



# SUNDAYS & BEYOND

*The Saint Mark's Cathedral weekly newsletter*

THE FIFTH SUNDAY IN LENT ♦ MARCH 18, 2018

## Special Forum today: Dean Thomason's Sabbatical Plans

TODAY, 10:10 A.M., BLOEDEL HALL

Join Dean Thomason as he describes some of the plans he has for his sabbatical, which begins April 2, and includes planned travels to Spain and the Greek Islands. All are welcome.

## Easter Memorials and Thanksgivings

Help underwrite the beautiful flowers and music of the season by making a special contribution in honor or memory of someone. Make your gift online at [saintmarks.org](http://saintmarks.org) (click "Give" in the upper right corner), or fill out the form inserted in your bulletin today and write a check payable to Saint Mark's Cathedral and note "Easter Memorials/Thanksgivings." Drop the form and check in the offering plate or return by USPS to: Attn: Easter Memorials, Saint Mark's, 1245 10th Ave E, Seattle, WA 98102. Contributions received by March 25 will be acknowledged in the bulletins for Easter.

## March for Our Lives Rally and March

SATURDAY, MARCH 24, 10 A.M.

Saint Mark's will join the student-led activist group March For Our Lives in this family-friendly protest of the lack of legislative action taken against gun violence in the United States. Saint Mark's Vestry endorsed safe gun legislation in 2013, and we work collaboratively with other groups in the cause. On this day, marches led by students will occur in several cities across the nation, and we want to be supportive of them here in Seattle. We will gather at 9:50 a.m. at the northwest end of the park near the Cal Anderson mural to organize (light rail and bus stop is close by). All are welcome and encouraged to join this event. Questions? Contact Dean Thomason, [sthomason@saintmarks.org](mailto:sthomason@saintmarks.org).

## Messiaen's *Quartet for the End of Time*

PALM SUNDAY, MARCH 25, 2 P.M., CATHEDRAL NAVE

Composed in 1941 while captive in a Nazi prisoner of war camp, Olivier Messiaen's sublime *Quartet for the End of Time* is considered to be one of the great masterpieces of the 20th century and a deeply spiritual work contemplating faith, time, and love. Featuring Luke Fitzpatrick, violin; Rose Bellini, cello; James Falzone, clarinet; Jesse Myers, piano. Advance passes are \$20 adults/\$15 students, online at [saintmarks.org/music](http://saintmarks.org/music) or at the door.

## Holy Week and Easter at Saint Mark's

Next Sunday we will step into Holy Week, beginning with the liturgy of Palm Sunday. The liturgy begins with a raucous, exuberant procession on the front lawn (weather permitting.) Saint Mark's is pleased to welcome The Super-Krewe, a Dixieland band who will join the procession at both the 9 and 11 a.m. services. All are invited to bring trumpets, tambourines, and any kind of percussion instruments and noisemakers that you have. There will be no Children's Chapel on Palm Sunday—children are invited to remain with their parents, and childcare for young children is provided. To view the schedule of services throughout Holy Week and into Easter, pick up a Holy Week card in the back of the Nave, or visit [saintmarks.org/holyweek](http://saintmarks.org/holyweek).

## The Cathedral Shop

Beautiful summer wraps and tops have arrived in The Cathedral Shop just in time for Spring. Beautiful colors!

## 20s and 30s Gathering for Input into Future Programming

TODAY, 12:30 PM IN CATHEDRAL HOUSE 210

All young adults in their 20's and 30's are invited to gather to discuss their dreams for future social, spiritual, and service (and other!) offerings at Saint Mark's. As Canon McLaurin transitions to seminary this summer, new leadership and resources will be raised up for young adults. It's already a strong and vibrant group—come shape the future! Any questions, please contact Dean Thomason, [sthomason@saintmarks.org](mailto:sthomason@saintmarks.org) or Canon Daugherty, [jkdaugherty@saintmarks.org](mailto:jkdaugherty@saintmarks.org).



## CATHEDRAL PRAYER LIST

To add a name to our prayer list, contact 206.323.0300 x314 or [Joniepr@msn.com](mailto:Joniepr@msn.com). Prayer requests are listed in *Sundays & Beyond* for four weeks, and, if needed, they are listed in the monthly *Ongoing List*, which is found in the Narthex.

### THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially St. Thomas, Medina; Emmanuel, Mercer Island; Holy Cross, Redmond; the clergy, staff and vestry of Saint Mark's Cathedral; all the ministries of Saint Mark's.

### THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkin, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines.

### ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES: Brian Kee

### THOSE WHO HAVE DIED

Charles Gilmore, Leonardo Villas, William Friedman, Robin Kerry Galvin, Billy E. Vaughn, Frances Taylor, Nancy

### THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Clara Baker	Frances Tyler
Laura Brown	Erin Sainsbury
Cate Callahan	Elaine Van Stichel
KK Gardiner	Tim Watterson
Caleigh Sarah Haber	Pieter Wyckoff
Peggy Halferty	The Wyckoff-Judge family
Wier Harman	Bob
Tom Hayton	Davies & Rachel
Bob Johnson	Don
Emily McLaren	Donna
Ginger Minugh	Ellie
Sonny Pritchard	Jimmy & Denise
Mike Pucci	Julia M.
Douglas Roach & Ruby	Leela & Baby
Blondell	Moir
Erik Segall	Nancy & Dick
Doris Mae Sevores	Kathryn
Christie Smith	Olivia
Ahed Tamimi	Will
Bryan Turner	

## Noel House Volunteer Potluck Lunch

TODAY, 12:30 P.M., LEFFLER LIVING ROOM

This event is open to all current, past, and future volunteers and friends of Noel House. Men are enthusiastically included in this invitation. This is a chance for you to meet other volunteers and, if you're new to Saint Mark's, a chance to learn more about the women's shelter. Saint Mark's has hosted the shelter for over 19 years. We will receive updates from Noel House staff on the City's proposed defunding of services that are critical to homeless women. Please bring a dish of your choice: appetizer, hot dish, salad, bread or sweets. Beverages, plates, napkins and utensils will be supplied.

## Wisdom Eucharist

WEDNESDAY, MARCH 21, 7:30 P.M.

*Culmination of Wisdom Literature in the Bible series, facilitated by The Rev. Nancy Ross*

Celebrate together the liturgy of Holy Wisdom in an intimate Wisdom Eucharist, focused on readings and prayers from the Wisdom literature. Wisdom at



creation, Wisdom in salvation history, Wisdom as intimacy with God in the Word as Logos and the Word made flesh and sacrament.

## Enneagram Small Discussion Groups

SATURDAY, MARCH 17 11 A.M. & MARCH 19, 7 P.M., LEFFLER LIVING ROOM

The Enneagram is a resource that lends itself to personal spiritual growth and understanding. As an outgrowth of the Enneagram workshops offered by the Wisdom School, we are forming two Enneagram Small Discussion Groups. Their focus is to lend mutual support, encouragement, and listening for those who want to integrate it into their spiritual development and lives. While each group will have an identified facilitator, each journeyer will be both equal participant and resource for fellow journeyers. If you have an interest, fundamental understanding of the Enneagram, and know your type, please join us. Our first two gatherings will be on March 17 at 11 a.m. and March 19 at 7 p.m. If you are interested, please contact either Robert Stevens, [rstevens@bblaw.com](mailto:rstevens@bblaw.com) or Roz Burroughs, [rozbgghs@gmail.com](mailto:rozbgghs@gmail.com).

## Listening for the Holy Spirit

SATURDAY, MAR. 24, 9:30 A.M., CATHEDRAL HOUSE 209

This holy listening group is saturated with silences and reflection on one's sharing and holding space for the compassionate stream of God's love. All are welcome. Meet in the Nave by the NW corner to gain access to the meeting room. If arriving late, or for more information, contact Phillip Lienau at [silbern@icloud.com](mailto:silbern@icloud.com) or 206.612.1136.

## 20s and 30s Brunch

SUNDAY, MARCH 25, 12:45 P.M.

Young adults in their 20s and 30s are invited to our monthly brunch. Meet at the cathedral after the 11 a.m. service, or at The Deluxe on Broadway at 12:45 p.m. See you there!

## Biased Hate/Crime Speech De-escalation Book Club

SATURDAY, APRIL 14, 12-2 PM, LEFFLER LIVING ROOM

Join us as Bob Chapman facilitates a book club discussion on *Radical Dharma: Talking Race, Love and Liberation*. Igniting a long-overdue dialogue, the authors ask how teachings that transcend color, class, and caste are hindered by discrimination and the dynamics of power, shame, and ignorance. In a society where profit rules and people's value is determined by the color of their skin, *Radical Dharma* recasts the concepts of engaged spirituality, social transformation, inclusiveness, and healing. Refreshments will be served. Questions? Contact Amanda Clark, [amanda\\_bleu@hotmail.com](mailto:amanda_bleu@hotmail.com).

## Creating a Culture of Peace: Active Non-Violence Workshop

SATURDAY, APRIL 21, 9 A.M., BLOEDEL HALL

In these divisive times, it can be difficult to live out our Baptismal promises, yet Jesus has shown us nonviolent ways of living in community. This workshop introduces nonviolent practices through group exercises, stories, reflection and discussion. It provides strategies to engage others respectfully and constructively. Participants will feel more creative and empowered to respond without violence and improve skills for respectful engagement, instead of confrontation that polarizes and demonizes. Janet Chisholm, longtime nonviolence trainer and Episcopalian activist, will lead the workshop. Participants are encouraged to bring a brown bag lunch, snacks and drinks provided. Registration is free, limited to 30 people. Register at [saintmarks.org/nonviolence](http://saintmarks.org/nonviolence). Questions? Contact Bob Chapman at [searnbob@aol.com](mailto:searnbob@aol.com).

## Seafarers Still Love National Geographics

Last year Saint Mark's parishioners generously donated over 200 old National Geographics to the Mission to Seafarers. Over the past year, ship visitors have taken many dozens for seafarers to enjoy during their time at sea. They really love them, so we are running low. If you still have any NG's lying around, please bring them to church, put them on the Welcome Table or contact Deacon Earl Grout for help unloading or for pick up at home, [egrout@saintmarks.org](mailto:egrout@saintmarks.org). Many thanks from the seafarers and those who serve them.

## Mideast Focus Ministry Film Series

FRIDAYS, MARCH 9 - APRIL 27, 7 P.M., BLOEDEL HALL

"Pushing for Change!" is the theme of the fifth annual film series. We will experience how people push, and have pushed, for change. We will consider the consequences of

the actions they, and we, use to push for change—and come to understand better what is going on in Palestine/Israel, and our part in it. To check out the series schedule, pick up a brochure in the Narthex or visit [saintmarks.org/filmseries](http://saintmarks.org/filmseries).

## Cathedral Book Group

SUNDAY, MAY 13, 12:30 PM

The Cathedral Book Group meets on the second Sunday of odd numbered months (May, July, Sept, etc). At each meeting we select a book for the following month. We will be discussing *Music of the Ghosts* by Vaddey Ratner, one the of NYTimes 100 best books of 2017 and a PEN/Hemingway finalist. This is a semi-autobiographical novel about a Cambodian woman who escaped the genocide of the Khmer Rouge as a child and returns with a letter signed by "the old musician." For more information about the book group contact Pearl McElheran at [pmcelheran@comcast.net](mailto:pmcelheran@comcast.net).

## Alliance for Gun Responsibility annual luncheon

MONDAY, MAY 21, 12 P.M.

Come join others from Saint Mark's at the Alliance for Gun Responsibility's annual luncheon May 21 at noon at the Westin Hotel. As we mourn the lives lost to gun violence, let's gather to support progress—we're ready for more. For information please contact Stacy Andersen, [andersenbicknell@gmail.com](mailto:andersenbicknell@gmail.com) or Liz Shea, [lizeshea@gmail.com](mailto:lizeshea@gmail.com), or register directly at [secure.gunresponsibility.org/agr-luncheon](http://secure.gunresponsibility.org/agr-luncheon). Let them know you're with the group from Saint Mark's.

## College for Congregational Development summer registration now open!

JUNE 10-16, 2018, *Dumas Bay Conference Center*;

*Registration fee: \$850 (scholarships available)*

At the College for Congregational Development, clergy and lay leaders from parishes around the diocese come together to learn tools and strategies that help our spiritual communities be faithful, healthy, and vibrant. We gather to learn, connect, and return home with new energy and skills to effectively engage opportunities and challenges in our parishes. It's work—and it's fun!—and it's wonderful networking. (Presiding Bishop Michael Curry is going to spend a day participating in June!) Parishes send teams, who gain great benefit from working together. Saint Mark's is gathering a cohort for the week-long session in June 2018 and 2019 (it's a two-year commitment). Interested? Find more information at [cdcollege.org](http://cdcollege.org). The Rev. Canon Nancy Ross, [nross@saintmarks.org](mailto:nross@saintmarks.org) and The Rev. Cristi Chapman, [cchapman@saintmarks.org](mailto:cchapman@saintmarks.org) are glad to answer questions.



SAINT MARK'S  
EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102  
206.323.0300  
info@saintmarks.org  
saintmarks.org

Wherever you are on  
your journey of faith,  
you are welcome here.

**Weekday Service Times**

- MONDAY-FRIDAY, 6:30 PM  
Evening Prayer: McCaw or Thomsen Chapels
- MONDAYS, 7:15-9:15 PM  
Centering Prayer in McCaw Chapel
- WEDNESDAYS, 12 NOON  
Holy Eucharist in Thomsen Chapel
- THURSDAYS, 7 AM  
Holy Eucharist in Thomsen Chapel
- THURSDAYS, 12 PM  
Centering Prayer in McCaw Chapel

**Cathedral Office Hours**

MONDAY-FRIDAY, 9 AM - 4:30 PM  
Questions, or need to reach a member of the  
Clergy or Staff? The Cathedral Office main  
number is 206-323-0300.

**SUNDAYS & BEYOND**

*Sundays & Beyond* is a weekly publication of  
updates, events and activities happening on  
campus, and the Cathedral prayer list. It is available  
by electronic subscription, on Saint Mark's website,  
and in print in the nave. To submit announcements  
for these publications, visit  
[saintmarks.org/announce](http://saintmarks.org/announce). Requests are due by  
Monday at 5 p.m. for publication on the following  
Sunday. Announcements may be edited for space  
and content.

*Sunday, March 18 ♦ The Fifth Sunday in Lent*

- HOLY EUCHARIST, 8 A.M. *Thomsen Chapel*  
Preacher: The Rev. Canon Jennifer King Daugherty, Associate to the Rector
- HOLY EUCHARIST, 9 A.M. *Cathedral Nave*  
Preacher: The Rev. Canon Jennifer King Daugherty, Associate to the Rector
- SUNDAY SCHOOL, 10:10 A.M. *Various locations*  
Offerings for children and youth, preschool through high school. Children  
are invited to meet in the St. Nicholas Building, and youth in the Youth  
Room in the basement of the Cathedral. Ask a greeter or inquire at the  
Welcome Table for directions.
- SUNDAY FORUM, 10:10 A.M. *Bloedel Hall*  
Dean Thomason's sabbatical plans. More on page 1.
- HOLY EUCHARIST, 11 A.M. *Cathedral Nave*  
Preacher: The Rev. Canon Jennifer King Daugherty, Associate to the Rector
- CATHEDRAL YOGA, 6 P.M. *Cathedral Nave*  
A spiritual practice open to all.
- CONTEMPLATIVE EUCHARIST & HEALING PRAYER, 7 P.M., *Thomsen Chapel*  
With times of silence for reflection, simple meditative music and lots of  
candlelight.
- COMPLINE, 9:30 P.M. *Cathedral Nave*  
Compline is the service of ancient nighttime prayers, sung by the Com-  
pline Choir. A Seattle tradition, broadcast live on KING 98.1 FM.

**Newcomers and Inquirers Brunch**

SUNDAY, APRIL 8, 12:30 P.M. *Diocesan House*  
If you are new to Saint Mark's over the last several months, attended one of  
the Newcomer Coffee Hours, or you recently attended the Inquirer's Class, we  
invite you to join us for Sunday Brunch! Come enjoy good food and fellow-  
ship, as well as get to know the Saint Mark's clergy, staff and other members.  
We will gather after the 11 a.m. service, around 12:30 p.m., and stroll to Dioc-  
esan House, just one block north of the cathedral. We hope you can join us for  
a pleasant meal and an opportunity to ask questions, share reflections, and find  
out more about this congregation and faith experiences.

**CATHEDRAL STAFF AND LEADERSHIP**

- Barbara Martin, *Childcare Center Director* . . . . . [childcare@saintmarks.org](mailto:childcare@saintmarks.org)
- Cam Jarvis, *Music Series Coordinator* . . . . . [cjarvis@saintmarks.org](mailto:cjarvis@saintmarks.org)
- Christopher McPeak, *Worship Coordinator* . . . . . [cmcpeak@saintmarks.org](mailto:cmcpeak@saintmarks.org)
- Craig Ackermann, *Sexton* . . . . . [crackermann@gmail.com](mailto:crackermann@gmail.com)
- Cristi Chapman, *Curate* . . . . . [cchapman@saintmarks.org](mailto:cchapman@saintmarks.org)
- Earl Grout, *Deacon* . . . . . [egrout@saintmarks.org](mailto:egrout@saintmarks.org)
- Erik Donner, *Executive Assistant & Membership Support*. . . . . [edonner@saintmarks.org](mailto:edonner@saintmarks.org)
- Gaye Scott, *Cathedral Shop Manager* . . . . . [gscott@saintmarks.org](mailto:gscott@saintmarks.org)
- Glenn Sands, *Facilities Manager* . . . . . [gsands@saintmarks.org](mailto:gsands@saintmarks.org)
- Gregory Bloch, *Shop Associate & Liturgical Assistant* . . . . . [gbloch@saintmarks.org](mailto:gbloch@saintmarks.org)
- Ian Ford, *Sexton* . . . . . [ian@saintmarks.org](mailto:ian@saintmarks.org)
- Irene Beausoleil, *Events & Office Coordinator* . . . . . [ibeausoleil@saintmarks.org](mailto:ibeausoleil@saintmarks.org)
- Jason Anderson, *Compline Choir Director* . . . . . [director@complinechoir.org](mailto:director@complinechoir.org)
- Jennifer King Daugherty, *Cathedral Canon* . . . . . [jkdaugherty@saintmarks.org](mailto:jkdaugherty@saintmarks.org)
- John Stuntebeck, *Associate Organist*. . . . . [john\\_stuntebeck@hotmail.com](mailto:john_stuntebeck@hotmail.com)
- Karen Komoto, *Finance Manager*. . . . . [kkomoto@saintmarks.org](mailto:kkomoto@saintmarks.org)

- Kelly Moody, *Director of Children's and Family Ministries* . . . . . [kmoody@saintmarks.org](mailto:kmoody@saintmarks.org)
- Liz Bartenstein, *Communications Director* . . . . . [lbartenstein@saintmarks.org](mailto:lbartenstein@saintmarks.org)
- Malcolm McLaurin, *Canon for Youth & Young Adult Min.* . . . . . [mmclaurin@saintmarks.org](mailto:mmclaurin@saintmarks.org)
- Michael Kleinschmidt, *Canon Musician* . . . . . [mkleinschmidt@saintmarks.org](mailto:mkleinschmidt@saintmarks.org)
- Nancy Ross, *Cathedral Canon* . . . . . [nross@saintmarks.org](mailto:nross@saintmarks.org)
- Paige Foreman, *Seattle Service Corps Intern* . . . . . [pforeman@saintmarks.org](mailto:pforeman@saintmarks.org)
- Rebekah Gilmore, *Associate Musician & Choir School Director* . . . . . [rgilmore@saintmarks.org](mailto:rgilmore@saintmarks.org)
- Steve Thomason, *Dean and Rector* . . . . . [sthomason@saintmarks.org](mailto:sthomason@saintmarks.org)

**2018-2019 VESTRY**

*Dean and Rector:* The Very Rev. Steven L. Thomason; *Senior Warden:* Lynne  
Markova; *Junior Wardens:* Cara Peterson and Bob Chapman, Vinh Do, Ralph  
Ermoian, Amanda Davis, Andrew Himes, Jim Buskirk, Neshia Alaovae, Rosemarie  
LeMoine, Julia Logan, Michael Perera. *Diocesan members:* Greg Walrath, Mary  
Maxon. *Chancellor:* John Hoerster; *Treasurer:* Phil Lloyd; Clerk: Jenny Donner;  
*Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn.