



this August

Here's what's happening **this August** at Saint Mark's Cathedral. We hope this will give you a chance to mark your calendar and plan to attend some of the many exciting events that will be happening on campus.

At the end, you'll find a teaser of just some of the events planned for September.



Don't miss out!

We're on Facebook now! Become a fan of [Saint Mark's Episcopal Cathedral \(Seattle\)](https://www.facebook.com/saintmarks.org) and get reminders and updates! Subscribe to **Sundays and Beyond** our email newsletter with up to date information about events in the coming up and to learn more about events advertised here- or added to the calendar. **Sundays and Beyond** is now the primary way to read the announcements each week. To subscribe, go to <http://www.saintmarks.org/Publications/MailingList.php>. As always, there are many more meetings and activities happening that are not listed here, but can be found on our online calendar at <http://www.saintmarks.org/Calendar/Calendar.php>.

Please submit information for *this September* to info@saintmarks.org by the end of the day on August 19.



Across the Diocese

Many exciting things are happening around the Diocese that we just don't have room to tell you about in our own publications. Subscribe to *Across the Diocese*, a weekly email with listings of events and opportunities around our diocese. Contact Norah Joslyn at njoslyn@ecww.org to be added to the mailing list.

TRANSPORTATION ALERT! Repaving on 10th Avenue E North of the Cathedral- Summer & Fall

The Seattle Department of Transportation repaving a section of 10th Avenue E from E Boston Street to E Miller Street from mid-July to the end of the year. For more information, go to: http://www.seattle.gov/transportation/spotrehab_10thave.htm

Canaday House— Move in Day!

On **Sunday, August 1**, Canaday House at 424 Minor Ave N. will come closer to being a home for 83 homeless men and women as the Saint Mark's "adopters" move in the individual room furnishings we've been collecting, the beautiful variety of quilts we've made as well as the toiletries and games we've been collecting.

Volunteers are needed to load the apartment supplies from cars to grocery carts and take them to the appropriate apartment. *We particularly need volunteers for the 2:30 to 4:30 shift.* Also needed are cookies and nibbles and two people to set out the refreshments for our volunteers. Visit the table in the coffee corner to sign up for these tasks or contact Mary Mullen (206-789-0303 or marymullen@aol.com).

To learn more about our partnership with DESC, go to www.canadayhouse.org.



Gratitude Gatherings 2010 – we're not finished yet!



Picnics and Parties hosted by Saint Mark's members and friends. So many of you have been celebrating summer in Seattle together, and we're so glad! Look for the sign up sheets on the Welcome Table, located

in the back of the Nave after Sunday services.

There are several gatherings scheduled for August. If you haven't signed up yet—or even if you have—we have something and somewhere for everyone!

Picnic at Seattle's beautiful Lincoln Park on Puget Sound, or Matthew's Beach park on Lake Washington, or visit a houseboat on Lake Union (sorry, that gathering is already full). Travel to the Eastside, north to Ravenna, west to Ballard. Share stories about your role in Saint Mark's history, or share songs at a sing-a-long. Have kids? Bring them and some kid-friendly toppings to August 8th's "Ice Cream Sunday."

These are blessed opportunities to have a good time just being together, especially in the good ol' summertime. Please join us, and bring a friend!

[Click here for a complete list of gatherings.](#) The Gratitude and Growth Project is sponsored by Saint Mark's Stewardship Committee.



Travel to Nicaragua with the Rev. David Mesenbring November 27—December 7

Save the date— itinerary is being developed. For details and to express interest contact Neal Sullins at nsullins@comcast.net or 206.448.4627



From Hiroshima to Hope
Friday, August 6, 6:30 p.m.
 Green Lake, Seattle

Honor the victims of the bombings at Hiroshima and Nagasaki and remember all victims of war and violence with a Lantern Floating Ceremony. Activities begin at 6:30 p.m. Come early, bring a picnic and join Peace and Justice friends at 7312 West Green Lake Drive North, just south of the Bathhouse Theater. For further information, phone Bob Beveridge at 206.407.1785.



Duwamish River EcoJustice Boat Tour
Saturday, Aug. 14, 11:30—2 p.m.
 Duwamish River, South Seattle

Tickets: \$15 - Space is limited.

For decades Seattle's only waterway, the Duwamish River, has suffered a slow oil spill from polluted run-off and toxic chemical dumping.

Religious communities in this area have joined together to organize a boat tour of the lower Duwamish River narrated by staff of the Duwamish River Cleanup coalition. On this short trip, we will join in prayer, learn about the contaminated ecosystems of the waterway, and advocacy opportunities to protect the only river in the City of Seattle. *More at www.saintmarks.org on our featured events page.*

Register with Rachel Ross at St. James 206.903.4629 or ross@saintjames-cathedral.org Space is limited! For more info: Carolyn White 206.285.0225.



Community Supported Agriculture

Saint Mark's and the New Hope Baptist Church's Clean Greens Farm and Market grows and delivers clean, healthy and fair produce at reasonable prices. Learn more & sign up at <http://www.cleangreensfarm.com> (click on the link to "CSA Programs". Saint Mark's is a designated delivery point.

Different sized boxes are available. Saint Mark's contact andermar@comcast.net



Summer Children and Youth Activities

Summer Sunday School: Coming Home

Sundays, 10:10 - 10:50 a.m. *St. Nicholas Rm. 215*
 A cross-generational exploration of home and garden with materials focused on Episcopal Relief & Development's 'kitchen garden' program (chickens!) and Saint Mark's connections to Canaday House.

Youth 'Dinner and Compline' Nights

7 - 10 p.m., meet on Cathedral steps.

Join fellow Saint Mark's youth for dinner on Broadway, followed by attending the Compline service.
middle school dates: August 15
high school dates: August 22

For more information about Children and Youth Ministries at Saint Mark's, please contact Cindy Spencer at 206.323.0300, ext 225 or cspencer@saintmarks.org

The Cathedral Shop

Mon.-Sat., 11 a.m. - 5:30 p.m.,
 Sun. 9 a.m. - 1 p.m.



The "out of the ordinary" shop for all of your gift-giving needs. You'll be surprised at our wide selection of books, CD's, jewelry, gifts and greeting cards all offered in a warm friendly atmosphere.

Located across the parking lot from the Cathedral

www.shopatsaintmarks.org
 206.323.1040

Saint Mark's Counseling Service

We offer professional counseling tailored to meet your specific needs and goals. Safe and confidential. For more information or to schedule an appointment, please call.



Kathleen Tyrrell, M.S., L.M.F.T.

206.323.0339

Located in Leffler House on the south side of the parking lot

Sunday Service Times

- 8 a.m. Eucharist** in Thomsen Chapel
- 9 a.m. Eucharist in the Nave**
- 11 a.m. Eucharist** in the Nave
- 7 p.m. Eucharist** in Thomsen Chapel (co-sponsored by Integrity, LGBT ministry of the Episcopal Church)
- 9:30 p.m. Compline** in the Nave, chanted by the Compline Choir and broadcast live on KING 98.1 FM.

Weekday Service Times

- Wednesdays, 12 noon Holy Eucharist** in Thomsen Chapel
- 6:45 p.m. Evensong** in the Nave
- Thursdays, 7 a.m. Holy Eucharist in Thomsen Chapel
- 6:30 p.m. Evening Prayer** Monday, Tuesday, Wednesday, Thursday, Friday in McCaw Chapel

August Calendar

About this calendar

Find information about what's happening on Sundays and special offerings throughout the month. You'll also find listings of some of the open, weekly events held at the Cathedral (listed only on the first meeting of the month). Please check our online calendar on our website or subscribe to **Sundays and Beyond** to learn about other events, committee meetings and to confirm time and place.

Sunday, August 1- 10th Sunday after Pentecost

Music: 9 a.m. Offertory performed by one of Saint Mark's outstanding youth instrumentalists. 11 a.m. Choral Arts (a Saint Mark's Artist-in-Residence—learn more on our website at www.saintmarks.org/Worship/Music/Choirs.php)

10:10 a.m. **Summer Sunday School:** *Coming Home*, read more above. Family Service Project sorting items for distribution to the Canaday House apartments

12:30 p.m. **Cathedral Tours** are offered on the first Sunday of every month after the 11 a.m. service. We meet at the Baptismal Font. These tours are open to everyone and include a brief introduction to the Flentrop organ.

Canaday House— Move In Day! 424 Minor Ave N. Seattle See box above for details!

7 p.m. **Integrity Eucharist** *Thomsen Chapel* This service is co-sponsored Integrity, the Lesbian and Gay ministry of the Episcopal Church. A social hour follows in the Cathedral Conference Room.

9:30 p.m. **Compline** *Cathedral Nave*. Also known as the "chant service," Compline is the ancient nighttime prayers, sung by the Compline Choir. A Seattle tradition, broadcast on KING 98.1 FM.



Monday, August 2

Noon- 1:30 p.m. **Al-Anon Capitol Hill Group** *Conference Room* This support group offering strength and hope for friends and families of problem drinkers meets every Monday at the Cathedral. <http://www.wa-al-anon.org/>

7:15 p.m. **Centering Prayer**, *McCaw Chapel* Every Monday, study, discuss, and practice this popular method of contemplative prayer which places a strong emphasis on interior silence.

Tuesday, August 3

11:45 a.m. **Ladies Bible Study** *Leffler Living Room* Join us every Tuesday for a brown-bag lunch and bible study.

6:45 p.m. **Seattle Insight Meditation Group** *Bloedel Hall* Every Tuesday, SIMS hosts this opportunity for meditation. <http://seattleinsight.org/>

Wednesday, August 4

11 a.m. **SAGE Planning Meeting** *Bloedel Hall*

12:45 p.m. **SAGE Monthly Luncheon** *Bloedel Hall* The first Wednesday of the month is "SAGE Wednesday"- all ages are welcome to join us for lunch following the noon Eucharist. This month, learn about the myriad of initiatives on the upcoming ballot.

8 p.m. **Sober and Free Alcoholics Anonymous Meeting** *Leffler Boardroom*. This support group offering strength and hope for friends and families of problem drinkers meets every Wednesday. <http://www.wa-al-anon.org/> .

Friday, August 6

7:30 p.m. **Friday Film Night:** *Goes on Holiday* Movies begin again in September— watch the website! More at <http://www.saintmarks.org/JusticeMinistries/FridayNightFilms.php> or email filmmight@saintmarks.org.

Sunday, August 8 - the 11th Sunday after Pentecost

Hunger Offering A monthly, special offering for feeding programs at Saint Mark's and in Seattle.

Music: 9 a.m. Offertory performed by one of Saint Mark's outstanding youth instrumentalists. 11 a.m. Choral Arts (a Saint Mark's Artist-in-Residence—learn more on our website at www.saintmarks.org/Worship/Music/Choirs.php)

10:10 a.m. **Summer Sunday School:** *Coming Home*, read more above. Chickens!



Saturday, August 14

9 a.m. **Gardeners!** *Front Lawn* Come help us make space for our plants to thrive and breathe— weed! No experience or tools necessary— all volunteers welcomed!

11:30 a.m. - 2 p.m. **Duwamish River EcoJustice Boat Tour** *Duwamish River, South Seattle* See box above.

Sunday, August 15- the 12th Sunday after Pentecost

9 a.m. **Third Sunday Brunch**, *Leffler Living Room* All are welcome!

Music: 9 a.m. Offertory performed by one of Saint Mark's outstanding youth instrumentalists; 11 a.m. Saint Mark's Youth Ensemble.

10:10 a.m. **Summer Sunday School:** *Coming Home*, read more above

(Sunday, August 15– cont'd)

7 p.m. **Middle School Youth "Dinner and Compline Night"** *Cathedral steps* Youth in 5th-8th grade are invited to join us! See box on p. 2. Contact: Cindy Spencer, enspencer@saintmarks.org or 206.323.0300, ext. 225.



Sunday, August 22- the 13th Sunday after Pentecost

Music: 9 a.m. Offertory performed by one of Saint Mark's outstanding youth instrumentalists; 11 a.m. Saint Mark's Women's Choir

10:10 a.m. **Summer Sunday School:** *Coming Home, read more above*

Forum: *Bloedel Hall* To be determined.

12:45 p.m. **Human Sexuality Group Monthly Meeting and Potluck** *Leffler Living Room* All are invited to join us! Contact: Jim at jim.stmarks@gmail.com

7 p.m. **Senior High Youth "Dinner and Compline Night"** *Cathedral steps* Youth in 9th-12th grade are invited to join us! See details above. Contact: Cindy Spencer, enspencer@saintmarks.org or 206.323.0300, ext. 225.

Tuesday, August 24

6 p.m. **Vestry Meeting** *Council Room, Diocesan House* Agenda is posted on Friday before at <http://www.saintmarks.org/About/Governance/Vestry.php>.

Saturday, August 28

9 a.m.—4 p.m. **Creation Jamboree: Renewing our Spirits** *Dumas Bay Center, Federal Way*, The third annual retreat sponsored by the Bishop's Committee for the Environment (BCE) and the Diocese of Olympia. An invigorating yet relaxing retreat for those within the diocese who love Creation and are involved with greening work. Bishop Greg Rickel will be joining us as we share stories about our caring-for-creation and greening works. We'll commune with nature and each other as we work toward healing from recent tragedies regarding creation, in the Gulf and the world. Lunch will be provided, including vegan options. Suggested donation of \$10, as you are able. Space is limited, so please register as soon as possible. Retreat Location: Dumas Bay Center, 3200 Dash Pt. Rd, Federal Way, WA. To register: contact Marilyn Hall via e-mail: ak-mj@msn.com or phone: 425.908.7558

Sunday, August 29- the 14th Sunday after Pentecost

Music: 9 a.m. Offertory performed by one of Saint Mark's outstanding youth instrumentalists, 11 a.m. Saint Mark's Women's Choir

10:10 a.m. **Summer Sunday School:** *Coming Home, read more above*

12:45 p.m. **Human Sexuality Group Monthly Meeting and Potluck** *Leffler Living Room* All are invited to join us! Contact: Jim at jim.stmarks@gmail.com



Monday, August 30

9:30 a.m. - 4:30 p.m. **Icon Painting in Egg Tempera** *Gage Academy* An intensive six-day workshop on 'writing' a traditional Russian-Byzantine icon. Register at www.gageacademy.org.

Coming Attractions this September

Wednesday, September 1, Evensong resumes

Monday, September 6, Labor Day– Cathedral Offices Closed

Friday, September 3, Friday Film Night resumes with a special collaborative event with United Nations Association

Saturday, September 11, WEAVERS Women's Experience and Voice Expressed in Ritual and Story

Sunday, September 12, Homecoming/Stewardship Sunday

Saturday, September 24, Many Voices, One Song: MultiFaith Works Concert

Sunday, September 25, Church in the World Partners meeting– open to all!

Sunday, September 25, Ecumenical event: Bishop Mano Rumdshah of Pakistan

Tuesday, September 28, August Vestry Meeting

More information about events **and ministry opportunities** at the Cathedral is available on our website at www.saintmarks.org. Subscribe to *Sundays and Beyond* for weekly updates.

This is the August edition of **the Rubric calendar supplement**.

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