



SAINT MARK'S
EPISCOPAL CATHEDRAL

THE HOLY EUCHARIST

THE FIFTH SUNDAY AFTER THE EPIPHANY

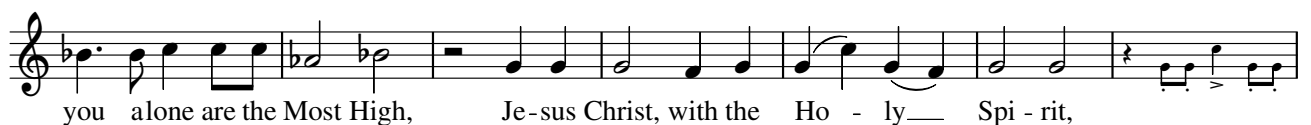
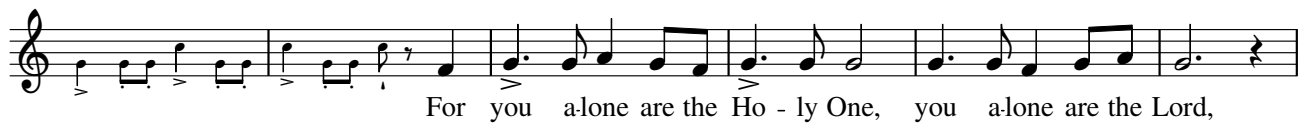
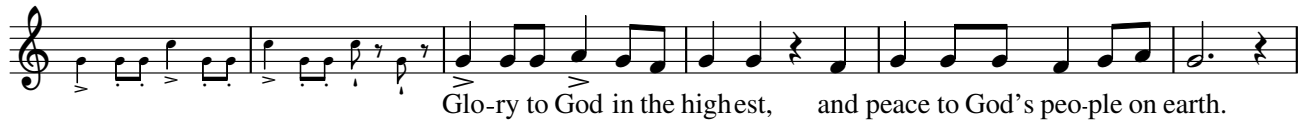
February 4, 2018

9:00 AM



SONG OF PRAISE *Gloria in excelsis*

William Mathias (1934–1992)



The Hymnal 1982 #S-278, ©1976, Oxford University Press

COLLECT OF THE DAY

Presider The Lord be with you.

Assembly **And also with you.**

Presider Let us pray.

SET us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

All Amen.

THE LITURGY OF THE WORD

READING

Isaiah 40:21-31

HAVE you not known? Have you not heard?
Has it not been told you from the beginning?
Have you not understood from the foundations of the earth?

It is he who sits above the circle of the earth,
and its inhabitants are like grasshoppers;

who stretches out the heavens like a curtain,
and spreads them like a tent to live in;

who brings princes to naught,
and makes the rulers of the earth as nothing.

Scarcely are they planted, scarcely sown,
scarcely has their stem taken root in the earth,

when he blows upon them, and they wither,
and the tempest carries them off like stubble.

To whom then will you compare me,
or who is my equal? says the Holy One.

Lift up your eyes on high and see:
Who created these?

He who brings out their host and numbers them,
calling them all by name;

because he is great in strength,
mighty in power,
not one is missing.

Why do you say, O Jacob,
and speak, O Israel,

“My way is hidden from the LORD,
and my right is disregarded by my God”?

Have you not known? Have you not heard?

The LORD is the everlasting God,
the Creator of the ends of the earth.

He does not faint or grow weary;
his understanding is unsearchable.

He gives power to the faint,
and strengthens the powerless.

Even youths will faint and be weary,
and the young will fall exhausted;

but those who wait for the LORD shall renew their strength,
they shall mount up with wings like eagles,

they shall run and not be weary,
they shall walk and not faint.

Reader Hear what the Spirit is saying to God's people.
Assembly **Thanks be to God.**

PSALM

Psalm 147:1-12, 21C

Plainsong Tone VIII.1

The Cantor introduces the antiphon, all repeat it.

The Cantor chants the Psalm verses, all repeating the antiphon as indicated.



How pleasant it is to ho-nor God with praise, hal - le - lu - jah!

Laudate Dominum

HALLELUJAH!

How good it is to sing praises to our God! *
how pleasant it is to honor him with praise!

- 2 The Lord rebuilds Jerusalem; *
he gathers the exiles of Israel. **ANTIPHON**
- 3 He heals the brokenhearted *
and binds up their wounds.
- 4 He counts the number of the stars *
and calls them all by their names. **ANTIPHON**
- 5 Great is our Lord and mighty in power; *
there is no limit to his wisdom.
- 6 The Lord lifts up the lowly, *
but casts the wicked to the ground. **ANTIPHON**
- 7 Sing to the Lord with thanksgiving; *
make music to our God upon the harp.
- 8 He covers the heavens with clouds *
and prepares rain for the earth; **ANTIPHON**
- 9 He makes grass to grow upon the mountains *
and green plants to serve humankind.
- 10 He provides food for flocks and herds *
and for the young ravens when they cry. **ANTIPHON**
- 11 He is not impressed by the might of a horse; *
he has no pleasure in the strength of a man;
- 12 But the Lord has pleasure in those who fear him, *
in those who await his gracious favor.
- 21 Hallelujah! **ANTIPHON**

READING*1 Corinthians 9:16–23*

IF I PROCLAIM the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God’s law but am under Christ’s law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader Hear what the Spirit is saying to God’s people.

Assembly **Thanks be to God.**

After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.

GOSPEL PROCESSION

Children are invited to join the Gospel Procession. Children preschool through second grade are then invited to Children’s Chapel in Thomsen Chapel. They will return at the Peace. Parents are welcome to join their children.

GOSPEL ACCLAMATION

TUNE: *Tibi Christe splendor Patris* (12th century)
adapt. Marilyn Haskel (b. 1945)

The Cantor introduces the alleluias; all repeat. The Cantor sings the verse below; all repeat the alleluias.



∇. Go home to your friends. Tell them how much the Lord has done for you. —*Mark 5:19*

All rise as able.

THE HOLY GOSPEL *Mark 1:29–39*

Deacon The Holy Gospel of our Lord Jesus Christ according to Mark.

Assembly **Glory to you, Lord Christ.**

AFTER Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon’s mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demonsh.

Deacon The Gospel of the Lord.
Assembly Praise to you, Lord Christ.

SERMON

Kelly Moody

All rise as able.

THE NICENE CREED

Authorized for use by the 1997 General Convention

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit
and the Virgin Mary
and became truly human.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

PRAYERS OF THE ASSEMBLY

After each petition:

Intercessor Lord, in your mercy,
Assembly Hear our prayer.

The Presider concludes the prayers with a collect. All respond: Amen.

CONFESSION

Deacon Let us confess our sins against God and our neighbor.

You are invited to stand or kneel for the confession.

Deacon Most merciful God,

**All we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.**

**We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.**

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us;

that we may delight in your will,

and walk in your ways,

to the glory of your Name. Amen.

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

Presider The peace of the Lord be always with you.

Assembly **And also with you.**

All greet one another in the name of the Lord.

BIRTHDAY & ANNIVERSARY BLESSINGS

Those celebrating birthdays and anniversaries in the month of February are invited to come forward to receive a blessing.

The Assembly stands as able and joins the Presider in saying the prayers.

Birthdays: **Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may your peace, which passes understanding, abide all the days of their lives; through Jesus Christ our Savior. Amen.**

Anniversaries: **Loving God, in the mystery of the Holy Trinity, you reveal yourself as a community of self-giving love. We thank you for bringing us together into families. Bless we pray these couples who celebrate the anniversaries of their commitments to one another, and grant that they may grow in grace, fidelity and mutual affection all the days of their lives, through Jesus Christ our Savior. Amen.**

THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God's generosity. Many support Saint Mark's through pledged offerings made by credit card or via mail. Together our gifts make possible this community of welcome, reconciliation and service.

ANTHEM

Surely it is God who saves me

WORDS: The First Song of Isaiah

paraphrase by Charles Mortimer Guilbert (1909–1998)

MUSIC: Jack Noble White (b. 1938)

*Surely, it is God who saves me;
I will trust in him and not be afraid.
For the Lord is my stronghold
and my sure defense,
and he will be my Savior.*

Make his deeds known among the peoples;
see that they remember that his Name is exalted.
Sing the praises of the Lord,
for he has done great things,
and this is known in all the world.

Therefore you shall draw water with rejoicing
from the springs of salvation.
And on that day you shall say,
Give thanks to the Lord
and call upon his Name.

Refrain

Cry aloud, inhabitants of Zion,
ring out your joy,
for the great one in the midst of you
is the Holy One of Israel.

Refrain

Refrain

All rise as able.

THE GREAT THANKSGIVING

The Book of Common Prayer, Eucharistic Prayer B

Presider The Lord be with you.

Assembly And also with you.

Presider Lift up your hearts.

Assembly We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

Assembly It is right to give God thanks and praise.

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS & BENEDICTUS

Mathias

Organ: *Everyone:*

Ho - ly, ho - ly, ho - ly Lord, God of po-wer and might,
heav'n and earth are full_ of your glo-ry. Ho-san-na in the high-est.
Bless-ed is the one who comes in the name of the Lord. Ho-san-na in the high-est.

Presider We give thanks to you, O God, for the goodness and love which you have made known to us in creation: in the calling of Israel to be your people: in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In Him you have delivered us from evil, and made us worthy to stand before you. In Him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After Supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

All We remember his death,
We proclaim his resurrection,
We await his coming in glory;

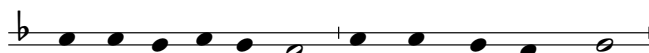
Presider And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.


By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

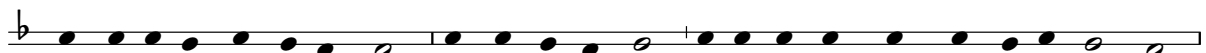
All AMEN.

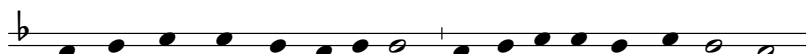
THE LORD'S PRAYER


Ambrosian Chant


Our Father in heaven, hallowed be your Name,


your kingdom come, your will be done, on earth as in heaven.


Give us today our dai-ly bread. Forgive us our sins as we forgive those who sin against us.


Save us from the time of tri-al, and de-li-ver us from e - vil.


For the kingdom, the power, and the glory are yours, now and for ev - er. A - men.

The Hymnal 1982 #8-148, ©1971, Mason Martens

In silence, the Presider breaks the consecrated bread.

FRACTION ANTHEM *Be known to us, Lord Jesus*

Gary James (b. 1957)

The Cantor introduces the antiphon, all repeat it. The Cantor sings the verses, all repeating the antiphon as indicated.



Be known to us Lord Je-sus, in the break-ing of the bread.

∇. The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

∇. One body are we, alleluia, for though many we share one bread. **ANTIPHON**

Wonder, Love, & Praise #875, ©1992 Morningstar Music Publishers

INVITATION TO COMMUNION

Presider The gifts of God for the people of God.

All seeking God are welcome at Christ's Table.

Communion is distributed at three standing stations located at the head of the outermost two aisles and the center aisle. Ushers will guide you.

If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider's communion station at the center aisle.

- ◆ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ◆ *Or you may leave the bread in your hand for the chalice bearer to dip in the wine and feed you.*
- ◆ *To receive a blessing instead of communion, simply cross your arms over your chest.*

COMMUNION VOLUNTARY *Organ Improvisation*

HYMN 679 *Surely it is God who saves me* ◆ *The Hymnal 1982 #679*

TUNE: *Thomas Merton*



All rise as able.

SENDING OF EUCHARISTIC VISITORS

Presider One body are we.

Assembly **For, though many, we share one bread and one cup.**

Deacon Go in peace, bearing holy gifts for holy people.

PRAYER AFTER COMMUNION

Presider Eternal God,

All heavenly Father,

**you have graciously accepted us
as living members**

**of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.**

**Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

BLESSING *The Presider asks God's blessing on the Assembly. All respond: Amen.*

HYMN 493 *O for a thousand tongues to sing ♦ The Hymnal 1982 #493
stanzas 1, 3, 4 & 5*

TUNE: *Azmon*

DISMISSAL

Deacon Let us go forth in the name of Christ.

Assembly **Thanks be to God.**

VOLUNTARY *Small Fugue*

Theophil Forchhammer (1847–1923)

PRESIDER

The Reverend Canon Jennifer King Daugherty

ASSISTING LAY MINISTER

Sandra Smith

EUCHARISTIC MINISTERS

Pamela Bradburn

The Reverend Cristi Chapman

The Very Reverend Steven L. Thomason

Doug Thorpe

OBLATION BEARERS

The Yoshimura/Quiaoit family

ALTAR GUILD

Sue Tait

PREACHER

Kelly Moody

ACOLYTES

Rinah Grey

Pam Gray

Micah Moody

READERS

Lee Knoch

Cadence Cole

INTERCESSOR

Pamela Bradburn

DEACON

The Reverend Earl Grout

USHERS

David Thompson

GREETER

Carol Green

MUSICIANS

Nick Chrisman, *Cantor*

The Junior Choristers
of Saint Mark's Cathedral Choir School,
Rebekah Gilmore, *Director*

Saint Mark's Singers

Michael Kleinschmidt

& John Stuntebeck, *Organists*