



The Rubric

The Episcopal Cathedral of Saint Mark
Seattle, WA

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*Welcoming all to
live the light of
Christ.*



Welcome
Inspire
Serve
Transform



The Saint Mark's Singers

Welcoming All To Live the Life of Christ:

The Ministry of Music at Saint Mark's Cathedral

by Mel Butler, Canon Musician

*'I will sing unto the Lord as long as I
live: I will sing praise to my God
while I have being.'* (Psalm 104:33;
146:2)

***'Are any among you suffering? They should pray. Are any cheerful? They should sing songs of praise.'* (James 5:13)**

Sharing God's gift of music is a primary way Saint Mark's Cathedral seeks to enrich the lives of its people and the people of the Northwest. Indeed, music has been an integral part of Saint Mark's worship and spiritual life throughout the Cathedral's history.

During the pre-World War II days the newly founded Cathedral even supported a small choir of men and boys. Shortly after re-establishment of the Cathedral following the war, Dean John Leffler hired Peter Hallock to develop the music program. During Dr. Hallock's forty-year tenure, the Saint Mark's music program became well-known, especially through the Compline service and the acquisition of the Flentrop organ.



Cathedral Choir sings on Good Friday

***'When you come together, every one of you has a hymn ...'* (1 Corinthians 14:26)**

Music continues to thrive today as an important element of the Cathedral's ministry and strategic plan. Since my appointment as Canon Musician in 1992, Brian Fairbank's appointment as Associate Musician in 2000, and Dr. Thomas Joyce's appointment as Assistant Organist in 2003, (Dent Davidson was Music Associate from 1995 - 2000), the music program of the Cathedral has expanded considerably through the establishment of five

We believe that the light and love of God are at the very heart of all things. This light and love are fully manifested for Christians in the life of Jesus of Nazareth and we believe they are also revealed in all of the great faith traditions. We commit to living into this sacred light and sharing it freely with all.

From the editor

There are few who would argue that music has the power of transformation. The ministry of music at Saint Mark's takes us on a journey through all of the Cathedral's guiding values.

Known across the city and around the world for producing top notch, liturgical and concert music, Mel Butler, Brian Fairbanks, and Tom Joyce have created a much more comprehensive offering. They **welcome** the novice and experienced musician and music appreciator. They encourage **service** to the community not just in creative offerings like 'African Sanctus', but in outreach through pilgrimages and benefit concerts. They **inspire** all ages through programs like the choir school which teaches music theory, liturgical practice, the art of collaboration and service to the greater community. Ultimately, at its heart, the music **transforms** us in the sounds of the Holy Spirit echoing around the Cathedral during the grand offerings at Sunday Eucharist and the peaceful, end-of-day reflections at Evensong.

The Rev. Mary Shehane, one of our deacons, ruminates on the power and the courage it takes to let go and embrace transformation.

We raise up again the people-to-people ministry



new choirs, a Choir School for young people, the 9:00 Instrumental Ensemble, acquisition of two new organs, earthquake repairs to the Flentrop, and an expanded concert series.

Over 165 singers and instrumentalists participate every week in the Junior Choristers, the Boys and Girls Choir, the Youth Ensemble, the Women's Choir, the Gallery Choir, the Saint Mark's Singers, the Cathedral Choir, and the 9:00 Instrumental Ensemble. In addition to Sunday morning services, our choirs also sing for weekly evensongs, special feast days, and concerts; e.g. Christmas Eve, Holy Week, Our Lady of Guadalupe, All Souls Requiem, Noel House concert - all totaling more than 150 choral services or events each year. Unlike most other Episcopal cathedrals which maintain a corps of paid singers, all of our singers are volunteers including many professional musicians who enjoy singing great music in a wonderful acoustical setting within the context of inspiring, vibrant liturgy.

In addition to the cathedral's own choirs, the Compline Choir, a Saint Mark's Affiliate Artist now under the leadership of Dr. Jason Anderson, continues its invaluable ministry every Sunday night of the year. To read more about the Compline Choir, please visit www.complinechoir.org.

Other Artists-in-Residence include **Choral Arts** and **Peregrine Medieval Vocal Ensemble**. Saint Mark's is also an important venue for concerts by such groups as Northwest Boy-choir, Cantare, Seattle Choral Company, and most recently, the Grammy nominated Phoenix Chorale.



The Mighty Flentrop

In addition to the mighty Flentrop organ (3,944 pipes) built in 1965, the Cathedral's collection of organs includes the Paul Fritts organ (980 pipes) in Thomsen Chapel, built in 2004, and the Martin Pasi continuo organ (162 pipes) built in 1996. (The Bosch organ in the southwest corner of the nave is on loan to the Cathedral.) Our organs sound forth for many hours each day by a myriad of organists. Every Tuesday during the academic year, the University of Washington rents our Flentrop organ for teaching graduate organ students. Many students perform their graduate recitals at the cathedral in exchange for a small fee.

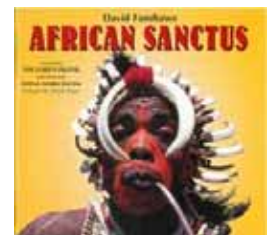
Canon Musician Mel Butler playing the 'mighty Flentrop'

Several times each month, schools and organizations from near and far, and ranging in age from Saint Mark's Pre-School to senior citizen groups, tour the Cathedral and enjoy an organ demonstration. Guest organists and organ builders from around the world often schedule time to study and play our instruments, and our own staff organists use the organs several hours each day for practice and worship preparation.

Saint Mark's annual organ concert series includes four or five **Flentrop concerts** by our own cathedral organists as well as international performers. **The Organ Plus** series in Thomsen Chapel features organists from the Northwest, each concert including not only organ solos, but also music for organ and other instruments (trumpet, violin, viola, cello, flute, oboe, English horn, saxophone, trombone, accordion, harpsichord, harp, and voice have been featured). Our series also includes occasional chamber music concerts, most recently the Onyx Chamber Players and our own resident Cathedral Trio (flute, viola, and harp). The Saint Mark's music staff offers an annual class "**The Reluctant Singer**" (usually during Lent) for anyone wishing to expand his or her music reading and vocal skills.

'He who sings, prays twice' (St. Augustine)

Saint Mark's is blessed to have so many talented and dedicated musicians. I invite all of you to experience the Divine through music in three ways: by participating as a member of one of our choirs or ensembles, by singing lustily the congregational hymns and songs of our worship, or by actively listening and being uplifted by our musical offerings. Please continue reading this Rubric to discover more about our Choir School, the Choir School Pilgrimage to New Orleans and Portland, Evensong, Noel House benefit concert, and a preview of the 2010-11 concert season.



of pastoral care, and meet one of the youngest members of our community who is in a time of need.

Our stewardship committee is gearing up for the fall. They hope you will be inspired by just one of the many ministry groups to share your time and talent.

And, finally, a sneak peak at the 2010-2011 Arts at Saint Mark's schedule!

Liz Sloat, Editor

Sunday Service Times



8 a.m. Eucharist
in Thomsen Chapel

9 a.m. Eucharist
in the Nave

11 a.m. Eucharist
in the Nave

7 p.m. Eucharist
in Thomsen Chapel
(Co-sponsored by Integrity, LGBT
ministry of the Episcopal Church)

9:30 p.m. **Compline** in the Nave,
chanted by the Compline Choir and
broadcast live on KING 98.1 FM

Weekday Service Times



Wednesdays,
12 noon

Holy Eucharist
in Thomsen Chapel

6:45 p.m. Evensong in
the Nave (Sept.—May)

Thursdays, 7 a.m.
Holy Eucharist
in Thomsen Chapel

6:30 p.m. Evening Prayer
Monday, Tuesday, Thursday,
Friday in McCaw or Thomsen



Letter from the Bishop

Dear Ones,

In every Letter of Agreement I have had with congregations, and now with the Diocese of Olympia I have asked that the "*Rules for Respect*" spelled out below be made part of the agreement. I first saw these in an article by Church of the Nazarene pastor Charles Christian. I think they are quite helpful in framing our communication and life together. I often find such poor and distrustful communication in our communities, which is certainly counter to all we say we are. One quick test is to catch yourself when you are talking

"about" someone, instead of "to" them. Another quick test, are you relying on an assumption or someone's perspective other than the one who can actually answer the question. I vow to do my best to follow them and invite you to do the same. We will all fail, but through gentle challenge and loving encouragement these can become a foundation for healthy communication for us all.

Blessings to you! +Greg

10 Rules for Respect

1. **If you have a problem with me, come to me** (privately).
2. **If I have a problem with you, I will come to you** (privately).
3. **If someone has a problem with me and comes to you, send them to me.** (I'll do the same for you)
4. **If someone consistently will not come to me, say, "Let's go to Greg together. I am sure he will see us about this."** (I will do the same for you.)
5. **Be careful how you interpret me-I'd rather do that.** On matters that are unclear, do not feel pressured to interpret my feelings or thoughts. It is easy to misinterpret intentions.
6. **I will be careful how I interpret you.**
7. **If it's confidential, don't tell.** If you or anyone comes to me in confidence, I won't tell unless a) the person is going to harm himself/herself, b) the person is going to physically harm someone else, c) a child has been physically or sexually abused. I expect the same from you.
8. **I do not read unsigned letters or notes.**
9. **I do not manipulate; I will not be manipulated; do not let others manipulate you.** Do not let others manipulate me through you. I will not preach "at you." I will leave conviction to the Holy Spirit (she does it better anyway!)
10. **When in doubt, just say it.** The only dumb questions are those that don't get asked. Our relationships with one another, at the end of the day, are the most important things so if you have a concern, pray, and then (if led) speak up. If I can answer it without misrepresenting something, someone, or breaking a confidence, I will.

Interested in reading
more from Bishop
Greg? Read his blog at
www.bishoprickel.com



Chapel
For more information
about Worship at
Saint Mark's,
please go to

<http://www.saintmarks.org/Worship/worship.php>

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Kathleen Tyrrell
M.S., L.M.F.T.,
206.323.0339

Greetings from the Canon Missioner



Dear Ones,

As we begin this season of Pentecost it is fitting to remember the words passion, power and our call to become a compassionate people. We have journeyed from the Passion of Jesus through his resurrection and ascension, and now we have been inspired and empowered by the Holy Spirit to be the church. In this issue our lens is music. As the Spirit filled those frightened and confused disciples, transforming them into agents of the Holy One and the Way, so music can inspire us as we encounter the very rhythm of the universe through voice, instrument and song.

There is a risk that leads me to this observation. Music in worship has the power to break open the heart by speaking deeply to the soul but we must guard against the temptation to make it an end unto itself. Music quickens the spirit and infuses the body with energy. But if we are not moved to the work of compassion, service and transformation, music runs the risk of becoming an idol rather than an offering.

We are very blessed to be led by musicians who understand this risk and gently guide us from our worship in the church to our life as the church, each Sunday sending us out with a flourish.

I would ask each of you to carefully read this issue and encounter the ministry of music that inspires us to serve. Please take time to pray for the many among us who make this offering. And finally, I would encourage you to read Adelaide's story. She reminds us that inspiration is an invitation to follow in the Way of Jesus, the way of compassion, sacrifice and offering. Derek and Diana Streat will be deeply grateful for your prayers and your support, and if you are a nine o'clock member, you might just be blessed to pass the peace with Adelaide.

Make a joyful noise unto the Lord!

Blessings,
Rebecca+

Saint Mark's Choir School: a view from the inside

Evelyn Brown



My name is Evelyn Brown, I am sixteen years old, and I have been a part of the Saint Mark's choirs since I was three years old. I still remember the excitement of what the gospel brought every Sunday

morning, because I knew that it was my cue to bound up the concrete steps to the altar in the Nave for Junior Choristers rehearsal!

Once I turned eight, I graduated to the Boys and Girls Choir and started learning the techniques of singing. Choir to me then was just something that I enjoyed and did on Wednesday afternoons. But once I started eighth grade and started singing with the Youth Ensemble, the idea of choir changed for me. My voice started changing and growing, and singing became a weekly challenge I always look forward to. Along with learning how to develop my voice, I have been educated in music theory by Brian Fairbanks. This has been so helpful because learning general music theory has furthered my abilities in not only singing but playing piano.



Education for Ministry

Education for Ministry (EfM) is a four year seminary-supported program of discussions of Christian theology covering old and new testament, church history, and contemporaneous philosophies. The series provides a rare systematic examination of these subjects and is designed for (perhaps equally rare) parishioners who want a more complete academic and practical base.

Weekly classes are held in Leffler House Monday evenings during the typical academic year.

Each year there are openings for up to 4 new participants and the time is ripe for sign-ups for next September. There is a modest, subsidized fee. Students commit for one year at a time only.

Contact Tom Hayton at tomhayton@yahoo.com if you may be interested.

QUICK LINKS

Join our mailing list!

Saint Mark's
(info@saintmarks.org)

The Diocese of Olympia
(njoslyn@ecww.org)

More links.
(<http://www.saintmarks.org/About/links.php>)

Welcome, Serve, Inspire, Transform

Though I go to church every Sunday, being in a choir has forced me into attending the various other services Saint Mark's and other parishes hold. I have been exposed to much more than if I was a regular church goer, and this I am thankful for.

Singing in my church choir hasn't necessarily had an effect on what I believe in or changed my faith in some way because at this point in my life I haven't determined my full faith in God. But during rehearsal when tangents arise about the meaning of what we're singing or something related to the bible, I learn quite a lot about the history and stories that go along with Christianity. There have been a few occasions while I'm singing that I have felt a powerful connection with a higher power and become completely lost in the music. Singing in a church choir has motivated me to become more exposed to what Christianity is all about, including my faith, and many more doors have been opened to finding my faith because of singing.

Perfect harmony

I am always looking forward to rehearsals on Wednesday nights because choir isn't only for singing. The Youth Ensemble has become like another family for me, and I learn so much from all the other singers also. Traveling with this group is nothing but fun, and we are continually learning how to blend and work our voices to achieve perfect harmony. Being in the Saint Mark's choirs has taught me so much more than just how to sing on pitch. Singing is one of my favorite skills and I thank my many years of choir, and Brian Fairbanks, of course, for that!



Youth Ensemble Pilgrimage to Portland

by Brian Fairbanks, Associate Musician

Saint Mark's Youth Ensemble travelled to Portland, OR, March 5-7, 2010, to sing Sunday services at Trinity Cathedral. We sang two anthems with Trinity's Coventry Singers, which is their version of our Youth Ensemble, and with Trinity's Cathedral Choir. But, and this was a big "but," the surprising part of the pilgrimage turned out to be the

"Sauce Off," Saturday night.

The "Sauce Off" began about five years ago as a competition between four Italian-American families at Trinity parish to see who had the best pasta sauce. It has evolved into one of the biggest fundraising events of the year, with more than \$8,000 raised this year to fund scholarships for Trinity youth to participate in the annual mission to Honduras. (By the way, the panel of judges, including the retiring Canon for Cathedral Music, John Strege, chose the Swedish meatballs!) When I heard about the event, I said it would be great if Saint Mark's Youth Ensemble could both sing and work at the Sauce Off. As church musicians our primary work is service to the community, both through liturgy and out in the broader community.

"Those Saint Mark's kids are great!"

Well, you would all be proud of the way our youth entered into the evening: waiting tables, bussing dishes, serving coffee, tea, dessert, etc. And they sang, too-really well. I overheard Trinity parishioners saying to one another, "Man, those Saint Mark's kids are great!" They later elaborated: our choir's generosity of spirit, positive attitude, their willingness to dive right in to support a worthy cause not their own, and their great singing, was





Holy Week photos by Kevin Johnson

like the shrimp in a cocktail, that extra zing that turned a good night into a great night. Our own youth were credited with being central to the success of Trinity's fundraising.

So much so that the Dean of the Cathedral, William Lupfer, mentioned in his announcements on Sunday morning that he was late for the procession because a parishioner had pulled him aside to tell him how great those "Saint Mark's kids" were.

Music and liturgy, ministry and service

The lesson: our children and youth absorb our values-music and liturgy, ministry and service. And they have been learning these lessons through their own participation in music and liturgy and service, by singing and reading and bearing torches and painting houses and spackling bathrooms and...-and by watching Saint Mark's "grown ups" doing these things. Keep it up.

A note from Trinity Cathedral, Portland

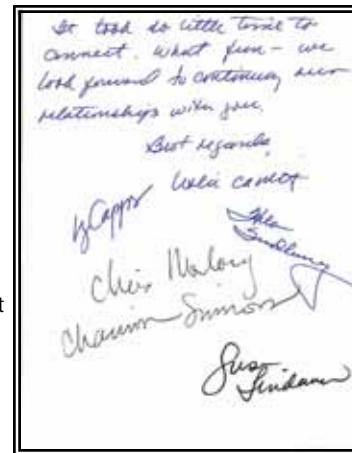
We share with you here the accolades and gratitude from the folks in Portland.

Dear Brian,
Those of us who planned and coordinated the "Sauce Off" want to thank you and your fabulous kids... for your participation in the Sauce Off. From set-up through clean-up you were all engaged.

Your choir's performance was stellar. During and after Pie Jesu there were many teary eyes. People were so moved. Many of our kids commented on how amazing it was to sing with a larger group and male voices.

It took so little time to connect. What fun-we look forward to continuing our relationships with you.

Best regards, etc.



Tent City
Time Photo of the Year
Award Winner, 2009
Aaron Huey, photographer

HOMEFUL: a benefit concert for Noel House

by Brian Fairbanks, Associate Musician

On Monday, March 8, 2010, Saint Mark's Women's Choir teamed up with the University of Washington Women's Choir and Vox Parnassus, Jean-Marie Kent and Megan Huckabay, directors, to present a concert benefitting Noel House Programs women's shelters. This was a holy and inspiring concert, highlighting

what Saint Mark's does best: music, liturgy and service to the community.

Working with Noel House Programs, Noel House at Saint Mark's and our new Homeless Advocacy Ministry, our singers crafted an inspirational and moving evening that brought the SRO crowd (some audience members were sitting on the floor!) surging to its feet. The concert also featured world premiere performances of music by University of Washington graduate student Sylvia DeTar. But most moving were the statements either written by or spoken by Noel House clients. And we were able to make arrangements for Noel House clients to attend the concert.

This was the second Women's Choir concert in support of Noel House, and this year, donations topped \$4300, more than double last year's amount. Special thanks to Aaron Huey for use of his photograph of Tent City 3 from the roof of Saint Mark's Cathedral in our publicity. And further thanks to Whole Foods Market for donating the pastries and coffee and tea for the reception.

This concert was sponsored by the *Arts at Saint Mark's*.



Ancient roots, timeless prayers: Evensong at Saint Mark's Cathedral

by Dr. Thomas Joyce, Assistant Organist, Director of the Boys and Girls Choir

Evensong - choral evening prayer - prayers ancient and modern prayed twice through singing—this is worship that St. Augustine would be proud of. The service of Evening Prayer in our tradition goes back a long way. It was already present in the English Book of Common Prayer, published in 1662. Evening Prayer followed the form of Vespers, held traditionally before Compline at the 'lighting of the lamps'.

Certainly, regular usage of Evening Prayer at many of the major Anglican cathedrals in England predates the 1662 prayer book by hundreds of years, inherited from the Catholic faith. In University chapels at Oxford and Cambridge, in addition to the Chapels Royal, daily Evening Prayer was also almost entirely sung (and still is today). During the reign of Elizabeth I, some of the greatest choral music ever written was intended for the purpose of being sung at Evensong.

Five hundred years later, the tradition of Evensong continues. At our own cathedral, one of four different Saint Mark's choirs (and occasional visiting choirs from our diocese and beyond) offers its collective voice in prayer every Wednesday at 6:45 p.m. from September - June. These choirs are the Gallery Choir, the Women's Choir, the Youth Ensemble, and the Boys and Girls Choir. Naturally, this service becomes a musical extension of Evening Prayer, prayed beautifully every weekday of the year by both regular and visiting parishioners, and maintained by Sue Tait and Russell Campbell.

Although it can technically be followed by the mysterious Benediction of the Blessed Sacrament, there is no consumption of bread and wine inherent in Evensong, and rarely any talk or song of it. The service is not a Eucharist, but

rather a collection of canticles, readings and devotional prayers, immediately identifiable by their ancient roots, but also by their timelessness. After a suitable opening prayer and congregational hymn, a set of Preces and Responses is sung. A Psalm for the day is also sung, followed by Canticles interspersed with assigned daily readings from Holy Scripture. While our prayer book permits some variation, the preferred canticles are the *Magnificat* (Song of Mary) and *Nunc Dimittis* (Song of Simeon). In the history of the Anglican Church, the *Magnificat* has generally been composed in pairing with the *Nunc Dimittis*. Countless settings of the 'Mag and Nunc' have been written in both England and the United States since the Victorian era, and the tradition of composing on these sacred poems continues today.

Lord, now lettest thou thy servant depart in peace:
According to thy word;
For mine eyes have seen thy salvation,
Which thou hast prepared before the face of they people
Israel;
To be a light to lighten the Gentiles
And to be the glory of they people Israel.

Glory be to the Father
And to the Son and to the Holy Ghost:
As it was in the beginning, is now, and ever shall be,
World without end. Amen.

Nunc Dimittis, (1928 Prayer Book)

Filled by the Holy Spirit, Elizabeth proclaims in a loud voice to Mary, "Blessed art thou among women, and blessed is the fruit of thy womb." In reply, Mary delivers her song in admiration and gratitude, "My soul doth

Yet still thou goest on,
And now with darkness closest weary eyes,
Saying to man, "It doth suffice:
Henceforth repose; your work is done."
Thus in the Ebony box
Thou dost enclose us, till the day
Put our amendment in our way,
And give new wheels to our disorder'd clocks.

From the sonnet, *Even-song*
By George Herbert (1593-1633)

Sacred Poems of Comfort and Promise

While the office of Compline highlights the *Nunc Dimittis*, the *Magnificat* is not part of its order. It is the service of Evensong alone that heralds the Song of Mary. In the first chapter of Luke, a narrative recounts the Virgin Mary, pregnant with the baby Jesus, visiting her cousin, Elizabeth.



My soul doth magnify the Lord :
and my spirit hath rejoiced in God my Saviour.
For he hath regarded :
the lowliness of his handmaiden.
For behold, from henceforth :
all generations shall call me blessed.
For he that is mighty hath magnified me :
and holy is his Name.
And his mercy is on them that fear him :
throughout all generations.
He hath shewed strength with his arm :
he hath scattered the proud in the imagination of their hearts.
He hath put down the mighty from their seat :
and hath exalted the humble and meek.
He hath filled the hungry with good things :
and the rich he hath sent empty away.
He remembering his mercy hath holpen his servant Israel :
as he promised to our forefathers, Abraham and his seed for ever.

Magnificat, (Book of Common Prayer)

magnify the Lord. And my spirit hath rejoiced in God my Savior...." Later on, she says, "He hath put down the mighty from their seat: and hath exalted the humble and meek. He hath filled the hungry with good things: and the rich he hath sent empty away." Today, these words continue to resonate deeply within us, helping us find our way on a rocky path, and perhaps in a more eternal way, inspiring us in our care for others.

The second of the two canticles, the *Nunc Dimittis* (Song of Simeon), comes from the second chapter of Luke. Simeon was a devout Jew who had been promised by the Holy Ghost that he would not die until he had seen the Savior. When Mary and Joseph brought the baby Jesus to the Temple in Jerusalem, Simeon was there, and he took Jesus into his arms and said, "Lord, now lettest thou thy servant depart in peace: according to thy word." As "work is done" and "darkness closest weariest eyes", Simeon's song reflects the most essential attributes of Evensong: end of day, gratitude for God's abundance, restoration of spirit, and prayer for healthy rest. Simeon represents the promise of peace at the last. As the old man fulfills a prophecy through divine inspiration so that he can "depart in peace", so should we be inspired to redeem ourselves in this world, so that we will be redeemed in the next.

Following the Canticles, the Apostles' Creed is chanted followed by several suffrages, responses, the Lord's Prayer, and three collects. Then, as the 1662 Prayer Book puts it, "In quires and places where they sing, here followeth the anthem." The selection of anthems is largely modeled around the church seasons or particular saint's feast day. After the anthem, the service of Evensong concludes with a closing prayer, a congregational hymn, and an organ voluntary.

A service of sung prayer

While Evensong clearly has its challenges, the opportunity provides choir, conductor, organist, and congregation alike an opportunity to worship as artisans through music that is unified with some of the most profound texts that a Christian can possibly offer to God and to each other. Our gain is a continuation of musical growth, rich theological understanding, and a genesis for active prayer both personal and communal. From time to time, perhaps you might want to share in the elegance of Evensong at Saint Mark's - even for just one Wednesday evening from 6:45-7:15.

Evensong happens at Saint Mark's during the program year from September through May. In its place, evening prayer is said during the summer months. The complete text of this article is available on our website at www.saintmarks.org/Worship/AboutEvensong.php.

Inspiration/Transformation



With Open Arms and a Fearless Heart

By Mary Shehane, Deacon

As I write this article (April) the earth all around me is being transformed from the waiting and sleeping of winter. Spring is bursting forth all around me. The weather changes from minute to minute.

Flowers are blooming; beautiful green shoots are bursting forth. The promise of new life is everywhere.

But it is still a bit cold and it is hard to decide what to wear - parka, sweaters, and t- shirts all on the same day. Spring is not predictable. But spring always arrives and then turns into summer. The rhythm of life is continual transformation. Spring is held inside of winter, summer is held inside of spring, autumn is held inside of summer winter and winter is held inside of autumn. All life is continually being called into its next true self. Here at Saint Mark's we are being called and formed into the next true self. And like spring, this transformation is unpredictable and confusing.

Our four guiding principles are to welcome, inspire, serve and transform. I looked up the definition of transformation in the dictionary. Here is what I found - *"the process of changing, by the application of certain syntactic rules, an abstract underlying structure into a surface structure."*

To call out our true self

So what are we asking of ourselves when we say yes to transformation. My understanding is that we are being asked to be true. To call out our true self and let go of false notions of who we want to be or who the world thinks we are. It is dangerous, both individually and in community, to look to the world for identity. We are all, at the core of our being, children of God. And as children of God we are called into mystery.

In the process of becoming

Church is a place that provides us with continuity - a certain sameness in a chaotic world. Nevertheless, churches, including Saint Mark's, are always in the process of becoming The Body of Christ. Institutions (especially the Church) struggle to maintain equilibrium. The Body of Christ continually struggles to disrupt the whole world's equilibrium, especially the Church's. God's love for God's creation never changes. We are loved beyond measure, more than we can know or understand. God's love for us, Christ's self offering and the Holy Spirit's actions through us are the source of our transformation. And transformation is a necessary part of a healthy growing church community. We are called by our baptism to serve and love our neighbors as ourselves. Neighbors and neighborhoods change. The needs of the world change. Our call, vocation, at Saint Mark's Cathedral changes as well. It is my hope and prayer that we will be attentive to those changes: to welcome mystery with open arms and a fearless heart.



This column is an opportunity for members of the community to share their story - their journey of welcome, service, inspiration, and transformation - in spirituality and faith. If you are interested in contributing - in prose or poetry - please write to the editor at rubric@saintmarks.org. Each month one essay will be selected by the Communications committee.



Compassion: in support of Adelaide Streat

This is Addie, and she needs your help.

On her behalf we are reaching out to the most compassionate members of humanity, including our community at Saint Mark's, for those who will consider being tested to become her potential kidney donor. We are not looking for commitment at this stage - just to be tested to see if you are eligible.

Addie's Story

At just two and half years old, Adelaide Grace Streat is the strongest person we know. Approximately one year ago she was diagnosed with a rare autoimmune disease that attacked her kidneys. After months in the hospital and a cascade of other complications, Addie is now dependent upon dialysis to sustain her life. The regimen is painful and taxing - she's hooked to a machine for 12 hours, taking a variety of medications, and getting at least one injection...every day.

Living Kidney Donor Transplant

A kidney transplant from a living donor is the only option that will allow her to live a long and healthy life. The difference adds up - a kidney from a living donor can provide 4 times the number of years of life than dialysis can and 2 times more than a kidney from a deceased donor. Unfortunately, Addie doesn't have a lot of options- her immediate family is ineligible to donate. The clock is ticking for Addie - she's been on dialysis since August last year.

Donating Your Kidney

Fortunately, compatible donors can come from unrelated people as well. The decision to use an organ is based on strict medical criteria.

Please visit Addie's website at <http://tallestmountain.wordpress.com/> to learn more. You will find details on Addie's condition, donor compatibility, and transplant process, surgery, and risks. We know this is a serious consideration, so we've taken great effort to make sure information is backed up with objective data from health professionals.



The first step is to call or email us (derekstreat@gmail.com) to let us know you are interested. We'll put you in touch with the University of Washington Medical Center (alternative locations can be scheduled for those outside of Seattle) who will take a blood draw to determine compatibility. If you and the doctors agree to move forward you will take a series of other non-invasive tests and scans to confirm your ability to donate to Addie. You can remove yourself from consideration at any time for any reason. Thank you so much for reading and considering this gift. As an unknown author eloquently once said, "Children are a third of our population and all of our future." We need your help to ensure just that.

Adelaide, Diana, and Derek Streat



Your Vestry in Action

by Virginia Lenker, Vestry Clerk

The Vestry has been learning about itself and its responsibilities this spring. In February, Janet McCully, Keith Moore, and others from the Governance Committee reviewed vestry roles and responsibilities. In March, our own Diana Gale-- an expert on community-centered leadership models--shared best practice models of effective leadership in close-knit communities and ways to enhance conversation. These tools will help the vestry exercise its mutual ministry of leadership.

What is mutual ministry? It's a process, moving away from a primary focus on clergy to include all the people of God in the mutual work of ministry. Clergy become part of the team, not the directors or sole providers of ministry. Back in November, the vestry and Rebecca selected five directional goals (suggested by the strategic plan) to start working on this year.

Did you know that we must follow Canon Law, federal law, and state law...as well as the Cathedral's own bylaws? Canon Law refers to the rules of our own Diocese of Olympia, as well as the national Episcopal church. Our own Judy Andrews, the chancellor (lawyer) for our diocese, gave a presentation in April on the governance relationship between the Vestry, Saint Mark's and the Diocese. She and John Hoerster, the cathedral's chancellor, will be sure that we follow all of those regulations.

In the eyes of the IRS and Washington state, the Vestry is the board of directors of a non-profit & tax-exempt corporation. Vestry members are obliged to make prudent decisions, read hand outs, attend meetings, pay attention, and ask questions. We take our fiduciary responsibilities very seriously!

Vestry meetings are regularly scheduled on the 4th Tuesday of the month. Parishioners are always invited. You can also access the Vestry's minutes--and more-- from Saint Mark's website. Look for the "About Us" tab and choose "Vestry." (For example, the November 2009 minutes will tell you more about the directional goals selected for mutual ministry!)

STEWARDSHIP SUNDAY

Our Celebration of Time, Talent and Treasure

SUNDAY, SEPTEMBER 12, 2010



after/between each service; location TBA

Plan now to be part of our parish family's homecoming party after the summer months, where we celebrate the many ministries of Saint Mark's and get excited about the new program year!

Last year we had more than 300 people enjoying the booths, sharing the refreshments, chatting informally and learning from each other about ways to live out our faith through communal action. We want to invite all ministry groups to have the opportunity to reach out to members and visitors alike. This year we are starting the planning process early so as not to miss anyone.

Ministry area leaders will be contacted in early summer about their display requests, so it's not too early to start planning! Feel free to email Stewardship Sunday coordinator Joyce Ramée anytime if you have questions along the way (mavijramee@aol.com; please put "Stew. Sunday" in your subject)

Our Stewardship Sunday displays represent the serious work of each group throughout the year, and many, many volunteer hours.

Homecoming Sunday, Sept. 2009
Celebrating our Stewardship of Time,
Talent, & Treasure

Let's all celebrate these gifts together on September 12

2010-2011 Arts at Saint Mark's:

a preview of the concert season! (Dates subject change until concert brochure printed.)

The 2010-2011 Flentrop Organ Series

September 10 - Susan Jane Matthews, concert organist and former Assistant Organist of Grace Cathedral, San Francisco

October 29 - **Hunchback of Notre Dame** - silent movie accompanied by Mel Butler on the "mighty Flentrop"

December 3 - Thomas Joyce, Saint Mark's own Assistant Organist

April 29 - All-Bach recital featuring Hans Davidsson, professor of organ at Eastman School of Music and director of the Göteborg Organ Arts Center in Sweden



Tom Joyce
Assistant Organist

The Thomsen Chapel Organ Plus Series

September 26 - Duo-organists Naomi Shiga, Organist, Christ Episcopal Church, Puyallup; and Jonathan Wohlers, Organist/Choirmaster, St. Andrew's Episcopal Church, Tacoma

January 23 - Erik Floan, organist and music director at Cross of Christ Lutheran Church in Bellevue; instrumentalist TBA.

March 20 - Thomas Joyce and Mel Butler, organists; with Heidi Kim, soprano. An all-Handel program presented as part of the International Handel Festival

May 22 - Joseph Adam, organist of St. James Cathedral with Mel Butler, violist



Brian Fairbanks
Music Associate

Other Events

Concerts by artist-in-residence *Choral Arts* on October 1, March 18, and May 20

Concert in Diocesan House by the *Cathedral Trio*: Brian Fairbanks, flute; Joyce Ramée, viola; Naomi Kato, harp. Date in February, 2011, TBA.

The Rubric

The Rev. Canon Rebecca McClain, Canon Missioner; Liz Sloat, Editor

The Rubric is published quarterly by Saint Mark's Episcopal Cathedral. If you are interested in writing for the Rubric, have a suggestion for an article, or just want to offer feedback, please contact the editor at rubric@saintmarks.org. To receive a printed, U.S. posted version of this electronic format, please submit your request with name and mailing address to rubric@saintmarks.org or to *The Rubric*, c/o Saint Mark's Cathedral, 1245 10th Ave E, Seattle, WA 98102-4398.

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