia M.
Mike Pucci	Moir
Randy & Ann Revelle	Kathryn
Douglas Roach & Ruby	Olivia
Blondell	Susan
Erik Segall	Will
John & Barbara Selberg	

Jonah: Setting His Story Free

SATURDAYS, MAY 5 & MAY 12, 6 P.M., BLOEDEL HALL
Local Episcopalian, therapist, and innovator Doug Wheeler brings this biblical story to life through the intersection of music, visual arts, and storytelling. Jonah's story indicates an identity crisis deeply influenced by family, God, and false self and takes the listener into fresh possibilities of true self, community justice, and love for neighbor. The series will be held for two consecutive Saturday evenings. Questions? Contact Doug Wheeler, dougwheelertherapy@gmail.com.

The Cathedral Trio

FRIDAY, MAY 11, 7:30 P.M.,
CATHEDRAL NAVE

Brian Fairbanks, flute; Joyce Ramee, viola; Naomi Kato, harp

This trio of world class musicians was formed in 2007 and have been resident artists with Saint Mark's Music Series ever since. The program will include "Zodiac Trio" by the great English Church composer William Mathias, whose service music we sing every week. Also on the program are works by Joseph Lauber, Theodore Dubois, and Johann Joachim Quantz, and an unusual-but-lyrical trio using re-tuned viola, by Christopher Guardino.



Cathedral Book Group

SUNDAY, MAY 13, 12:30 P.M. CATHEDRAL HOUSE 209
The Cathedral Book Group meets on the second Sunday of odd numbered months (May, July, Sept, etc). This month, we'll be discussing *Music of the Ghosts* by Vaddey Ratner. This semi-autobiographical novel is about a Cambodian woman who escaped the genocide of the Khmer Rouge as a child and returns with a letter signed by "the old musician." For more information, contact Pearl McElheran, pmcelheran@comcast.net.

Mutual Ministries of Racial Reconciliation and De-escalation: A Conversation

SATURDAY, MAY 19, 10 A.M., CARRIAGE HOUSE
Join members of the Racial Reconciliation Group and De-escalation of Hate Crimes & Hate Speech Ministries as we engage in conversation about the future of these valued ministries. Mutual Ministries begin by building relationships with the congregation and the community. Mutual ministries are collaborative and asset-based, which include spiritual gifts and life experiences. The conversation will be facilitated by Bob Chapman, Canon McLaurin, and Canon Daugherty. For questions please contact Bob, searnbob@aol.com or Malcolm, mmclaurin@saintmarks.org.

Remembrance installation closing reception, presented by the Visual Arts Ministry

MAY 20, 12:30 P.M., *Cathedral House, second floor hallway Remembrance*, a bronze sculptural installation by Midori Saito which spans the length of the newly-created office hallway gallery, will continue to be on display through May 20. Bronze flowers are each formed from a single sheet of metal, cut, folded and bent to create varying floral representations. At first glance, the objects seem fragile and delicate, but as one begins to consider the material of creation the flowers become objects that will not change or fade. Pulling from Japanese Buddhist funerary practices, the installation calls us to consider mourning as a life-long journey. These flowers, made from metal, will stay "fresh", and act as reminders of the enduring relationship between the living and the dead. Join us in the hallway gallery for a closing reception with the artist.

20s and 30s Dinner

SUNDAY, MAY 20, 6 P.M.

Join Saint Mark's young adults in their 20's and 30's for a casual gathering at the home of Canon Jennifer Daugherty. A great time for fellowship and meeting other young adults in the Saint Mark's community. After



dinner, some may choose to attend Compline at 9:30 p.m. Kindly RSVP by emailing Malcolm McLaurin, mmclaurin@saintmarks.org.

Alliance for Gun Responsibility annual luncheon

MONDAY, MAY 21, 12 P.M.

Come join others from Saint Mark's at the Alliance for Gun Responsibility's annual luncheon May 21 at noon at the Westin Hotel. As we mourn the lives lost to gun violence, let's gather to support progress—we're ready for more. For information please contact Stacy Andersen, andersenbicknell@gmail.com or Liz Shea, lizeshea@gmail.com, or register directly at gunresponsibility.org. Let them know you're with Saint Mark's.

Baccalaureate Sunday

SUNDAY, JUNE 10, 9 A.M., CATHEDRAL NAVE

Saint Mark's will recognize graduates of high school, college and other programs with a blessing in the 9 a.m. service on Sunday, June 10. Please help us include all our graduates by sending their name and graduation information to Canon Malcolm McLaurin, mmclaurin@saintmarks.org by Tuesday, June 5 at 5 p.m.

Education for Ministry (EfM) classes for 2018-19

Saint Mark's now has 3 EfM classes! Each are welcoming new students this fall, including those who wish to resume the program. EfM is a four-year seminary-created program for lay people to study scripture, church history, and modern theology. Led by a mentor, classes are seminar-style and connect the material with church tradition, personal experiences, individual beliefs and current events. Three different classes meet weekly September to June at Saint Mark's: Sunday 6:30-8:30 pm, Monday 10 a.m. to 12:30 p.m. or Monday 6:30 to 8:30 p.m. Each class is limited to 12 people; enrollment starts now and ends in early August or when classes are full. Tuition, including books, is \$375. Please inquire by contacting clergy or class mentors: Sunday evening: Penelope Jackson, pbjackson@mac.com. Monday morning: Maria Coldwell, mvcoldwell@hotmail.com, Monday evening: Tom Hayton, tomhayton@yahoo.com.

Illume Candles in The Cathedral Shop

Fragrant Illume candles contained in beautiful ceramic flowers make elegant and thoughtful Mother's Day gifts. Available in Coconut Mile Mango, Gardenia and Thai Lily fragrances.

Ministry Opportunity: Cathedral Office Volunteer

We have an opening for a front desk volunteer in the cathedral office on Fridays from 9 a.m.-4:30 p.m. This ministry provides the initial contact to visitors to Saint Mark's. It entails greeting visitors, answering the phone, and assisting with office projects. Interested in joining this friendly and dedicated team? Contact Irene Beausoleil at 206-323-0300 ext. 227, or ibeausoleil@saintmarks.org.

Altar flowers to commemorate a special day or individual

Flowers give beauty, hope and solace and enhance the fabric of the church. They can also be a meaningful way to celebrate or commemorate a special person in your life, or an occasion such as a birthday or anniversary. Sign up to honor or remember your special someone or date on the new Altar Flowers Calendar on the Welcome Table. You may pick a specific Sunday and donate an amount that is comfortable for you and the Flower Ministry will handle the rest! Questions? Contact the Flower Ministry at flowers@saintmarks.org.



SAINT MARK'S
EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102
206.323.0300
info@saintmarks.org
saintmarks.org

Wherever you are on
your journey of faith,
you are welcome here.

Weekday Service Times

- MONDAY-FRIDAY, 6:30 PM
Evening Prayer: McCaw or Thomsen Chapels
- MONDAYS, 7:15-9:15 PM
Centering Prayer in McCaw Chapel
- WEDNESDAYS, 12 NOON
Holy Eucharist in Thomsen Chapel
- THURSDAYS, 7 AM
Holy Eucharist in Thomsen Chapel
- THURSDAYS, 12 PM
Centering Prayer in McCaw Chapel

Cathedral Office Hours

- MONDAY-FRIDAY, 9 AM - 4:30 PM
Questions, or need to reach a member of the
Clergy or Staff? The Cathedral Office main
number is 206-323-0300.

SUNDAYS & BEYOND

Sundays & Beyond is a weekly publication of updates, events and activities happening on campus, and the Cathedral prayer list. It is available by electronic subscription, on Saint Mark's website, and in print in the nave. To submit announcements for these publications, visit saintmarks.org/announce. Requests are due by Monday at 5 p.m. for publication on the following Sunday. Announcements may be edited for space and content.

Sunday, May 6 ♦ The Sixth Sunday of Easter

- HOLY EUCHARIST, 8 A.M. *Thomsen Chapel*
Preacher: The Rev. Canon Nancy Ross, Associate to the Rector
- HOLY EUCHARIST, 9 A.M. *Cathedral Nave*
Preacher: The Rev. Canon Nancy Ross, Associate to the Rector
- TABLE TO TABLE, 10:10 A.M. *St. Nicholas Building*
This monthly breakfast potluck welcomes children and their families for fellowship and a learning opportunity. More on page 1.
- SUNDAY FORUM, 10:10 A.M. *Bloedel Hall*
Seeking God: The Way of St. Benedict. More on page 1.
- HOLY EUCHARIST, 11 A.M. *Cathedral Nave*
The Rev. Canon Nancy Ross, Associate to the Rector
- NEWCOMERS COFFEE, AFTER 9 & 11 A.M. SERVICES *Leffler Living Room*
Monthly coffee welcoming those new to Saint Mark's. More on page 1.
- CHORAL EVENSONG, 4:30 P.M. *Cathedral Nave*
Psalms, hymns, prayers and canticles offered as a sacrifice of praise and thanksgiving for the day.
- YOUTH GROUP, 5:15 P.M. *Youth Room*
Fellowship and fun for youth grades 6-12. More on page 1.
- CATHEDRAL YOGA, 6 P.M. *Cathedral Nave*
A spiritual practice open to all.
- CONTEMPLATIVE EUCHARIST & HEALING PRAYER, 7 P.M., *Thomsen Chapel*
With times of silence for reflection, simple meditative music and lots of candlelight.
- COMPLINE, 9:30 P.M. *Cathedral Nave*
Compline is the service of ancient nighttime prayers, sung by the Compline Choir. A Seattle tradition, broadcast live on KING 98.1 FM.

CATHEDRAL STAFF AND LEADERSHIP

- Adam Conley, *Seattle Service Corps Director* aconley@saintmarks.org
- Barbara Martin, *Childcare Center Director* childcare@saintmarks.org
- Cam Jarvis, *Music Series Coordinator* cjarvis@saintmarks.org
- Chris Koepfel, *Sexton* ckoepfel@saintmarks.org
- Christopher McPeak, *Worship Coordinator* cmcpeak@saintmarks.org
- Cristi Chapman, *Curate* cchapman@saintmarks.org
- Earl Grout, *Deacon* egrout@saintmarks.org
- Erik Donner, *Executive Assistant & Membership Support*. edonner@saintmarks.org
- Gaye Scott, *Cathedral Shop Manager* gscott@saintmarks.org
- Glenn Sands, *Facilities Manager* gsands@saintmarks.org
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- Ian Ford, *Sexton* ian@saintmarks.org
- Irene Beausoleil, *Events & Office Coordinator* ibeausoleil@saintmarks.org
- Jason Anderson, *Compline Choir Director* director@complinechoir.org
- Jennifer King Daugherty, *Associate to the Rector* jkdaugherty@saintmarks.org
- John Stuntebeck, *Associate Organist*. john_stuntebeck@hotmail.com

- Karen Komoto, *Finance Manager*. kkomoto@saintmarks.org
- Kelly Moody, *Director of Children's and Family Ministries* kmoody@saintmarks.org
- Liz Bartenstein, *Communications Director* lbartenstein@saintmarks.org
- Malcolm McLaurin, *Canon for Youth & Young Adult Min.* mmclaurin@saintmarks.org
- Michael Kleinschmidt, *Canon Musician* mkleinschmidt@saintmarks.org
- Nancy Ross, *Associate to the Rector* nross@saintmarks.org
- Paige Foreman, *Seattle Service Corps Intern* pforeman@saintmarks.org
- Rebekah Gilmore, *Associate Musician & Choir School Director* rgilmore@saintmarks.org
- Steve Thomason, *Dean and Rector* sthomason@saintmarks.org

2018-2019 VESTRY

Dean and Rector: The Very Rev. Steven L. Thomason; *Senior Warden:* Lynne Markova; *Junior Wardens:* Cara Peterson and Bob Chapman; Vinh Do, Ralph Ermoian, Amanda Davis, Andrew Himes, Jim Buskirk, Neshia Alaovae, Rosemarie LeMoine, Julia Logan, Michael Perera. *Diocesan members:* Greg Walrath, Mary Maxon. *Chancellor:* John Hoerster; *Treasurer:* Phil Lloyd; *Clerk:* Jenny Donner; *Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn.