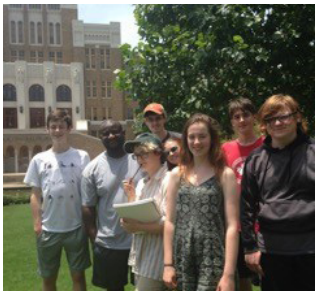
SUNDAYS & BEYOND

The Saint Mark's Cathedral weekly newsletter

THE TWELFTH SUNDAY AFTER PENTECOST, AUGUST 7, 2016



Hear Saint Mark's youth talk about their trip!

TODAY, 10:10 AM., BLOEDEL HALL

From Memphis to Little Rock to Jackson and back! Twenty youth from around the Diocese (seven from Saint Mark's) took a trip down south to glean knowledge about social justice from the heart of the Civil Rights Movement. Come hear about the group's experience today in Bloedel Hall.

Newcomers Coffee with Clergy

TODAY, AFTER 9 A.M. & 11 A.M. SERVICES, LEFFLER LIVING ROOM

Every month, we host a conversation with newcomers after 9 a.m. and 11 a.m. services to meet new visitors and attendees in our community, share stories about each others'spiritual journeys, and introduce you to Saint Mark's and the Episcopal Church. Questions? Contact Olivier Santos at, *newcomers@saintmarks.org*.

Justice Ministry in the Nave: St. Brigid's Banquet

TODAY, AFTER ALL MORNING SERVICES, BACK OF THE NAVE (COFFEE CORNER)

This Sunday we welcome St. Brigid's Banquet to the Justice Ministries Corner of the Nave. St. Brigid's Banquet is committed to providing hot, nutritious meals and hospitality to the homeless in Seattle. Meals are cooked and served by our volunteers for the men at the St. Martin de Porres shelter, for the Teen Feed meal in the University District, and for the Noel House women's shelter in Belltown. We also help cook for the St. Mark's Noel House shelter. We welcome all volunteers, including families in some situations. Regular meal preparation dates are noted above. Stop by the table today to learn more or contact Mary Lonien, *marylonien@yahoo.com*.

Compline Choir 60th Anniversary Celebration

SUNDAY, AUGUST 14, 9:30 P.M., CATHEDRAL NAVE

This year marks the Compline Choir's 60th anniversary and the choir cordially invites you to join them in celebrating this milestone. The Compline Choir and Alumni will sing in morning services at 9 and 11 a.m. Music includes a new Psalm setting by Jason Anderson; Peter Hallock's exquisite work "To the Supreme Being" with text by Michaelangelo, and featuring Michael Kleinschmidt, organist, and Shannon Spicciati, oboist; and Gabriel Jackson's haunting anthem "In all his works" with text from Ecclesiasticus 47:8–10. That evening, the Compline Choir and Alumni will sing the office of Compline, marking the Eve of Saint Mary the Virgin. Music includes a setting of Psalm 138 by Jason Anderson, the premiere of a setting of the Nunc dimittis by Seattle composer Erin Aas, and Franz Biebl's beloved "Ave Maria". More information at *complinechoir.org*.

Lummi Nation Totem Pole Journey

THURSDAY, AUGUST 25, 4 P.M., CATHEDRAL NAVE

Saint Mark's will again welcome the Lummi Nation on their 2016 Totem Pole Journey celebrating the decision that denied creating a marine terminal at Cherry Point, the largest coal port ever proposed in North America, and upheld their nation's Federal treaty rights and protects the sacred Salish Sea. This celebration will acknowledge and thank tribal alliances, people of faith and civic leaders who have supported their efforts. The 22-foot western red cedar pole carved and donated by Master Carver Jewell James will bear witness to the need for all peoples to work together in the name of our common humanity and our covenant with Mother Earth. More at *totempolejourney.com*.

3 p.m Smudging of the Pole; drive out front
4-6 p.m. Program: Nave: Dean Thomason presides
6-7:30 p.m. Food trucks and drumming on the lawn

Cathedral Prayer List

To add a name to our prayer list, contact 206·323·0300 ×314 or Joniepr@msn.com. Prayer requests are listed in Sundays & Beyond for four weeks, and, if needed, they are listed in the monthly Ongoing List, which is found in the Narthex.

THE CHURCH

Justin Welby, Archbishop of Canterbury; Michael Curry, Presiding Bishop; Greg Rickel, Bishop; all the ministries and communities of this diocese, especially Holy Spirit, Battle Ground; St. Matthew, Castle Rock; the clergy and lay staff and vestry of Saint Mark's Cathedral; all the ministries of Saint Mark's.

THE WORLD

Barack Obama, *President*; Jay Inslee, *Governor*; Ed Murray, *Mayor of Seattle*; Ban Ki-Moon, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES

Lawrence V.T. Coffey, R. Frondozo, Brian Kee, Michael

THOSE WHO HAVE DIED

Richard Weyls, Mildred Marie Kerens, Dr. Farhat Ziadeh, Bishop Edmond Browning, George Carrick

THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Lisa Baker
Paul Barstad
Mike & Paula Bloker
Colleen Boyns
Cate Callahan
Matt Dodge
Mary Fairhurst
Bruce Fiegler
Caleigh Sarah Haber
Walter Hamilton
Dave Harms
Rebecca Harms & Lauren Burroughs
Deb Herries
Loren Hill
Tamara Kincaid
Walt Kind
Hawkeye Lynn
Michael Murphree
Ann & Randy Revelle
Susan & Paul Reyes
The Seedos Family
John Simmons
Jeanette Smyth
The Weyls Family
Gloria
Baby Huff

Funeral for Henry Eickhoff

The funeral for Henry Eickhoff, whose death was announced last month, has been scheduled for Saturday, August 13, at 2 pm in Thomsen Chapel. All are welcome.

Make a gift with increased power!
Living Stones Campaign Matching Gift Challenge ends September 30

Saint Mark's has received a $1 million Matching Challenge to the capital campaign, stretching any gifts made now even further. The $1 million fund will match 1:2 (50 cents on the dollar) all new gifts and pledges made by donors from the parish, the diocese, and the broader community by September 30, 2016, with the goal of yielding a total of $3 million in new revenue for the Living Stones capital project. If you've not yet made a gift to the campaign, now is the optimal time to do so. If you've already made a gift, we thank you, and if you are able, please consider extending your pledge an additional year, or make a stretch gift before September 30 and know that your gift will go even further! You can make your pledge online at *saintmarks.org/livingstones* or contact Erik Donner, *edonner@saintmarks.org*, or 206-323-0300, ext. 217.

Compline Choir panel, Celebrating the 60th Anniversary

SUNDAY, AUGUST 14, 10 A.M., BLOEDEL HALL

Want to learn more about Compline? Dean Thomason and Compline Choir Director Jason Anderson will lead a panel discussion which will touch on the history behind Compline, as well as its spiritual meaning. The forum will conclude with a brief Q&A.

Idriss Mosque Annual BBQ

SUNDAY, AUGUST 14, 2-5 P.M.

Idriss Mosque, 1420 NE Northgate Way, Seattle, WA 98125

Idriss Mosque and The Islamic Center of Washington invite you to their 15th annual BBQ. The annual BBQ is an outreach effort to the North Seattle and surrounding communities. This is a chance to get to know our Muslim neighbors, and together develop compassion and tolerance for our differences, strengthen our interfaith relationships and promote harmony to work together for peace, reconciliation and justice.

Children & Families: Pops in Park

AUGUST 20, 2-3:30 P.M., MAGNUSON PARK

The first Pop(sicles) in the Park was a huge hit! Join us for the next Pops in the Park on August 20 from 2-3:30 p.m. at the Magnuson Park playground. Rebekah and Kelly will provide the Popsicles and juice—you just have to bring yourself! Questions? Contact Canon for Children's and Family Ministries, Kelly Phelan, *kphelan@saintmarks.org*.

UCEF collections begins

SATURDAY, AUGUST 28

On August 28 UCEF will be collecting personal items for the poor and homeless in the U District and North Capitol Hill. On that date please bring hand and body lotion, deodarant, razors, conditioner, dental floss, and shaving cream.

The Cathedral Shop at Saint Mark's

SUNDAYS, AFTER MORNING SERVICES, CATHEDRAL SHOP

Please join us at The Cathedral Shop at Saint Mark's for cookies and coffee after each Sunday morning service during the summer. Many new items are arriving each week including Seahawks and collegiate items.

Invention of Wings book discussion Date change**

SUNDAY, AUGUST 28, 12:30 P.M., CATHEDRAL HOUSE 210

*(**This event was previously scheduled for August 14, and has been rescheduled for August 28.)* Looking for a summer read? Consider reading *The Invention of Wings* by Sue Monk Kidd, and then join a group discussing it August 28 (Sunday) following the 11 a.m. service in Cathedral House 210. If able, bring a Southern dish to share. This discussion is jointly sponsored by Adult Faith Formation and Racial Reconciliation. Contact Canon Martin at *nmartin@saintmarks.org* to sign up or for more information.

Inquirer's Classes

SATURDAYS, SEPTEMBER 10 & 17, 9 A.M.-1 P.M., BLOEDEL HALL

The next series of Inquirer's Classes will be held on September 10 and 17. Saint Mark's offers this series as an entry point for those who wish to learn more about the Episcopal Church and Saint Mark's. These classes are also a great opportunity to engage the Christian faith, and can be used as preparation for confirmation and reception into the Episcopal Church. Some like to attend these classes after being away from the church, and may choose make a reaffirmation of baptismal vows. For more information or to sign up contact Canon Martin at *nmartin@saintmarks.org*.

Ministry Fair

SUNDAY, SEPTEMBER 11, 9 A.M.-1 P.M., BLOEDEL HALL

At Saint Mark's we are grounded in prayer, worship and music, nourished by community, and empowered for service and justice work in Christ's name. Celebrate the richness of our life together at the annual Ministry Fair and homecoming festival! Representatives from a variety of ministries will be part of the processionals that day.

Family Systems Theory classes

SEPT. 20-21, 2016; JAN. 10-11, 2017; APRIL 18-19, 2017, SAINT MARK'S, SIX DAYS IN ALL, 9 A.M. - 4 P.M.

Saint Mark's Cathedral will host an in-depth class for lay people and clergy interested in learning more about their family system of origin and how they exhibit influence in our relationships with family members, friends, co-workers and others. Using Bowen Theory and the work of Rabbi Ed Friedman, The Rev. Dr. Doug Hester is a great teacher. The fee for the six-days of work is $715. To learn more, or to register, visit *ministryleadershipconcepts.com.*

We Need YOU to Teach Godly Play!

Saint Mark's is seeking 16 volunteers to teach or assistant teach Sunday School this fall. We need 8 teachers and 8 assistant teachers. Teachers will be leading the lesson from the Godly Play Book and assistant teachers will be helping with check in and snack time. You do not have to have any experience teaching Sunday School or Godly Play to volunteer! Volunteers just need a willingness to learn with our kids. If you would like to volunteer to help with this ministry once a month, please contact Kelly Phelan, Canon for Children's and Family Ministries. Two training dates are scheduled for August 14 and August 28 at 10:10 a.m. in the St. Nicholas Building.

Enjoy Saint Mark's beautiful flowers? Join the Flower Ministry!

The Flower Ministry wants to include more people in the work of creating the flower arrangements in our cathedral. Do you enjoy looking at the flower arrangements? Do you wonder who makes them? Do you wish you could be part of the team which makes them? Then there's a place for you in St. Mark's flower ministry. Don't feel competent? No problem - we'll train you. Call Molly Henderson at 206-283-6497 or e-mail at *goodgollymissm2@gmail.com*.

Ministry Opportunity: Cathedral Office Volunteer

We have an opening for a front desk volunteer in the cathedral office on Tuesdays and/or Fridays, 9 a.m.-4:30 p.m. This ministry provides the initial contact to many people who come to Saint Mark's. It primarily entails greeting visitors and answering the phone, and assisting with office projects as needed. Interested in joining this friendly and dedicated team? Contact Erik Donner at 206-323-0300 x217 or *edonner@saintmarks.org*.

Support Seattle Service Corps nearly finished quarters in Leffler House

Seattle Service Corps members arrive at the end of August! Saint Mark's Habitat for Humanity team has been hard at work for several months preparing a living space in Leffler House for corps members. Some furnishings and household items are still needed. If you'd like to help out, view the list of current needs at *saintmarks.org/corps*. Donations, both monetary and in-kind, are tax-deductible. Questions? Email Mary *mmullen@saintmarks.org*.

SAINT MARK'S
EPISCOPAL CATHEDRAL

1245 10th Ave E, Seattle, WA 98102
206.323.0300
info@saintmarks.org
saintmarks.org

Wherever you are on your journey of faith, you are welcome here.

Weekday Service Times

MONDAY–FRIDAY, 6:30 P.M.
Evening Prayer: McCaw or Thomsen Chapels

MONDAYS, 7:15–9:15 P.M.
Centering Prayer in McCaw Chapel

WEDNESDAYS, 12 NOON
Eucharist in Thomsen Chapel

THURSDAYS, 7 AM
Eucharist in Thomsen Chapel

Sundays and Beyond

Sundays and Beyond is a weekly publication of updates, events and activities happening on campus, and the Cathedral prayer list. It is available by electronic subscription, on Saint Mark's website, and in print in the nave. To submit announcements for these publications, visit **saintmarks.org/announce**. Requests are due by Monday at 5 p.m. for publication on the following Sunday. Announcements may be edited for space and content.

Sunday, August 7 ~ The Twelfth Sunday after Pentecost

HOLY EUCHARIST, 8 A.M. *Thomsen Chapel*
Preacher: The Rev. Canon Dr. Marda Steedman Sanborn

HOLY EUCHARIST, 9 A.M. *Cathedral Nave*
Preacher: The Rev. Canon Dr. Marda Steedman Sanborn

NEWCOMERS COFFEE, AFTER 9 & 11 A.M. SERVICES, *Leffler Living Room*
Those new to Saint Mark's are welcomed to a special coffee hour.

SUNDAY FORUM, 10:10 A.M. *Bloedel Hall*
Saint Mark's youth share highlights from their pilgrimage to the South.

HOLY EUCHARIST, 11 A.M. *Cathedral Nave*
Preacher: The Rev. Canon Dr. Marda Steedman Sanborn

CATHEDRAL YOGA, 6 P.M. *Cathedral Nave*
A spiritual practice open to all.

CONTEMPLATIVE EUCHARIST WITH HEALING PRAYER, 7 P.M. *Thomsen Chapel*
With times of silence for reflection, simple meditative music and lots of candlelight.

COMPLINE, 9:30 P.M. *Cathedral Nave*
Also known as the "chant service," Compline is the ancient nighttime prayers, sung by the Compline Choir. A Seattle tradition, broadcast on KING 98.1 FM.

***UNDOCUMENTED* play comes to Burien Actors Theatre**

FRIDAY, AUGUST 19, 7:30 P.M. & SUNDAY, AUGUST 21, 2 P.M., BURIEN ACTORS THEATRE

The new drama *UNDOCUMENTED* opens at Burien Actors Theatre on August 19 and 21. In the hush-hush world of the undocumented, a brush with police spins out of control. *UNDOCUMENTED* looks at the realities faced by one undocumented immigrant family in Seattle, brought into the glare of public attention after an arrest by police thrusts husband and father Fredy into immigration detention, facing deportation. He attempts to navigate not only the criminal justice system, but the torturously difficult immigration court system—with the life he has built for his family in this country at stake. Burien Actors Theatre: *burienlittletheatre.org*. Tickets, $10 at: *http://click4tix.com/bat/sps*.

CATHEDRAL STAFF AND LEADERSHIP

Barbara Martin, Childcare Center Director, *childcare@saintmarks.org*
Becky Morrill, Canon Precentor, *bmorrill@saintmarks.org*
Cam Jarvis, Concert Series Coordinator *cjarvis@saintmarks.org*
Earl Grout, Deacon, *egrout@saintmarks.org*
Erik Donner, Executive Assistant/Membership Support, *edonner@saintmarks.org*
Gaye Scott, Cathedral Shop Manager, *gscott@saintmarks.org*
Glenn Sands, Facilities and Events Manager, *gsands@saintmarks.org*
Greg Bloch, Shop Associate, *gbloch@saintmarks.org*
Ian Ford, Sexton, *ian@saintmarks.org*
Jason Anderson, Compline Choir Director, *director@complinechoir.org*
Jennifer King Daugherty, Curate, *jkdaugherty@saintmarks.org*
John Stuntebeck, Associate Organist, *john_stuntebeck@hotmail.com*
Kelly Phelan, Canon for Children's and Family Ministries, *kphelan@saintmarks.org*
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Nancee Martin, Cathedral Canon, *nmartin@saintmarks.org*
Nancy Ross, Curate, *nross@saintmarks.org*
Rebekah Gilmore, Associate Musician & Choir School Director, *rgilmore@saintmarks.org*
Steve Thomason, Dean and Rector, *sthomason@saintmarks.org*

2016–2017 VESTRY

Senior Warden: Lynne Markova, *Junior Wardens:* Walter Stuteville and Cara Peterson. Betsy Bell, Ruth Mulligan, Timi Vann, Roland Yancey, Jim Green, Karen Knudson, Peter McClung, Vinh Do, Ralph Ermoian. *Diocesan members:* Alice Reid, Christopher Breunig, Mary Maxon. *Chancellor:* John Hoerster; *Treasurer:* Phil Lloyd; *Clerk:* Sharon Ferguson; *Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn.