



SUNDAYS & BEYOND

The Saint Mark's Cathedral weekly newsletter

THE FIRST SUNDAY AFTER THE EPIPHANY ♦ JANUARY 7, 2018

Choral Evensong today

TODAY, 4:30 P.M., CATHEDRAL NAVE

Saint Mark's Evensong Choir of advanced Choristers, teens, and adults continue their monthly offering of evening prayers and praises in the beloved form of Choral Evensong. On this occasion, they will sing Stanford's setting of the Magnificat and Nunc dimittis in the key of C, and Wesley's anthem, "Thou wilt keep him in perfect peace," a touchstone of the Anglican cathedral choir tradition.



Table to Table

TODAY, 10:10 A.M., CATHEDRAL NAVE

This monthly breakfast potluck welcomes children and their families for fellowship and a learning opportunity. Today we'll honor the baptismal celebrations in the Cathedral Nave, and remember our own baptisms as beloved children of God!

2018 Annual Parish Meeting and festive meal

JANUARY 28, 12:30 P.M., BLOEDEL HALL

You're invited to join a festive parish meal and the 2018 Annual Meeting.

The meeting will include an election of parish Vestry members and Delegates/Alternates to the Diocesan Convention. You must be present to vote—there is no provision for absentee ballots. We'll also hear ministry reports, and the 2018 budget. This is a wonderful opportunity to celebrate our vibrant parish while visiting with old friends and getting to know new members. We will also vote for vestry candidates and Diocesan Convention delegates. A brochure featuring the candidates is available in the back of the Nave today.

Please bring something to share at the potluck lunch. We suggest the following guidelines: Potluck items should feed at least 8-10 people. To ensure balanced options:

A-I last names, please bring a dessert

J-R last names, please bring a main course

S-Z last names, please bring a side or salad

The Wisdom School Presents: Storytelling as Social Conscience

WEDNESDAYS, JANUARY 10–FEBRUARY 7, 6:45–8:15 P.M., BLOEDEL HALL

Optional community dinner, 6–6:30 p.m. (Adults \$7, Children \$5, Max Family \$20).

Free program from 6:45–8:15 p.m.

Our bodies and identities are socially and culturally constructed. We are gendered, racialized, sexualized, politicized, represented, colonized, contained, controlled, and inscribed. As a result of the relationship between our lived experiences and our social actions, we may be both shaped by and resist social and cultural constructions. Parishioner and ministry leader Bob Chapman will lead participants in developing an autobiography of self (e.g., a poem, collage, song, etc.) in C. Wright Mills' sense of connecting "private troubles" with "public issues." That is to recognize that your identity is a reflection of (and perhaps a resistance to) society, culture, and politics, all of which have, to a certain extent, shaped our experiences. For more information and further resources on this topic, visit saintmarks.org/resources.



The Rev. Nancy Ross appointed Cathedral Canon and Associate to the Rector

It is our delight to announce that The Rev. Nancy Ross has accepted Dean Thomason's invitation to serve as a Cathedral Canon and Associate to the Rector. Nancy has served her curacy at Saint Mark's Cathedral since December 2015, and last April joined the staff full-time. She will continue her ministry that involves liturgical leadership, teaching, preaching, providing support and leadership for various ministries, and she will take on additional administrative responsibilities in her new role. Please join us in welcoming Canon Ross to this new position.

CATHEDRAL PRAYER LIST

To add a name to our prayer list, contact 206.323.0300 x314 or Joniepr@msn.com. Prayer requests are listed in *Sundays & Beyond* for four weeks, and, if needed, they are listed in the monthly *Ongoing List*, which is found in the Narthex.

THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially St. Alban, Edmonds, Redeemer, Kenmore; the clergy, staff and vestry of Saint Mark's Cathedral; all the ministries of Saint Mark's.

THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkin, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES: Brian Kee

THOSE WHO HAVE DIED

Melanie Platt, Blair Nagel, Nancy Alvord, Allison Peters, Ellen Bakke, Archana Soy, Larry Meyers, G. Valmont Thomas, Nina Ruth, Lilly

THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Kathryn Barnhouse	Jim Platt
Laura Brown	Sonny Pritchard
Bill & Gwen Boyd	Mike Pucci
Mike Burns	Randy & Ann Revelle
Ellen & Colleen Clark	Erik Segall
William Davis	Julian & Debbie Snow
The Rev. Charles Gilmore	Olivia Slaughter
Wier Harman	Archana Soy
Andrea Jensen	Huseyin Unal
Dennis & Judy Jensen	Elaine Van Stichel
Valerie Jensen	Janet S.
Jon Greg Johnson & Gerry	Bob
Walt & Louise Kind	Maira
Cesar Molina	Niki
Susan Nagel & Family	Olivia
Josh Peters & Family	

Cathedral Shop Clearance Sale

The Cathedral Shop's clearance sale is underway! All holiday-related items are 50% off, and many non-holiday items are marked down as well. Drop by early and often for the best deals!

Upcoming Sunday Forums

SUNDAYS, 10:10 A.M., BLOEDEL HALL

January 14 - Reflections on The Rev. Dr. Martin Luther King, Jr.

With Neshia Alovae, Malcolm McLaurin

Join us as the Cathedral commemorates the Rev. Dr. Martin Luther King, Jr.. Using the lectio divina method of reflection, participants will engage with one of Dr. King's speeches. Afterward, participants will form small groups to share what is meaningful and important about Dr. King's legacy and ministry.

January 21 - Sanctuary Update

With The Rev. Canon Nancy Ross and Steering Committee Co-Chair Phillip Lienau

Come for an update on ideas, trainings, and community-building activities as we head into a new year of Sanctuary and stand in solidarity with immigrants and their families.

Make Your Voice Heard: MLK Day Youth Advocacy Workshop

SUNDAY, JANUARY 14, 2-6 P.M.

Seattle University Student Center, Room 160. (1100 East James Way, Seattle)

Are you concerned about the dramatic increase in hatred and discrimination in the U.S.? Interested in learning more about Islamophobia and antisemitism? Do you want to use the power of your voice to say that bigotry and discrimination have no place in our communities? Do you want to meet other youth from the Puget Sound region who are inspired to work for change in their communities and nation? Kids4Peace offers this four-hour workshop, open to all youth in 6th-12th grade, to empower youth with the tools to speak out publicly against Islamophobia and antisemitism, while also building relationships between diverse communities. Register early to reserve your spot! Online registration is available at tinyurl.com/mlkdayworkshop2018.

Concert on the Flentrop Organ, Michael Kleinschmidt, Organist

FRIDAY, JANUARY 19, 2018, 7:30 P.M., CATHEDRAL NAVE

Canon Kleinschmidt will perform Jehan Alain's *Trois Danses*—a set of three striking pieces: Joys, Laments, and Struggles, containing within them some of the most rhythmically compelling music ever composed for the organ. Also on the program: Bach's *Tocatta, Adagio, and Fugue in C*; Franck's *Fantasy in A*; and Vierne's *Impromptu and Tocatta*. \$15/10 requested donation. Tickets available at saintmarks.org/concerts; and at the door.

Hymnathon!

SATURDAY, JANUARY 27, 8 A.M., CATHEDRAL NAVE
Saint Mark's Evensong Choir will sing all 720 hymns in *The Hymnal 1982* in one day. They will start at 8:00 a.m. and anticipate crossing the finish line at 6:00 p.m. The Hymnathon is a fundraiser for their trip to England this

summer, where they will sing daily services as choir-in-residence for a week at Ely Cathedral, and a week at Saint Paul's Cathedral, London. In preparation, choir members are securing pledges-per-hymn-sung from friends and families. The Hymnathon is open to the public. Come sing with the choir for some or all of the day, listen, and/or pledge your support for their life-changing adventure as singing leaders of worship.

Inquirer's and Confirmation Class

SUNDAYS, FEBRUARY 2 - MARCH 18, 12:30 - 2 P.M.,
BLOEDEL HALL (*Light lunch included*)

All are welcome to come to these classes, which cover the basics of the Christian faith through the Episcopal/Anglican lens. Following these classes, many decide they want to become an Episcopalian through confirmation or reception into the church. Some who attend are experiencing a revival of the soul and may desire to reaffirm their baptismal vows. Interested? Contact The Rev. Canon Nancy Ross, nross@saintmarks.org.

A Festive Evensong Celebration of Gratitude for All Who Have Supported the Capital Campaign

SUNDAY, FEBRUARY 11, CATHEDRAL NAVE

6 p.m. Special Evensong of Thanksgiving, 7 p.m. Festive Dessert Reception. A joyful celebration of the culmination of the Living Stones Capital Campaign and completion of Cathedral restoration. Featuring awe-inspiring music from the Saint Mark's Evensong Choir and the Cathedral Choir and a sumptuous dessert reception. All are invited to an event eagerly anticipated since 1928. Admission is free.

Book Club: The Hate Crimes & Hate Speech De-escalation Ministry

SATURDAY, FEBRUARY 17, 12-2 P.M.

Join us in reading New York Times best-selling author Chris Hayes' book, *A Colony in a Nation*. Hayes contends our country has fractured in two: the Colony and the Nation. In the Nation, we venerate the law. In the Colony, we obsess over order, fear trumps civil rights, and aggressive policing resembles occupation. Discussion on the book will be facilitated by Amanda Clark and held at the cozy home of Bob Chapman; light snacks and refreshments will be provided. Please consider a RSVP. For directions and more information, contact Amanda at amanda_bleu@hotmail.com.

Saint Mark's Cathedral Legacy Society Lunch

SUNDAY, FEBRUARY 18, DIOCESAN HOUSE, 1-3 P.M.

Have you included Saint Mark's Cathedral in your end of life/estate plans? Please join us for lunch and a special program to honor your contributions to this cathedral. Speakers will be Dean Steve Thomason and Alan Davidson, who will share highlights from his recent study of Saint Mark's history. To RSVP, Contact: Sandy Piscitello, sandra.piscitello@gmail.com, 206 329-6221.

CONSTRUCTION CORNER

As patio work continues, the temporary ramp we've been using the last few weeks has been removed, and **the entry has been moved to the south side** of the building. There are signs and lighting marking this new (temporary) path. The full patio will open after new handrails are installed later in January. We appreciate your patience as we continue to worship in the cathedral and chapel while this ongoing work is completed.

For background information on the project, visit saintmarks.org/construction. For weekly updates, follow along on Saint Mark's Facebook page, facebook.com/SaintMarksSeattle, or email Turner Construction Company, livingstonesproject@tcco.com.

Thanks to all whose generous donations have made this project possible. To give to the Living Stones Capital Campaign, visit saintmarks.org/livingstones, or contact Erik Donner at 206-323-0300 ext. 217 or edonner@saintmarks.org.

Becoming an Atheist about the God of Rewards and Punishments

FRIDAY FEBRUARY 23, 6:30-8:30 P.M. & SATURDAY
FEBRUARY 24, 9 A.M.-3 P.M. BLOEDEL HALL

Facilitated by The Rev. Ed Bacon, former rector of All Saint's Church, Pasadena, CA

Fee: \$50 includes Saturday breakfast and lunch. Register at: saintmarks.org/wisdomschool.

Drawing on themes from Cynthia Bourgeault's latest work on Centering Prayer, including her emphasis on oneness, and tapping Ilia Delio's work on wholeness as well as Ed Bacon's own work on love and fear, this workshop is designed for those seeking to integrate a life of both contemplation and action as well as phenomenal levels of energy. We seek to become atheists about the God of rewards and punishments split off from both science and other faiths while we articulate a new narrative of experiential faith for a transformed church.

Noel House Homeless Shelter

Do you enjoy cooking soup? Please join us! We at Saint Mark's are working toward the goal of ending homelessness in King County. The 20-year old Noel House Ministry at SMC has been asked to increase the number of women we shelter each night from 30 to 40. We offer the women a simple soup and salad meal; to serve 30 women each month means cooking approximately 100 quarts of soup, prepared monthly by the Soup Team. The space in the SMC kitchen cannot currently accommodate preparing a larger quantity at one time. Do you feel called to be part of a second soup team? We'd love to hear from you! Please contact Norva Osborn, norva@ix.netcom.com, cell 206-915-2366.



SAINT MARK'S
EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102
206.323.0300
info@saintmarks.org
saintmarks.org

Wherever you are on
your journey of faith,
you are welcome here.

Weekday Service Times

- MONDAY-FRIDAY, 6:30 PM
Evening Prayer: McCaw or Thomsen Chapels
- MONDAYS, 7:15-9:15 PM
Centering Prayer in McCaw Chapel
- WEDNESDAYS, 12 NOON
Eucharist in Thomsen Chapel
- THURSDAYS, 7 AM
Eucharist in Thomsen Chapel
- THURSDAYS, 12 PM
Centering Prayer in Cathedral House 209
(temporary relocation)

Cathedral Office Hours

MONDAY-FRIDAY, 9 AM - 4:30 PM
Questions, or need to reach a member of the
Clergy or Staff? The Cathedral Office main
number is 206-323-0300.

SUNDAYS & BEYOND

Sundays & Beyond is a weekly publication of
updates, events and activities happening on
campus, and the Cathedral prayer list. It is available
by electronic subscription, on Saint Mark's website,
and in print in the nave. To submit announcements
for these publications, visit
saintmarks.org/announce. Requests are due by
Monday at 5 p.m. for publication on the following
Sunday. Announcements may be edited for space
and content.

Sunday, January 7 ♦ The First Sunday after the Epiphany

HOLY EUCHARIST WITH RENEWAL OF BAPTISMAL COVENANT, 8 A.M.
Thomsen Chapel

Preacher: The Very Rev. Steven L. Thomason, Dean and Rector

HOLY EUCHARIST AND BAPTISMS, 9 A.M. *Cathedral Nave*

Preacher: The Very Rev. Steven L. Thomason, Dean and Rector

TABLE TO TABLE, 10:10 A.M. *St. Nicholas Building*

This monthly breakfast potluck welcomes children and their families for
fellowship and a learning opportunity. More on pg. 1.

HOLY EUCHARIST WITH RENEWAL OF BAPTISMAL COVENANT, 11 A.M.
Cathedral Nave

Preacher: The Very Rev. Steven L. Thomason, Dean and Rector

CHORAL EVENSONG, 4:30 P.M. *Cathedral Nave*

Psalms, hymns, prayers and canticles offered as a sacrifice of praise and
thanksgiving for the day.

CATHEDRAL YOGA, 6 P.M. *Cathedral Nave*

A spiritual practice open to all.

CONTEMPLATIVE EUCHARIST & HEALING PRAYER, 7 P.M. *Thomsen Chapel*

With times of silence for reflection, simple meditative music and lots of
candlelight.

COMPLINE, 9:30 P.M. *Cathedral Nave*

Compline is the service of ancient nighttime prayers, sung by the Com-
pline Choir. A Seattle tradition, broadcast live on KING 98.1 FM.

Parking Decals for Saint Mark's Community

The vestry recently engaged a parking and traffic flow engineering firm to
assist us with the growing challenges of parking on our campus. Part of that
involves asking Saint Mark's community to place a window decal in their
lower right front windshield for use of the cathedral lot outside of Sunday
mornings. Decals are free, and available at the Cathedral Office on weekdays
(M-F 9 a.m.-4:30 p.m.) We need your license plate number to register.

Leadership Opportunity for St. Brigid's Banquet

St. Brigid's Banquet provides hot meals to people in Seattle who are experi-
encing homelessness or food insecurity. One team provides a monthly meal
to men at the St. Martin de Porres shelter, and another provides a meal every
other month through Teen Feed in the U District. St. Brigid's is looking for
a couple of people to coordinate each team in 2018. If you are interested or
have questions about this leadership opportunity, please contact The Rev.
Cristi Chapman, cchapman@saintmarks.org.

CATHEDRAL STAFF AND LEADERSHIP

- Barbara Martin, *Childcare Center Director* childcare@saintmarks.org
- Cam Jarvis, *Music Series Coordinator* cjarvis@saintmarks.org
- Christopher McPeak, *Worship Coordinator* cmcpeak@saintmarks.org
- Cristi Chapman, *Curate* cchapman@saintmarks.org
- Earl Grout, *Deacon* egrout@saintmarks.org
- Erik Donner, *Executive Assistant & Membership Support*. edonner@saintmarks.org
- Gaye Scott, *Cathedral Shop Manager* gscott@saintmarks.org
- Glenn Sands, *Facilities & Events Manager* gsands@saintmarks.org
- Gregory Bloch, *Shop Associate & Liturgical Assistant* gbloch@saintmarks.org
- Ian Ford, *Sexton* ian@saintmarks.org
- Jason Anderson, *Compline Choir Director* director@complinechoir.org
- Jennifer King Daugherty, *Cathedral Canon* jkdaugherty@saintmarks.org
- John Stuntebeck, *Associate Organist*. john_stuntebeck@hotmail.com
- Karen Komoto, *Bookkeeper* kkomoto@saintmarks.org
- Kelly Moody, *Director of Children's and Family Ministries* . kmoody@saintmarks.org

- Liz Bartenstein, *Communications Director* lbartenstein@saintmarks.org
- Malcolm McLaurin, *Canon for Youth & Young Adult Min.* . mmclaurin@saintmarks.org
- Michael Kleinschmidt, *Canon Musician* mkleinschmidt@saintmarks.org
- Nancy Ross, *Cathedral Canon* nross@saintmarks.org
- Paige Foreman, *Seattle Service Corps Intern* pforeman@saintmarks.org
- Rebekah Gilmore, *Associate Musician & Choir School Director*. rgilmore@saintmarks.org
- Steve Thomason, *Dean and Rector* sthomason@saintmarks.org

2017-2018 VESTRY

Dean and Rector: The Very Rev. Steven L. Thomason; *Senior Warden:* Lynne
Markova; *Junior Wardens:* Walter Stuteville and Cara Peterson; Jim Green, Karen
Knudson, Peter McClung, Vinh Do, Ralph Ermoian, Amanda Davis, Andrew
Himes, Jim Buskirk, Joe Wright. *Diocesan members:* Greg Walrath, Christopher
Breunig, Mary Maxon. *Chancellor:* John Hoerster; *Treasurer:* Phil Lloyd; *Clerk:*
Jenny Donner; *Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn.