



# SUNDAYS & BEYOND

*The Saint Mark's Cathedral weekly newsletter*

THE FIFTEENTH SUNDAY AFTER PENTECOST ♦ SEPTEMBER 17, 2017

## **Sunday Forum today: "Renewing Our Covenant" Updates**

TODAY, BLOEDEL HALL, 10:10 A.M.

In December 2016, Saint Mark's Vestry unanimously adopted a Statement of Commitment and Action which reaffirmed Saint Mark's commitment to respect the dignity of every human being, strive for justice and peace among all people, and seek and serve Christ in all persons. This was adopted out of concern about the increase in statements and actions in our nation that target particular groups of people based on their skin color, their religious affiliation, their gender or orientation, their disabilities, or their country of birth. We pledged to work toward a better vision, and in the last nine months, countless members of Saint Mark's community have put these statements into action, as a network of activists, in God's name, joining others who similarly pledge to actively pursue justice. Join us in Bloedel Hall to learn about the progress of this effort, and learn how you can participate as you feel called.

## **Blessing of Students and Teachers**

TODAY, DURING 9 A.M. SERVICE

At the 9 a.m. service today, we bless students and teachers of all ages and types as a new academic year begins. All are welcome to join in this time of acknowledging the gift and joy of learning.

## **Commissioning of Seattle Service Corps members**

TODAY, 9 & 11 A.M. SERVICES

Today we will commission the new Seattle Service Corps members joining the Saint Mark's community. The corps members arrived on campus September 8. These young adults will intern at local nonprofit organizations and churches as part of their commitment to service, and will live in community on Saint Mark's campus. Want to get involved with the program? Contact director Malcolm McLaurin, [mmclaurin@saintmarks.org](mailto:mmclaurin@saintmarks.org).

## **Quilt Raffle to honor Saint Mark's Habitat for Humanity team**

Today, after all morning services, a colorful quilt will be raffled to honor and thank the Saint Mark's Habitat for Humanity Team. They have been working on many projects this summer. Most projects are related to construction and are noted in the Fall 2017 issue of *The Rubric*. Their volunteer labor has saved the cathedral a significant amount of money. All funds received from the raffle will go to the Saint Mark's team for use in their ministry: possibly towards their trip to build in New Orleans or towards work on a tiny house in the Seattle area. Raffle tickets are one for \$2, three for \$5. You will want to purchase several! The drawing will take place around 12:30 p.m. You need not be present to win.

## **Inquirers Classes**

Interested in learning more about Saint Mark's and the Episcopal Church? Come to our Inquirers Class! You don't have to be new to be inquiring. It's two Saturday mornings, Sept. 30 and Oct. 7, from 9 a.m.-12 p.m. in the Leffler Living Room (next to the Cathedral Shop). And mark your calendar for the Newcomers Brunch on Sunday, Oct. 8! The Inquirers Class is a place to meet friends, share experiences, and learn about the Episcopal Church, our traditions of prayer and the Bible, living into our baptism, church history, The Book of Common Prayer, life as a sacrament and exploring your own spiritual life, ministries at Saint Mark's, and more! We'll talk about upcoming baptisms and confirmations, too. For more information and to register, contact Mother Nancy Ross, [nross@saintmarks.org](mailto:nross@saintmarks.org), 206.323.0300 x255.



## **Sunday School starts today!**

TODAY, 10:10 A.M. *Multiple locations*

Today we start our regular Sunday School schedule for children and youth. Children aged pre-K through fifth grade are invited to the Children's Suite on the Mezzanine (second) level of the St. Nicholas Building here on campus. Look for signage or ask an usher or greeter to direct you. Youth are invited to the Youth Room in the basement of the Cathedral.



## CATHEDRAL PRAYER LIST

To add a name to our prayer list, contact 206.323.0300 x314 or [Joniepr@msn.com](mailto:Joniepr@msn.com). Prayer requests are listed in *Sundays & Beyond* for four weeks, and, if needed, they are listed in the monthly *Ongoing List*, which is found in the Narthex.

The flowers in the Nave are given by Neshia Alaovae and Blake Thompson in thanksgiving for their marriage at Saint Mark's yesterday.

### THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially St. Christopher, Olympia; St. John/San Juan Olympia; the clergy, staff and vestry of Saint Mark's Cathedral; all the ministries of Saint Mark's.

### THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Ed Murray, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines.

### ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES

Brian Kee, Michael

### THOSE WHO HAVE DIED

Kimberly Kennedy, LaWanda Tollum, Richard Chang (IV Bishop of Hawaii), Bill Pryor, Tessie Villas, Aurelia Villas

### THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Bob Baker	Gretchen Naugle
Laura Brown	Fred Northup
Else Cobb	Frederick Petrich & Family
Gretchen Cook	Mike Pucci
Ramona Cummins	Randy & Ann Revelle
Therese Day	Frank Roth
William Davis	Erik Segall
Derrick Goff	Pam Taylor & Family
Wier Harman	Dee Truce
Valli Jensen	Frannie & Ginnie Tyler
Jon Kearney	Dewey Walker
Walt & Louise Kind	Bob
Janet McCully	C
Carl Miller	Carolyn
Cesar Molina	Moira
The Mosby Family	Susanna
Wanda Murdock	
Nan Nalder	

## The Image of God in Prayer and Art

SEPTEMBER 20, BLOEDEL HALL

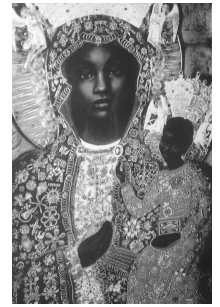
*Community Dinner from 6–6:30 p.m.;*

*Program 6:45–8:15 p.m.*

*With Dr. Jim Green and The Rev. Nancy Ross*

We are made in God's image, but what does that mean? Language and images of God vary wildly, and yet affect us deeply; they both shape and express our faith.

How does our personal image of God affect our prayer life and relationship with God? Come explore and share about our own images of God and where they come from, and also experience different artists' images from different times and places. When we notice how these images make us feel and what speaks to us in our yearnings for God, we come to the question: Where do you see yourself in these—and your—images of God?



## The Enneagram—Beyond the Basics

FRIDAY, SEP. 22, 6:30-8:30 P.M. & SATURDAY, SEP. 23, 9:30 A.M. – 3 P.M., BLOEDEL HALL

*Facilitated by Kaye Bernard, Fee is \$50 for the two-day workshop, which includes Saturday breakfast and lunch.*

The Enneagram is a personality typing system composed of nine styles or “types.” Each style inhabits a distinct worldview and set of motivations that influence how a person moves through the world. This experiential workshop will illuminate how the types relate to one another, helping us to understand how other types look at the world. Together we'll explore contrasting tendencies within the Emotional and Thinking Centers of our own ‘Body Intelligence’, learning to correlate the high and low side of each type's Passions/Virtues and Fixations/Holy Ideas. Register at [saintmarks.org/wisdomschool](http://saintmarks.org/wisdomschool).

## Introducing Casa Latina, our Sanctuary Partner

SEPTEMBER 27, BLOEDEL HALL, *Community Dinner from 6–6:30 p.m.;* *Program 6:45–8:15 p.m.*

*With The Rev. Pete Strimer and Casa Latina*

Come meet and welcome the people of Casa Latina, our Sanctuary Rapid Response Coordinator and partner. Casa Latina is a center for Seattle's Latino immigrants, providing them educational and economic opportunities, giving people the tools they need to work, live, and support their families. Learn about what they do, hear from people whose lives are intertwined with Casa Latina, and find out about this powerful new partnership for Saint Mark's that goes beyond Sanctuary to building community together.

## Eco Challenge at Saint Mark's

In October, Saint Mark's will participate in #EcoChallenge. Before October 11, participants are encouraged to come up with small ways they can reduce their environmental impact in their daily lives. From October 11-25, participants put those ideas into practice and measure what happens. The goal is to discover how small actions add up to real change and to learn from each other. If you are interested in participating, please contact The Rev. Cristi Chapman for more information, [cchapman@saintmarks.org](mailto:cchapman@saintmarks.org).

## Education for Ministry (EfM) class

MONDAYS, SEP. 18, 2017-JUN. 4, 2018, CARRIAGE HOUSE

Education for Ministry is the Episcopal Church's most in-depth adult Christian education course for lay people. Study the Bible, history, theology, and connect faith and life experiences through theological reflection. EfM is a program of The School of Theology at Sewanee, and admission requires a commitment to attend weekly seminars and spend time on study and preparation weekly during the academic year (September-June). It is a four-year program, but students commit to one year at a time. The evening course, (Mondays at 6:30 p.m.) has space for a few more first year students. Interested? Contact Tom Hayton, [tomhayton@yahoo.com](mailto:tomhayton@yahoo.com).

## Book Signing in the Cathedral Shop

SUNDAY, SEPTEMBER 24, 8:30 A.M., CATHEDRAL SHOP

The Rev. Fred Jessett will be signing copies of his book, *My Name is Tamar* and *Drummer Loves Dancer*. *My Name is Tamar* is an imaginative retelling of the Story of Tamar from the Book of Genesis and *Drummer Loves Dance* is a theological love story set in Seattle in 1954.

## The National Lutheran Choir at Saint Mark's

FRIDAY, SEPTEMBER 29, 7:30 P.M.

The National Lutheran Choir leads a community-wide evening of singing in commemoration of the 500th anniversary of the Protestant Reformation. This unique program will celebrate the rich treasury of music—from early hymns to new works—expressing the journey of the Church. Under the direction of Dr. David Cherwien, the 64-voice National Lutheran Choir seeks to strengthen, renew and preserve the heritage of sacred choral music. A free-will offering will be taken to benefit local Seattle charities serving the homeless—Compass Housing Alliance and Imagine Housing. More on the Concert Series at [saintmarks.org/concerts](http://saintmarks.org/concerts).

## Welcoming the Stranger: Ways of Serving and Understanding

SATURDAY, SEP. 30, BLOEDEL HALL, 9 A.M.-3 P.M.

Inviting in the stranger, as Matthew's Gospel directs, is central to our identity as Christians. But what does that mean in practical terms, right here on the ground in Seattle? This event, sponsored by Mideast Focus Ministry at Saint Mark's Cathedral, will feature an array of guest speakers and workshops to help us understand how to better serve refugee populations here in Seattle and beyond. Tickets are \$15, which includes catered lunch and workshop materials. Purchase online at [brownpapertickets.com/event/3051164](http://brownpapertickets.com/event/3051164) or contact Mary Segall at [mesegall@yahoo.com](mailto:mesegall@yahoo.com). Please make checks payable to: Saint Mark's—Syrian Conference.

## Ministry Opportunity: Cathedral Office Volunteer

We have two openings for a front desk volunteer in the cathedral office on Tuesday afternoons from 12:30-4:30 p.m., and Fridays from 9 a.m.-4:30 p.m. This ministry provides the initial contact to many people who come to Saint Mark's. It primarily entails greeting visitors and answering the phone, and assisting with office projects as needed. Interested in joining this friendly and dedicated team? Contact Erik Donner at 206-323-0300 x217 or [edonner@saintmarks.org](mailto:edonner@saintmarks.org).

## CONSTRUCTION CORNER

**Windows Arriving!** Windows are scheduled to begin arriving on Sept. 21; they will be installed starting on the north side. **Parking and pedestrian flow:** Following recent challenges, we've worked with Turner Construction to improve parking and pedestrian flow. Please park in north or south lots, or behind St. Nicholas, or the Diocesan House. Pedestrians have direct access again from bus stop and from north side of campus.

**Have questions about the project?** For background information about the project, visit [saintmarks.org/construction](http://saintmarks.org/construction). For weekly updates, follow along on Saint Mark's Facebook page, [facebook.com/SaintMarksSeattle](https://www.facebook.com/SaintMarksSeattle), or email Turner Construction Company, [livingstonesproject@tcco.com](mailto:livingstonesproject@tcco.com).

**Read signs and exercise caution on campus.** Please pay attention to any roped or barricaded areas and traffic cones and follow all signage directions while walking and driving.

Thanks to all whose generous donations have made this project possible. If you have not yet had a chance to give to the Living Stones Capital Campaign, we invite you to do so, by completing a pledge card, or online at [saintmarks.org/livingstones](http://saintmarks.org/livingstones), or contact Erik Donner at 206-323-0300 ext. 217 or [edonner@saintmarks.org](mailto:edonner@saintmarks.org).

## Centering Prayer

Thursday noon Centering Prayer is cancelled on Sept. 21. Starting on Sept. 28 and throughout the fall, Thursday noon Centering Prayer will take place in Room 209 of Cathedral House.

## Listening for Life Series – Discerning the Spirit's Movement in Times of Change

SATURDAYS, OCT. 14 & 21 AND NOV. 4 & 11, 9:30 A.M. – 12:00 P.M. IN BLOEDEL HALL (*Registration required*)

*Preview of the Listening for Life Series at Cathedral Commons, Wed., Oct. 4 (dinner at 6 p.m., program at 7 p.m.)*

How do we know our calling in life? How do we find meaning in times of change and growth and even difficulty? These questions are at the heart of our spiritual journey and relate to our core identity. Life is always in flux – how do we discern God's call in the midst of it? In this four-week workshop we will explore practices for discerning God's presence and call in our individual lives, ways to listen and notice where the Spirit is beckoning. To register, contact Mother Nancy Ross at [nross@saintmarks.org](mailto:nross@saintmarks.org), 206.323.0300 x255. And all are welcome to come to the *preview* of the Listening for Life Series session at Cathedral Commons on October 4, for a taste of the kind of exploration we will be doing in the series.



SAINT MARK'S  
EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102  
206.323.0300  
info@saintmarks.org  
saintmarks.org

Wherever you are on  
your journey of faith,  
you are welcome here.

**Weekday Service Times**

- MONDAY-FRIDAY, 6:30 PM  
Evening Prayer: McCaw or Thomsen Chapels
- MONDAYS, 7:15-9:15 PM  
Centering Prayer in McCaw Chapel
- WEDNESDAYS, 12 NOON  
Eucharist in Thomsen Chapel
- THURSDAYS, 7 AM  
Eucharist in Thomsen Chapel
- THURSDAYS, 12 PM  
Centering Prayer in McCaw Chapel

**SUNDAYS & BEYOND**

*Sundays & Beyond* is a weekly publication of updates, events and activities happening on campus, and the Cathedral prayer list. It is available by electronic subscription, on Saint Mark's website, and in print in the nave. To submit announcements for these publications, visit [saintmarks.org/announce](http://saintmarks.org/announce). Requests are due by Monday at 5 p.m. for publication on the following Sunday. Announcements may be edited for space and content.

*Sunday, September 17 ♦ The Fifteenth Sunday after Pentecost*

- HOLY EUCHARIST, 8 A.M. *Thomsen Chapel*  
Preacher: The Rev. Canon Jennifer King Daugherty
- HOLY EUCHARIST, 9 A.M. *Cathedral Nave*  
Preacher: The Rev. Canon Jennifer King Daugherty
- SUNDAY SCHOOL, 10:10 A.M. *Various locations*  
Offerings for children/youth preschool through high school. Ask at the Welcome Table or pick up a blue map for classroom locations.
- SUNDAY FORUM, 10:10 A.M. *Bloedel Hall*  
"Renewing our Covenant" updates. More on page 1.
- HOLY EUCHARIST, 11 A.M. *Cathedral Nave*  
Preacher: The Rev. Canon Jennifer King Daugherty
- CATHEDRAL YOGA, 6 P.M. *Cathedral Nave*  
A spiritual practice open to all.
- CONTEMPLATIVE EUCHARIST with HEALING PRAYER, 7 P.M. *Thomsen Chapel*  
With times of silence for reflection, simple meditative music and lots of candlelight.
- COMPLINE, 9:30 P.M. *Cathedral Nave*  
Compline is the service of ancient nighttime prayers, sung by the Compline Choir. A Seattle tradition, broadcast live on KING 98.1 FM.

**New at the Cathedral Shop: Creator Mundi Crosses and figurines**

Creator Mundi pieces are a true work of art. These statues and crosses are imported from Germany and are made with high quality bronze using old-world techniques. Each is unique and inspires truth and beauty.

**Sunday Forum: Sanctuary Hub Update**

SUNDAY, SEPTEMBER 24, 10:10 A.M., BLOEDEL HALL  
With The Rev. Pete Strimer and Sanctuary Steering Committee. Hear from the Sanctuary team on their progress with this vital ministry.

**Parking Decals for Saint Mark's Community**

The vestry recently engaged a parking and traffic flow engineering firm to assist us with the growing challenges of parking on our campus. A piece of that involves asking Saint Mark's community members to place a window decal in their lower right front windshield. These decals are available at the Cathedral Office on weekdays (M-F 9 a.m.-4:30 p.m.) Decals will be issued at no cost; we just need your license plate number to register. Once we are fully operational, the decal will be needed to park for free in the campus lots when you attend a function outside of Sunday mornings.

**CATHEDRAL STAFF AND LEADERSHIP**

- Barbara Martin, *Childcare Center Director* . . . . . [childcare@saintmarks.org](mailto:childcare@saintmarks.org)
- Cam Jarvis, *Music Series Coordinator* . . . . . [cjarvis@saintmarks.org](mailto:cjarvis@saintmarks.org)
- Christopher McPeak, *Worship Coordinator* . . . . . [cmcpeak@saintmarks.org](mailto:cmcpeak@saintmarks.org)
- Cristi Chapman, *Curate* . . . . . [cchapman@saintmarks.org](mailto:cchapman@saintmarks.org)
- Earl Grout, *Deacon* . . . . . [egrout@saintmarks.org](mailto:egrout@saintmarks.org)
- Erik Donner, *Executive Assistant & Membership Support*. [edonner@saintmarks.org](mailto:edonner@saintmarks.org)
- Gaye Scott, *Cathedral Shop Manager* . . . . . [gscott@saintmarks.org](mailto:gscott@saintmarks.org)
- Glenn Sands, *Facilities & Events Manager* . . . . . [gsands@saintmarks.org](mailto:gsands@saintmarks.org)
- Gregory Bloch, *Shop Associate & Liturgical Assistant* . . . . . [gbloch@saintmarks.org](mailto:gbloch@saintmarks.org)
- Ian Ford, *Sexton* . . . . . [ian@saintmarks.org](mailto:ian@saintmarks.org)
- Jason Anderson, *Compline Choir Director* . . . . . [director@complinechoir.org](mailto:director@complinechoir.org)
- Jennifer King Daugherty, *Cathedral Canon* . . . . . [jkdaugherty@saintmarks.org](mailto:jkdaugherty@saintmarks.org)
- John Stuntebeck, *Associate Organist*. . . . . [john\\_stuntebeck@hotmail.com](mailto:john_stuntebeck@hotmail.com)
- Karen Komoto, *Bookkeeper* . . . . . [kkomoto@saintmarks.org](mailto:kkomoto@saintmarks.org)
- Kelly Moody, *Director of Children's and Family Ministries* . [kmoody@saintmarks.org](mailto:kmoody@saintmarks.org)
- Liz Bartenstein, *Communications Director* . . . . . [lbartenstein@saintmarks.org](mailto:lbartenstein@saintmarks.org)
- Malcolm McLaurin, *Canon for Youth & Young Adult Min.* . [mmclaurin@saintmarks.org](mailto:mmclaurin@saintmarks.org)
- Maria Coldwell, *Canon for Operations* . . . . . [mcoldwell@saintmarks.org](mailto:mcoldwell@saintmarks.org)
- Michael Kleinschmidt, *Canon Musician* . . . . . [mkleinschmidt@saintmarks.org](mailto:mkleinschmidt@saintmarks.org)
- Nancy Ross, *Curate* . . . . . [nross@saintmarks.org](mailto:nross@saintmarks.org)
- Rebekah Gilmore, *Associate Musician & Choir School Director* . [rgilmore@saintmarks.org](mailto:rgilmore@saintmarks.org)
- Steve Thomason, *Dean and Rector* . . . . . [sthomason@saintmarks.org](mailto:sthomason@saintmarks.org)

**2017-2018 VESTRY**

*Dean and Rector:* The Very Rev. Steven L. Thomason; *Senior Warden:* Lynne Markova; *Junior Wardens:* Walter Stuteville and Cara Peterson; Jim Green, Karen Knudson, Peter McClung, Vinh Do, Ralph Ermoian, Amanda Davis, Andrew Himes, Kelly Moody, Joe Wright. *Diocesan members:* Greg Walrath, Christopher Breunig, Mary Maxon. *Chancellor:* John Hoerster; *Treasurer:* Phil Lloyd; *Clerk:* Jenny Donner; *Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn.