



SUNDAYS & BEYOND

The Saint Mark's Cathedral weekly newsletter
THE FOURTH SUNDAY IN LENT ♦ MARCH 11, 2018

"Laetare" - A Collaborative Liturgy sung by the Compline Choir

TODAY, 6 P.M., CATHEDRAL NAVE

The Compline Choir offers this liturgical response corresponding to the themes in Josh Faught's work *Sanctuary* on display in the Cathedral. The texts have been chosen by the members of the Compline Choir, with music by members & director of the choir, Peter Hallock, Erin Aas, and Belinda Carlisle. The Compline Choir will perform the readings and music from different points in the cathedral (like Stations of the Cross) to create perspective in the interpretation of the visual, written, and musical responses, creating a "musical sanctuary." Josh Faught will be in attendance at the event and will share his thoughts as well.



Reception and Dedication of the Compline Window

TODAY, 8 PM. CATHEDRAL NAVE

Join us for a special evening of celebration as we dedicate "The Compline Window given to the Glory of God in memory of Dr. Peter R. Hallock" on Laetare Sunday, March 11. A reception honoring the donors including light hors d'oeuvres and beverages will be served at 8 p.m., to be followed by the office of Compline at 9:30 p.m. We are very proud to be joined by Bishop Greg Rickel, Dean Thomason, and Canon Musician Michael Kleinschmidt in the stalls helping us to celebrate the office.



Special Forum: Dean Thomason's Sabbatical Plans

SUNDAY MARCH 18, 10:10 A.M., BLOEDEL HALL

Join Dean Thomason as he describes some of the plans he has for his sabbatical, which begins April 2, and includes planned travels to Spain and the Greek Islands. All are welcome.

20s and 30s Gathering for Input into Future Programming

SUNDAY, MAR. 18, 12:30 PM IN CATHEDRAL HOUSE 210

All young adults in their 20's and 30's are invited to gather to discuss their dreams for future social, spiritual, and service (and other!) offerings at Saint Mark's. As Canon McLaurin transitions to seminary this summer, new leadership and resources will be raised up for young adults. It's already a strong and vibrant group – come shape the future! Any questions, please contact Dean Thomason, sthomason@saintmarks.org or Canon Daugherty, jkdaugherty@saintmarks.org.

Hunger Offering Sunday

SUNDAY, MARCH 11, AFTER MORNING SERVICES

Today is Hunger Offering Sunday at Saint Mark's. Over a decade of generous giving, our community has donated almost \$105,000 to our six partner food banks in the Seattle area. The money helps provide food and basic living supplies to the many people struggling with food insecurity and economic inequalities in the city. Come by our table in the back of the nave to find out more about the work we do, and how you can be a part of it.

Cathedral Book Group

TODAY, 12:30 P.M., *Cathedral House* 209

The Cathedral Book Group to discuss the book *Just Mercy* by Bryan Stevenson. This is a powerful true story about the potential for mercy to redeem us, and a clarion call to fix our broken system of justice—from one of the most brilliant and influential lawyers of our time. For more information and to get on the email list, contact Karen Knudson at knudsonkn@hotmail.com.

Celtic Crosses in the Cathedral Shop

Beautiful silver Celtic crosses are now available in The Cathedral Shop. Necklaces and earrings are sterling silver and designed in London. The distinctive design of the Celtic Cross has been used for centuries to symbolize spirituality and eternal life.

CATHEDRAL PRAYER LIST

To add a name to our prayer list, contact 206.323.0300 x314 or Joniepr@msn.com. Prayer requests are listed in *Sundays & Beyond* for four weeks, and, if needed, they are listed in the monthly *Ongoing List*, which is found in the Narthex.

THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially St. Margaret, Bellevue; St. Michael and All Angels, Issaquah; St. John, Kirkland; the clergy, staff and vestry of Saint Mark's Cathedral; all the ministries of Saint Mark's.

THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkin, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES: Brian Kee

THOSE WHO HAVE DIED

Frances Taylor, Nancy, Sylvia Palmer, Toby Faber, Shirley Hofstrand, Brendon, Ann Lane Green

THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Chester Aaron	Erik Segall
Tammy Abbey	Chanie Sandford
Laura Brown	Steve Thomason
Cate Callahan	Bryan Turner
Laura Eberly	Frances Tyler
Tom & Laura Faber	Erin Sainsbury
KK Gardiner	Elaine Van Stichel
Caleigh Sarah Haber	Tim Watterson
Peggy Halferty	Charlotte Worrell
Wier Harman	Bob
Don Lewis	Caroline, Terry, & Chris
Eunice Logan	Davies & Rachel
Janet McCully	Ellie
Marie Mundie	Leela & Baby
Sonny Pritchard	Moira
Mike Pucci	Nancy & Dick
Cheryl Roberts	Olivia

Saint Mark's seeks Cathedral Sexton

The Sexton supports the Cathedral Facilities & Events Manager in ensuring the campus of Saint Mark's Episcopal Cathedral reflects our mission of being a house of prayer for all people and a sacred gathering place for worship. We strive to maintain a clean, hospitable and safe environment in service to that mission. The position is 30 hours/week and receives full-time benefits. Please send letter of interest and resume to: gsands@saintmarks.org. Full job description at saintmarks.org/employment.

Easter Memorials and Thanksgivings

Help underwrite the beautiful flowers and music of the season by making a special contribution in honor or memory of someone. Make your gift online at saintmarks.org (click "Give" in the upper right corner), or fill out the form inserted in your bulletin today and write a check payable to Saint Mark's Cathedral and note "Easter Memorials/Thanksgivings." Drop the form and check in the offering plate or return by USPS to: Attn: Easter Memorials, Saint Mark's, 1245 10th Ave E, Seattle, WA 98102. Contributions received by March 25 will be acknowledged in the bulletins for Easter.

Inquirer's and Confirmation Class

SUNDAYS, FEBRUARY 25 - MARCH 18, 12:30-2 P.M., BLOEDEL HALL (*Light lunch included. Childcare provided.*) All are welcome to these classes, which cover the basics of the Christian faith through the Episcopal/Anglican lens. Following these classes, many decide they want to become an Episcopalian through confirmation or reception into the church. Some who attend are experiencing a revival of the soul and may desire to reaffirm their baptismal vows. Interested? Contact The Rev. Cristi Chapman, cchapman@saintmarks.org.

Wisdom Remixed: Reclaiming the Spiritual Truth of Wisdom Teachings in the Bible

WEDNESDAYS, FEB. 28-MARCH 21, 2018, 6:45-8:15 P.M. *Class is free. Optional dinner served 6-6:30 p.m.*

2/28: *Wisdom Overview—Canon Daugherty*; 3/7: *The Book of Job—Dean Thomason*; 3/14: *Song of Songs—Canon Ross*; 3/21: *Celebration of a Wisdom Eucharist*

We read these ancient texts, trusting that they contain deep wisdom about God, about life, and the world in which we live. But how we read them is important if we are to glean the truth and wisdom they offer. From love poems to allegories to pithy proverbs, join us as we explore these exquisite yet challenging texts.



Film Premiere: 1948: Creation and Catastrophe

FRIDAY, MAR. 16, 2018, 7 P.M., BLOEDEL HALL Saint Mark's Mideast Focus Ministry is proud to offer the first screening of *1948: Creation and Catastrophe* in Washington State. Don't miss the opportunity to see this important film—an illuminating and stirring look at a pivotal year in our history. The director will be with us to host the screening on Friday, March 16 in Bloedel Hall at 7 p.m. The film series begins March 9! Series Brochures are available in the Narthex and Cathedral Nave.

Enneagram Small Discussion Groups

SATURDAY, MARCH 17 11 A.M. & MARCH 19, 7 P.M.,
LEFFLER LIVING ROOM

The Enneagram is a resource that lends itself to personal spiritual growth and understanding. As an outgrowth of the Enneagram workshops offered by the Wisdom School, we are forming two Enneagram Small Discussion Groups. Their focus is to lend mutual support, encouragement, and listening for those who want to integrate it into their spiritual development and lives. While each group will have an identified facilitator, each journeyer will be both equal participant and resource for fellow journeyers. If you have an interest, fundamental understanding of the Enneagram, and know your type, please join us. Our first two gatherings will be on March 17 at 11 am and March 19 at 7 p.m. If you are interested, please contact either Robert Stevens, rstevens@bblaw.com or Roz Burroughs, rozbgghs@gmail.com.

Physician-Aided Dying: A Pastoral Conversation

MARCH 17, 10 A.M. - 2 P.M., \$20 Registration, Bloedel Hall
Physician-aided dying presents a special challenge for clergy when patients who are considering it ask for pastoral advice. With the baby boomers coming into their older years, such requests are likely to become more frequent. To prepare clergy and chaplains, the Diocesan Task Force on Medical Ethics offers a half-day workshop on aided dying. The conference will feature background material on the state's Death With Dignity Act and case studies presented by those who have counseled patients on their options. Register at ecww.org.

Noel House Volunteer Potluck Lunch

SUNDAY, MAR. 18, 12:30 P.M., LEFFLER LIVING ROOM
This event is open to all current, past, and future volunteers and friends of Noel House. Men are enthusiastically included in this invitation. This is a chance for you to meet other volunteers and, if you're new to Saint Mark's, a chance to learn more about the women's shelter. Saint Mark's has hosted the shelter for over 19 years. We will receive updates from Noel House staff on the City's proposed defunding of services that are critical to homeless women. Please bring a dish of your choice: appetizer, hot dish, salad, bread or sweets. Beverages, plates, napkins and utensils will be supplied.

March for Our Lives Rally and March

SATURDAY, MARCH 24, 10 A.M.
Saint Mark's will join the student-led activist group March For Our Lives in this family-friendly protest of the lack of legislative action taken against gun violence in the United States. Saint Mark's Vestry endorsed safe gun legislation in 2013, and we work collaboratively with other groups in the cause. On this day, marches led by students will occur in several cities across the nation, and we want to be supportive of them here in Seattle. We will gather at 9:50am at the northwest end of the park near the Cal Anderson

mural to organize (light rail and bus stop is close by). All are welcome and encouraged to join this event.

Listening for the Holy Spirit

SATURDAY, MARCH 17, 9:30 AM, Cathedral House 209
This holy listening group is saturated with silences and reflection on one's sharing and holding space for the compassionate stream of God's love. All are welcome. Meet in the Nave by the NW corner to gain access to the meeting room. If arriving late, or for more information, contact Phillip Lienau at silbern@icloud.com or at 206.612.1136.

Messiaen's Quartet for the End of Time

PALM SUNDAY, MARCH 25, 2 P.M., CATHEDRAL NAVE
Composed in 1941 while captive in a Nazi prisoner of war camp, Olivier Messiaen's sublime Quartet for the End of Time is considered to be one of the great masterpieces of the 20th century and a deeply spiritual work contemplating faith, time, and love. Featuring Luke Fitzpatrick, violin; Rose Bellini, cello; James Falzone, clarinet; Jesse Myers, piano. Advance passes are \$20 adults/\$15 students, online at saintmarks.org/music or at the door.

Biased Hate/Crime Speech De-escalation Book Club

SATURDAY, APRIL 14, 12-2 PM, LEFFLER LIVING ROOM
Join us as Bob Chapman facilitates a book club discussion on *Radical Dharma: Talking Race, Love and Liberation*. Igniting a long-overdue dialogue, the authors ask how teachings that transcend color, class, and caste are hindered by discrimination and the dynamics of power, shame, and ignorance. In a society where profit rules and people's value is determined by the color of their skin, *Radical Dharma* recasts the concepts of engaged spirituality, social transformation, inclusiveness, and healing. Refreshments will be served. Questions? Contact Amanda Clark, amanda_bleu@hotmail.com.

Creating a Culture of Peace: Active NonViolence Workshop

SATURDAY, APRIL 21, 9 A.M., BLOEDEL HALL
In these divisive times, it can be difficult to live out our Baptismal promises, yet Jesus has shown us nonviolent ways of living in community. This workshop introduces nonviolent practices through group exercises, stories, reflection and discussion. It provides strategies to engage others respectfully and constructively. Group leaders, teens, and anyone dealing with conflict or controversy in the family, school, work, or organizations, will feel more creative and empowered to respond without violence and improve skills for respectful engagement, instead of confrontation that polarizes and demonizes. Janet Chisholm, longtime nonviolence trainer and Episcopalian activist, will lead the workshop. Participants are encouraged to bring a brown bag lunch, snacks and drinks provided. Registration is free, limited to 30 people. Register at saintmarks.org/nonviolence. Questions? Contact Bob Chapman at searnbob@aol.com.



SAINT MARK'S
EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102
206.323.0300
info@saintmarks.org
saintmarks.org

*Wherever you are on
your journey of faith,
you are welcome here.*

Weekday Service Times

- MONDAY-FRIDAY, 6:30 PM
Evening Prayer: McCaw or Thomsen Chapels
- MONDAYS, 7:15-9:15 PM
Centering Prayer in McCaw Chapel
- WEDNESDAYS, 12 NOON
Eucharist in Thomsen Chapel
- THURSDAYS, 7 AM
Eucharist in Thomsen Chapel
- THURSDAYS, 12 PM
Centering Prayer in Cathedral House 209
(temporary relocation)

Cathedral Office Hours

MONDAY-FRIDAY, 9 AM - 4:30 PM
Questions, or need to reach a member of the
Clergy or Staff? The Cathedral Office main
number is 206-323-0300.

SUNDAYS & BEYOND

Sundays & Beyond is a weekly publication of
updates, events and activities happening on
campus, and the Cathedral prayer list. It is available
by electronic subscription, on Saint Mark's website,
and in print in the nave. To submit announcements
for these publications, visit
saintmarks.org/announce. Requests are due by
Monday at 5 p.m. for publication on the following
Sunday. Announcements may be edited for space
and content.

Sunday, March 11 ♦ The Fourth Sunday in Lent

- HOLY EUCHARIST, 8 A.M. *Thomsen Chapel*
Preacher: The Very Rev. Steven L. Thomason, Dean and Rector
- HOLY EUCHARIST, 9 A.M. *Cathedral Nave*
Preacher: The Very Rev. Steven L. Thomason, Dean and Rector
- SUNDAY SCHOOL, 10:10 A.M. *Various locations*
Offerings for children and youth, preschool through high school. Children
are invited to meet in the St. Nicholas Building, and youth in the Youth
Room in the basement of the Cathedral. Ask a greeter or inquire at the
Welcome Table for directions.
- HOLY EUCHARIST, 11 A.M. *Cathedral Nave*
Preacher: The Very Rev. Steven L. Thomason, Dean and Rector
- CATHEDRAL YOGA, 6 P.M. *Skinner Auditorium*
A spiritual practice open to all.
- "LAETARE", LITURGY SUNG BY THE COMPLINE CHOIR, 6 P.M.
In the Cathedral Nave. More on page 1.
- RECEPTION & DEDICATION OF COMPLINE WINDOW, 8 PM.
In the Cathedral Nave. More on page 1.
- CONTEMPLATIVE EUCHARIST & HEALING PRAYER, 7 P.M., *Thomsen Chapel*
With times of silence for reflection, simple meditative music and lots of
candlelight.
- COMPLINE, 9:30 P.M. *Cathedral Nave*
Compline is the service of ancient nighttime prayers, sung by the Com-
pline Choir. A Seattle tradition, broadcast live on KING 98.1 FM.

Newcomers and Inquirers Brunch

SUNDAY, APRIL 8, 12:30 P.M. *Diocesan House*
If you are new to Saint Mark's over the last several months, attended one of the
Newcomer Coffee Hours, or you recently attended the Inquirer's Class, we in-
vite you to join us for Sunday Brunch! Come enjoy good food and fellowship,
as well as get to know the Saint Mark's clergy, staff and other members. We
will gather after the 11 a.m. service, around 12:30 p.m., and stroll to Diocesan
House, three buildings north of the cathedral. We hope you can join us for a
pleasant meal and an opportunity to ask questions, share reflections, and find
out more about this congregation and faith experiences.

CATHEDRAL STAFF AND LEADERSHIP

- Barbara Martin, *Childcare Center Director* childcare@saintmarks.org
 - Cam Jarvis, *Music Series Coordinator* cjarvis@saintmarks.org
 - Christopher McPeak, *Worship Coordinator* cmcpeak@saintmarks.org
 - Craig Ackermann, *Sexton* crackermann@gmail.com
 - Cristi Chapman, *Curate* cchapman@saintmarks.org
 - Earl Grout, *Deacon* egrout@saintmarks.org
 - Erik Donner, *Executive Assistant & Membership Support*. edonner@saintmarks.org
 - Gaye Scott, *Cathedral Shop Manager* gscott@saintmarks.org
 - Glenn Sands, *Facilities Manager* gsands@saintmarks.org
 - Gregory Bloch, *Shop Associate & Liturgical Assistant* gbloch@saintmarks.org
 - Ian Ford, *Sexton* ian@saintmarks.org
 - Irene Beausoleil, *Events & Office Coordinator* ibeausoleil@saintmarks.org
 - Jason Anderson, *Compline Choir Director* director@complinechoir.org
 - Jennifer King Daugherty, *Cathedral Canon* jkdaugherty@saintmarks.org
 - John Stuntebeck, *Associate Organist*. john_stuntebeck@hotmail.com
 - Karen Komoto, *Finance Manager*. kkomoto@saintmarks.org
 - Kelly Moody, *Director of Children's and Family Ministries* kmoody@saintmarks.org
 - Liz Bartenstein, *Communications Director* lbartenstein@saintmarks.org
 - Malcolm McLaurin, *Canon for Youth & Young Adult Min.* mmclaurin@saintmarks.org
 - Michael Kleinschmidt, *Canon Musician* mkleinschmidt@saintmarks.org
 - Nancy Ross, *Cathedral Canon* nross@saintmarks.org
 - Paige Foreman, *Seattle Service Corps Intern* pforeman@saintmarks.org
 - Rebekah Gilmore, *Associate Musician & Choir School Director*. rgilmore@saintmarks.org
 - Steve Thomason, *Dean and Rector* sthomason@saintmarks.org
- 2017-2018 VESTRY**
- Dean and Rector:* The Very Rev. Steven L. Thomason; *Senior Warden:* Lynne Markova; *Junior Wardens:* Cara Peterson and Bob Chapman, Vinh Do, Ralph Ermoian, Amanda Davis, Andrew Himes, Jim Buskirk, Neshia Alaovae, Rosemarie LeMoine, Julia Logan, Michael Perera. *Diocesan members:* Greg Walrath, Mary Maxon. *Chancellor:* John Hoerster; *Treasurer:* Phil Lloyd; *Clerk:* Jenny Donner; *Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn.